



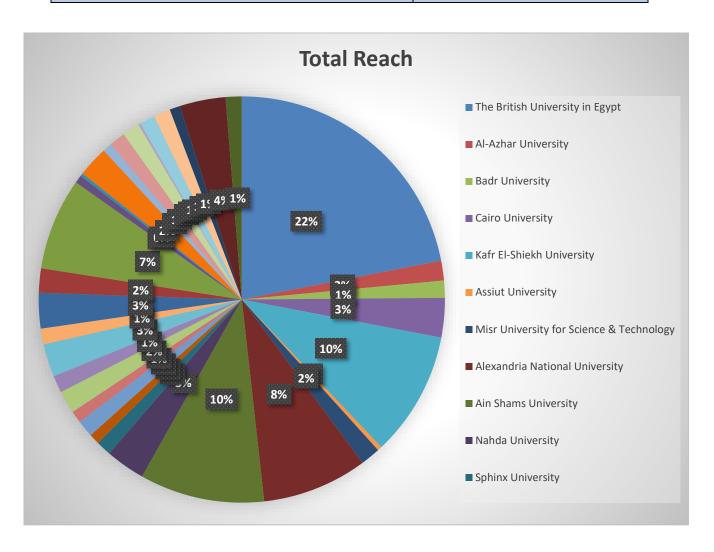
World ORAL HEALTH DAY Report

2025

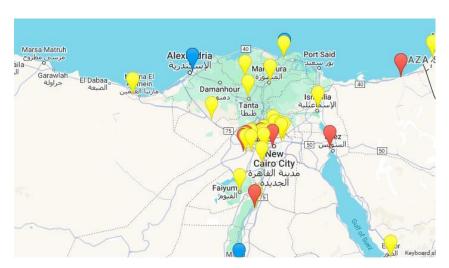


The service provider	Total Reach
The British University in Egypt	20,962
Al-Azhar University	1,500
Badr University	1,300
Cairo University	3,000
Kafr El-Shiekh University	9,500
Assiut University	330
Misr University for Science & Technology	1,500
Alexandria National University	8,000
Ain Shams University	9,500
Nahda University	3,000
Sphinx University	1,150
Suez University	800
New Giza University	1,300
Tanta University	905
Beni Suef University	1,730
New Ismailia National University	1,300
Al Salam University	2,500
Deraya University	1,200
Benha National University	2,700
Badya University	1,844
Alexandria University	7,000
Zagazig National University	600
October university for Modern Science & Arts	230
6 October university	2,340
Arab Academy	700
Ahram Canadian University	1,230

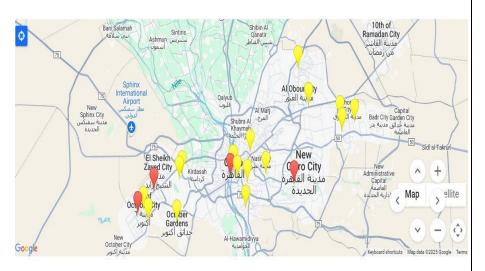
Al Fayoum University	1,320
Delta University	170
Helwan National University	1,165
Modern University for Technology & Information	1,270
Pharos University	800
Sinai University	3,490
Suez Canal University	1,220
Egyptian Russian University	840
Total	96,396













Ezbet Saad area

Date: Friday 14th February 2025

Location: Ezbet Saad area, Alexandria Governorate.

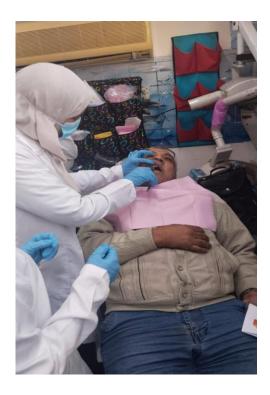
As part of the university's community-based role and in celebration of World Oral Health Day, the college participated in a medical convoy to the Ezbet Saad area in cooperation with the Future of the Nation Party and in coordination with the World Dental Federation in Egypt and Signal Egypt. The convoy utilized a mobile clinic and its trained team of doctors and nurses, with the participation of interns and students. Activities included oral examinations, teeth cleaning, extractions, and referrals to the college's clinics.

About **7000** patients have been treated and received toothpaste, toothbrush.

https://www.facebook.com/share/p/16ME8VQJJw/









Suez University Celebrating Oral Health Day

Date: Sunday 16th February 2025

Location: Faculty of Dentistry of Suez University on campus.

The Faculty of Dentistry of Suez University is celebrating The World Oral Health day.

Under the patronage of His Excellency Prof. Ashraf Hanijal, President of the University, and the supervision of Prof. Hani Shalaby, Dean of the Faculty, and organized by Prof. Dr. Amira Fares, Vice Dean for Community Service and Environmental Development, and Dr. Randa El-Sherbiny, Student Activities Coordinator at the Faculty.

The Faculty of Dentistry, Suez University, participated in celebrating World Oral Health Day, as part of the participation of dental faculties at Egyptian universities in celebrating this day. This was done through an awareness lecture on oral and dental health for students of the various college teams, which included information on how to care for and pay attention to oral and dental health delivered by Dr. Alaa Ahmed and Dr. Nada Gamal. At the conclusion of the ceremony, About <u>800 Signal gifts</u> of toothpaste and toothbrushes were distributed to the college students during the lecture, who answered questions from staff and patients visiting the college clinics.

https://www.facebook.com/100064102742694/posts/1047469537399795/?mibextid=rS40aB7S9Ucbxw6v

























South Egypt cancer Institute convoy

Date: Monday 17th February 2025 **Location:** South Egypt Cancer Institute, Assiut.

Under the patronage of Dr. Ahmed El-Menshawy, President of Assiut University, the Faculty of Dentistry at Assiut University launched a specialized dental treatment and awareness convoy for the South Egypt Cancer Institute, under the supervision of Dr. Mahmoud Abdel-Alim, Vice President of the University for Community Service and Environmental Development Affairs, Dr. Safaa Marzouk, Dean of the Faculty, and Dr. Mohamed Abu El-Majd, Dean of the Institute.

Dr. Ahmed El-Menshawy, President of Assiut University, explained that the convoy specialized in the field of dentistry provided several therapeutic, awareness, and educational services on methods of caring for oral and dental health, and how to prevent and treat oral diseases in the early stages.

Dr. Ahmed El-Menshawy stressed that the university always seeks to serve the community to ease the burdens on citizens, and to launch various medical convoys to the most needy areas on an ongoing basis, based on its effective role in community participation, service, and community development, and harnessing all its capabilities to contribute to providing free health services, in light of the university's possession of an integrated medical city in all specializations.

The convoy is organized by Dr. Mohamed Nahed, Vice Dean of the College for Community Service and Environmental Development Affairs, Dr. Omar Farouk, Vice Dean of the Institute for Community Service Environmental and Development Affairs, Dr. Ibrahim Abu Al-Ayoun, Director of the Oncology Hospital, Dr. Mahmoud Al-Qadi, Lecturer in the Conservative Treatment Department, a group of participating doctors in various specialties, a number of students from the Faculty of Dentistry at the university, and a group of employees from the Faculty of Dentistry and the Institute.

For his part, Dr. Mahmoud Abdel-Alim explained that the dental medical convoy examined more than 235 patients, visitors and employees of the South Egypt Cancer Institute in the specialties of (oral medicine, gum diseases, conservative treatment, oral and maxillofacial surgery, pediatric dentistry, orthodontics, root canal treatment, oral and maxillofacial radiology, nerve filling, fixed and removable prosthetics). The necessary treatment was dispensed for each case according to the diagnosis, in addition to transferring some cases that require specific treatment capabilities and procedures to the University Dental Hospital, stressing the support of Assiut University with its various specialized hospitals within the framework of its awareness, development and service role.

Dr. Safaa Marzouk pointed out that this medical convoy, specialized in dentistry, comes within the framework of celebrating World Oral Health Day; as part of a series of medical convoys launched by Assiut University for the neediest villages and centers, to provide treatment and awareness services; pointing to the positive participation and pioneering role of the university in serving the community and citizens.

https://www.facebook.com/Assuitaun/posts/%D8%AC%D8%A7%D9%85%D8%B9%D8%A9-

%D8%A3%D8%B3%D9%8A%D9%88%D8%B7-%D8%AA%D9%86%D9%81%D8%B0-

%D9%82%D8%A7%D9%81%D9%84%D8%A9-%D8%B9%D9%84%D8%A7%D8%AC%D9%8A%D8%A9-

%D9%88%D8%AA%D9%88%D8%B9%D9%88%D9%8A%D8%A9-%D9%85%D8%AA%D8%AE%D8%B5%D8%B5%D8%A9-

%D9%81%D9%8A-%D9%85%D8%AC%D8%A7%D9%84-%D8%A7%D9%84%D8%A3%D8%B3%D9%86%D8%A7%D9%86-

%D9%84%D9%85%D8%B9%D9%87%D8%AF-%D8%AC%D9%86%D9%88%D8%A8-%D9%85%D8%B5%D8%B1-

%D9%84%D9%84%D8%A3%D9%88/933710268920572/













Deraya University is Celebrating World Oral Health Day

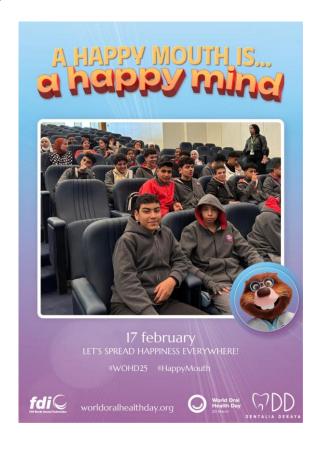
Date: Monday 17th February 2025

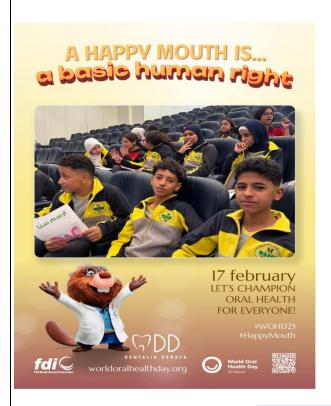
Location: Deraya university on campus, in New Minya City.

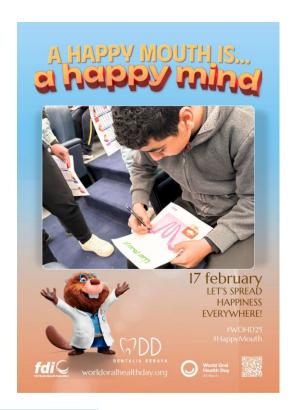
The Faculty of Dentistry of Deraya University celebrated The World Oral Health day by inviting many school children and making awareness for them how to wash and take care of tooth.

After that gifted 1200 students toothpaste, toothbrush.













The Family Medicine Unit convoy

Date: Wednesday 19th February 2025

Location: Nazlet Ramih – Manfalut Center, Assiut.

As part of the activities celebrating World Oral Health Day the Faculty of Dentistry Assiut University Organized convoy to the Family Medicine Unit. The convoy comes within the plan of the Community Service Sector to run medical convoys throughout the year to provide treatment services to the needlest villages affiliated with the Decent Life Foundation and to document the activities of World Oral Health Day.

The convoy received <u>95 patients</u>, during which it provided treatment services including surgical extraction, filling, removal of tartar build-up, and gum treatment, various treatment services for children's teeth, and awareness services, in addition to transferring cases that require specific treatment capabilities and procedures to the University Dental Hospital.

https://www.aun.edu.eg/dentistry/ar/falyat-khams-alqwafl-altbyh-ywm-alarba-almwafq-19-fbrayr-lwhdt-tb-alasrt-nzlt-myh-mrkz-mnflwt





















Stress Burnout Event – "A Happy Mouth is a Happy Mind"

Date: February 20th, 2025

Venue: British University in Egypt, Main Campus

Organized by: Faculty of Dentistry staff members

Supervision: Prof. Fardous Rizk, Acting Dean of the Faculty of Dentistry.

Special Attendee: Dr. Nahawad Thabit, FDI Councilor Representative in Africa













Overview:

This event was held as a proactive initiative in alignment with World Oral Health Day, emphasizing the connection between oral health and mental wellness. It aimed to tackle stress and burnout among university students and staff through relaxing and health-promoting activities under the theme: "A Happy Mouth is a Happy Mind."

Purpose: -

Promote mental well-being through engaging, stress-relief activities.

- Raise awareness about the psychological effects of poor oral health.
- Connect Mental and Oral Health: Emphasize the relationship between mental well-being and oral health, encouraging participants to consider both aspects in their daily lives.
- -Encourage preventive care and mental health awareness as part of oral hygiene

Interactive Booths and Activities with The Help of Sponsors:

- Candle and perfume Making: Stress relief through aromatherapy and creativity (Participants learned to create their own scented candles, enhancing relaxation through creative expression. Supplies included various scents and colors, enabling personalization).
- Pottery Workshop: Mindfulness and anxiety reduction (Guided by local artists from woods sponsor, attendees crafted pottery items, focusing on the therapeutic aspects of working with clay).
- Yoga Sessions: Certified instructors led sessions that combined physical postures, breathing exercises, and meditation techniques to promote relaxation and mindfulness.
- Gym Workout Sessions: Fitness trainers conducted high-energy group workouts, introducing participants to different forms of exercise, such as Zumba or circuit
- -Bag-Making Workshop: Attendees created personalized fabric bags, combining creativity with practical skills. This workshop emphasized sustainability by using recycled materials.
- Music Workshop: Participants explored music as a form of therapy, engaging in group activities that included singing and playing instruments, fostering teamwork and creativity.
- Board Games Booth: Designed for social interaction, this area featured a variety of board games, encouraging friendly competition and collaboration among participants.
- Oral Health Mini Booths: Education on how stress affects oral health.















BURNOUT STRESS EVENT IN ALIGNMENT WITH THE WORLD ORAL HEALTH DAY 2025 CELEBRATION.



































Student & Staff Engagement:

Dental students acted as guides and educators at each booth, offering oral health insights while encouraging mental wellness practices. The event attracted wide participation across university faculties.

Sponsors and Support:

The event was generously supported by local wellness brands and dental care companies who provided both funding and giveaways. Corporate sponsors included natural wellness brands for relaxation kits, sports facilities offering free trials, and dental product companies contributing hygiene kits and educational flyers.

Participation:

The event welcomed about <u>1562</u> participants, including undergraduate students, academic staff, and administrative personnel. The outcome emphasized a tangible improvement in participants' understanding of how stress affects oral hygiene.

Educational Components:

Mini-lectures were conducted throughout the day on:

- The Psychological Impact of Oral Health Neglect
- Stress-Induced Oral Diseases
- Managing Bruxism and Dry Mouth due to Anxiety

Impact:

- About <u>1562</u>Participants received oral care brochures and stress-relief kits from various sponsors.
- Attendance of Dr. Nahawand Thabet, FDI COUNCILOR REPRESENTATIVE IN AFRICA supporting the Burnout stress event and helping in spreading the message of a 'Happy Mouth, is a Happy Mind'.
- High satisfaction rates and increased awareness from feedback surveys.



Delta University Celebrating Oral Health Day

Date: Thursday 20th February 2025

Location: Mahallat Al-Damna village, Dakahlia Governorate

Delta University Organizes Medical Awareness Convoy to Serve Residents of Mahallat Al-Damna, Dakahlia

As part of its ongoing commitment to community service and environmental development, **Delta University for Science and Technology** organized a **medical awareness convoy** at the Family Health Center in **Mahallat Al-Damna village**, Dakahlia Governorate. The initiative was held in cooperation with the **Ministry of Health and Population** and the **"Haya Karima"** (**Decent Life**) **Foundation**, under the patronage of:

- Dr. Mohamed Rabie, Chairman of the Board of Trustees
- Dr. Yehia El-Mashad, University President
- Dr. Magda El-Sherbiny, Vice President for Community Service
- Dr. Emad Talba, Dean of the Faculty of Dentistry

Convoy Objectives and Impact

The convoy aimed to provide **free medical services** to the village residents. A total of <u>170 patients</u> received medical check-ups, with several referred to the university's specialized clinics for further treatment. Transportation was provided for those cases. Additionally, **free medications worth <u>EGP 45,000</u>** were distributed.

Dr. Riham Abdel-Monsef, Director of the University's Community Service Center also led **awareness and recreational activities for children**, aiming to promote health education in a simplified and engaging manner.

Special Initiatives

In celebration of World Oral Health Day, toothbrushes and toothpaste were distributed to patients as part of an initiative led by Dr. Nahawand El-Faqih, reflecting the university's dedication to promoting oral health awareness.

University Vision

Dr. Yehia El-Mashad, University President, emphasized that this convoy is part of the university's strategic vision to actively engage in community service and support national initiatives, contributing to the development of medical services in underprivileged areas and improving public health standards across the region.

https://web.facebook.com/share/p/1PhLnSNeN8/











Ain Shams University Celebrating World Oral Health Day

Date: 23rd February 2025

Location: Ain Shams University, Cairo, Egypt.

The Faculty of Dentistry at Ain Shams University organized a number of important events as part of the Faculty's celebration of World Oral Health Day, under the patronage of Prof. Mohamed Diaa Zain El-Abedeen, President of the University, Prof. Ghada Farouk, Vice President for Community Service and Environmental Development, Prof. Karim El-Batouti, Dean of the Faculty, in cooperation with Prof. Reham Magdy, Vice Dean of the Faculty for Education and Student Affairs, and under the supervision of Prof. Walaa Hamed, Vice Dean of the Faculty for Community Service and Environmental Development.

A medical convoy was organized to serve refugees and immigrants in Ain Shams, with the aim of providing health care and raising awareness about the importance of oral and dental health care, in cooperation with the Egyptian Red Crescent. Medical examinations and health awareness were provided to 30 Sudanese citizens, where comprehensive medical services and examinations for oral and dental health were provided to those present, along with providing the necessary medical consultations for cases that require follow-up or treatment.

An awareness lecture was also organized on the importance of taking care of oral and dental health, which included awareness of the correct methods of brushing teeth and using a toothbrush and toothpaste, with emphasis on the importance of regular check-ups of teeth and gums, explaining the impact of eating habits on oral health and raising awareness of the relationship between mental health and oral and dental health, in addition to distributing oral care tools. A number of faculty staff and intern students participated in the convoy, who provided assistance in medical examinations and health awareness.

The faculty also organized an awareness campaign for the Oncology Department at Demerdash Hospital to improve the quality of life of head and neck cancer patients undergoing radiotherapy, with the aim of raising their awareness about the impact of radiation on oral and dental health, and how to care for the mouth during the treatment period.

The campaign included giving an awareness lecture using a presentation that addressed the impact of radiation therapy on the mouth and teeth and potential problems, in addition to providing advice on oral health care.

Initial examinations were also conducted for patients and appropriate treatment recommendations were provided. The campaign also included distributing a list of home care instructions with oral care tools, such as toothbrushes and toothpaste.

This is a positive step towards improving the quality of life of head and neck cancer patients by educating them about the importance of oral health care during radiation therapy.

At the end of the two-day celebration, the college organized an awareness event that aimed to highlight the close relationship between mental health and oral health, under the auspices of the World Dental Federation and the Community Service and Environment Affairs Sector, in the presence of Prof. Karim El-Batouti, Dean of the Faculty, Prof. Walaa Hamed, Vice Dean of the College for Environment and Community Service Affairs, Prof. Reham Magdy, Vice Dean of the Faculty for Education and Students Affairs, a number of academics, dentists, students from the Faculties of Pharmacy, Al-Alsun, Girls, Arts and Sciences, and high school students, in addition to nursing and administrators from the Faculty of Dentistry and representatives of the World Dental Federation.

Prof. Karim El-Batouti, Dean of the Faculty of Dentistry, stressed that oral and dental health is an essential element of public health, as it directly affects the quality of life and the physical and psychological health of individuals. Oral problems, such as tooth decay and gum disease, may lead to serious health complications, including heart disease and diabetes.

Adding that prevention and awareness are the two main pillars of maintaining oral health, he praised the pivotal role of dental colleges in spreading awareness and providing health care to the neediest groups; as their role is not limited to academic education only, but extends to include direct interaction with needy groups and providing them with health and awareness support.

The closing ceremony included a discussion session between a number of dentists on the relationship between oral health and mental health, where the mutual effects between oral health and mental health were highlighted.

This was followed by an interactive play, in which theatrical performances were used to deliver awareness messages about the importance of oral health care, which contributed to attracting the attention of the audience and enhancing their understanding of health practices in a fun and innovative way.

The play highlighted the relationship between mental health and oral and dental health, explaining how the psychological state can affect oral health, and vice versa.

The celebration concluded with a workshop on how to manage and control psychological stress, depression and anxiety, with the participation of a number of university students, where effective methods for dealing with psychological stress were discussed.

Total of patients have been treated and got awareness <a>9500 <a>patients.

https://www.asu.edu.eg/ar/8568/news/the-faculty-of-dentistry-organizes-a-number-of-events-as-part-of-the-celebration-of-world-oral-health-day























Atef Barakat and Ali Ibn Abi Talib Official Language Schools

Date: Saturday 22nd February 2025

Location: Al Ismailia, Egypt.

Suez Canal University organized a health awareness campaign targeting <u>1,220 students</u> from schools in Ismailia Governorate. The campaign, part of the "Your Health from Your Mouth" initiative, aims to educate children on the importance of dental care during the replacement period.

The campaign included 820 students from Atef Barakat School and 400 students from Ali Ibn Abi Talib Official Language School. Through this event, the university provided health guidelines for maintaining oral and dental health.

Dr. Nasser Mandour, President of Suez Canal University, emphasized that this campaign is part of the community activities the university is keen to organize to serve the local community. He pointed out the importance of health awareness in building a generation more health-conscious, especially during childhood, which requires special attention to basic dental care.

He explained that the university continues to launch various initiatives that enhance its pioneering role in serving the community and developing the environment.

For her part, Dr. Dina Abu El-Maati, Vice President for Community Service and Environmental Development, explained that targeting 1,220 students reflects the university's commitment to reaching the largest possible number of students to enhance their health awareness. She emphasized that awareness during childhood plays a significant role in developing healthy habits that contribute to preventing dental problems in the future.

The campaign was held under the supervision of Dr. Dalia Fayyad, Dean of the Faculty of Oral and Dental Surgery, and under the executive supervision of Dr. Wafaa Al-Hosary, Vice Dean for Community Service and Environmental Development. Dr. Al-Hosary provided students with a comprehensive explanation of the different types of primary and permanent teeth, as well as the differences between them. She also explained the replacement period and explained its timing.

She provided students with guidance on dental care during this period, including the correct way to brush their teeth, in addition to a practical workshop on tooth cleaning techniques and spacing.

First, second, third, and fourth-year students from the College of Dentistry participated in the campaign, giving them the opportunity to interact directly with children and enhance their health education skills.

The event was organized by Ms. Yvonne Habib, Director of the Communications and Conferences Department at the University's Community Service and Environmental Development Sector, in cooperation with the Community Participation Department at the North Ismailia Administration, under the supervision of Ms. Duaa Al-Ajroudi, and attended by Mr. Tawfiq Salah El-Din, Undersecretary of the North Ismailia Education Department.

Dr. Samar Adel Attia, a resident physician in the Department of Conservative Dentistry at the Faculty of Dentistry, delivered an awareness lecture on how to prevent and care for oral and dental health. She emphasized the importance of early detection of tooth decay, oral health in children, effective prevention methods, and the role of proper nutrition in combating tooth decay.

At the conclusion of the campaign, gifts were distributed to the students, including toothbrushes, toothpaste, and awareness leaflets, as part of the university's commitment to encouraging children to adopt healthy dental habits.

https://akhbarelyom.com/news/newdetails/4561868/1/%D8%AC%D8%A7%D9%85%D8%B9%D8%A9-%D8%A7%D9%84%D9%82%D9%86%D8%A7%D8%A9-%D8%AA%D9%86%D8%B8%D9%85-%D8%AD%D9%85%D9%84%D8%A9-%D8%AA%D9%88%D8%B9%D9%88%D9%8A%D8%A9-%D9%84%D9%80-1220-%D8%B7%D8%A7









Rainbow nursery

Date: Sunday 23rd February 2025

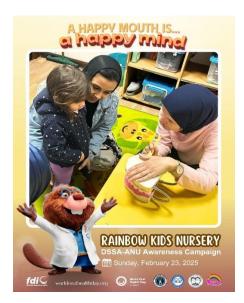
Location: Rainbow nursery, Alexandria, Egypt.

Alexandria National University in collaboration with the Egyptian Pediatric Dentistry Association.

A special celebration for the World Oral Health Day.

Awareness day for the children of Rainbow Nursery in Alexandria, for the workers and some parents, where illustrative models of teeth were displayed and how to take care of them.

About 700 child were gifted with brushes and signal toothpastes.



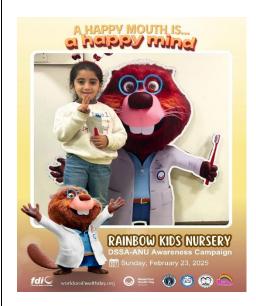






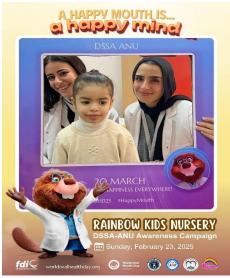


















Awareness by Al Salam university to Tanta Modern school

Date: Monday 24th February 2025

Location: Tanta Modern school, Al Gharbia Governorate.

This event is under the patronage of Professor Dr. Abdel Fattah Sedka, President of the University, Professor Dr. Hasnaa Fouad, Dean of the Faculty of Oral and Dental Medicine, and Professor Dr. Hesham Barg, Vice Dean of the Faculty of Oral and Dental Medicine.

As part of the university's commitment to promoting oral and dental health awareness and instilling healthy habits among students,

The Faculty of Oral and Dental Medicine at Al Salam University organized an awareness convoy to Tanta Modern School in cooperation with FDI and the Scientific Society of Dentistry at Al Salam University EADS SUE.

The convoy included awareness lectures on the importance of oral and dental health care, free medical examinations for students, and the distribution of educational materials and awareness gifts for 2500 students.

This initiative comes as part of the efforts of the College of Dentistry at Al Salam University to promote social responsibility and spread health awareness in the community.

https://www.facebook.com/100066703804229/posts/966703308896454/?mibextid=rS40aB7S9U cbxw6v















MTI University is Celebrating World Oral Health Day

Date: Tuesday 25th February 2025

Location: MTI University oncampus, Al Mokattam, Cairo.

Under the esteemed patronage of **Prof. Dr. Olfat Kamel**, President of the Modern University for Technology and Information (MTI), and the supervision of **Prof. Dr. Mahmoud El-Refaie**, Dean of the Faculty of Oral and Dental Medicine, the faculty celebrated **World Oral Health Day** with a series of scientific and community awareness activities.

Event Overview

The celebration included **scientific lectures** delivered to both current students and alumni, focusing on **oral cancer awareness**. The sessions highlighted the **causes**, **risk factors**, **complications**, and **preventive strategies** related to oral cancer, with the aim of promoting early detection and responsible health behavior.

Simultaneously, **awareness campaigns** were carried out in the **faculty's outpatient clinics**, where patients received educational materials and direct counseling on how to reduce the risk of oral cancer and maintain good oral hygiene.

Community Engagement

This event reflects the Faculty of Oral and Dental Medicine's **strong commitment to community outreach**, and its belief in the vital role of dental professionals in **public health education**. The faculty continuously works to raise awareness on critical health issues, in alignment with MTI University's broader mission of societal contribution.

As part of the celebration, **free dental care samples provided by Signal** were distributed to participants and patients about <u>1270</u> <u>gifts</u>. These included toothbrushes and toothpaste, aiming to encourage proper oral hygiene practices and support the message of preventive oral health. The initiative was well-received and contributed to enhancing public engagement during the event.

 $\underline{https://www.facebook.com/story.php?story_fbid=1118893806704073\&id=100057503917818\&rdid=4N4Xn1aTahb\underline{jdHsV\#}$



















Ahram Canadian University is celebrating World Oral Health Day

Date: Sunday, Tuesday , 23th , 25th February 2025

Location: Ahram Canadian University on campus, 6th of October city, Giza Governorate.

Under the patronage of Prof. Hesham Abdel Hakam, Dean of the Faculty of Oral and Dental Medicine, Ahram Canadian University.

In collaboration with:

- The Dental Scientific Association Committee (DSAC)
- The World Dental Federation (FDI)
- Haleon Company
- Signal2 Company
- Hosting two orphanages affiliated with the "Banaty Foundation", in line with the Faculty's community outreach mission.
- An awareness lecture for internship doctors delivered by Dr. Yousra Mohamed on:
- "Prevention of Harmful Oral Habits."
- A welcoming speech by Prof. Dr. Hesham Abdel Hakam, Dean of the Faculty, in which he greeted the guests and emphasized the importance of oral health awareness. He highlighted the critical need to increase awareness campaigns targeting all societal segments on a regular basis.

In his closing remarks, the Dean expressed his sincere appreciation to everyone who contributed to the success of this significant event, which has become a key annual tradition organized by the Faculty in support of its societal role.

<u>From celebration day 2</u> of the World Oral Health Day which was held in a private school in cooperation with the Scientific Association at the Faculty of Oral and Dental Medicine FDI.

The day included:

- Role play muppet show for children at the school implementing importance of oral hygiene measures.
- dental Activities and crafts time including a variety of paintings and gifts.
- Diagnosing children and giving a lecture aimed at comprehensive awareness of the importance of the internal oral environment health."
- Singing and dancing.

Ending with giveaways sponsored by signal 2 for both two days About <u>1230</u>

https://www.facebook.com/share/p/16TMqmnWgE/?mibextid=wwXIfr

https://www.facebook.com/share/p/1BxcKBXHEM/?mibextid=wwXIfr



















Celebrating World Oral Health Day by Kafr El Sheikh university

Date: 18th, 20th 23rd, 25th, 26th February 2025

Location: Kafr El Sheikh Governorate.

Under the patronage of Prof. Dr. Abdel Razek Youssef Desouky, President of Kafr Elsheikh University, Prof. Dr. Amani Shaker, Vice President for Community Service and Environmental Development, Prof. Dr. Enas Ahmed El Gendy, Dean of the Faculty of Dentistry, and Prof. Dr. Nourhan Ahmed Ragheb, Vice Dean for Community Service and Environmental Development, and within the framework of celebrating World Oral Health Day, the college organized a number of activities to participate in the celebration.

The medical team, consisting of fifth-year students, interns, and a number of support staff, examined all patients visiting the college on that day. The team provided health awareness to all patients by explaining the method of cleaning teeth, how to care for them, and maintaining them, and a practical explanation of the method of brushing teeth using models.

A number of the team also distributed booklets containing health instructions for patients after tooth fillings and extractions. The medical team explained all instructions to patients visiting the college on that day.

(Give aways were offered to patients Signal toothbrushes and toothpaste)

The college organized a convoy to Ali Abdel Shakoor Official Language School. The program included an explanation of oral health education for the school's students, along with a number of interactive activities between doctors and students. The medical team examined all students and transferred cases to the college.

"Signal 2 Company distributed toothbrushes and toothpaste to the students".

Total number of patients **9500 patients** received dental care & awareness and gifted.

https://kfs.edu.eg/dent/displaytopic.aspx?topic=98901

https://www.worldoralhealthday.org/faculty-oral-and-dental-medicinekafrelsheikh-university-1

https://www.facebook.com/share/166hPZTzu1/?mibextid=wwXIfr

https://kfs.edu.eg/dent/displaytopic.aspx?topic=111156

https://kfs.edu.eg/dent/displaytopic.aspx?topic=111236

https://kfs.edu.eg/dent/displaytopic.aspx?topic=111229





















Badr University Dental Awareness

Date: Monday 24 February 2025

Location: Badr University on campus, Badr city, Cairo.

An introductory lecture was given by students of the Faculty of Dentistry, Badr University in Cairo, in the fifth year, for <u>1300 patients</u> attending the clinics of the Faculty of Dentistry Hospital. Toothbrushes and toothpaste were distributed to those present after answering all questions related to oral health care, which has the greatest impact on the health of the body.

Greetings to all the makers of the event from the beginning of preparation until its end, while achieving the greatest possible benefit









Azhar university Celebrating World Oral Health Day

Date: Wednesday 24th February 2025

Location: Faculty of Physical Education for Girls, Azhar university, Cairo.

As part of the celebration of World Oral Health Day, the Faculty of Dentistry for Girls at Al-Azhar University launched a medical convoy to provide free examinations and checkups for female students, in the presence of Professor Dr. Mohamed Fikry Khader, Vice President of the University for Girls' Branch, and Professor Dr. Enas Talaat, Dean of the College of Dentistry for Girls.

An educational lecture was held to raise awareness about oral and dental health, its importance to human health, and methods of dental care for about <u>1500 students</u>.

https://www.facebook.com/share/p/1GMkwSRTWU/















Tanta University Celebrating World Oral Healthday

Date: Monday, Tuesday 24th, 25th February- Monday 03rd March 2025

Location: 1- Tanta University on campus, Tanta Governorate.

2- Seberbay

3- Misr Language School

Celebrating World Oral Healthday in three days:

First Day:

Under the patronage of Prof. Dr. Mohamed Hussein, Acting President of Tanta University, Prof. Dr. Mahmoud Selim, Vice President for Community Service and Environmental Development, Prof. Dr. Faten Abu Taleb, Dean of the Faculty of Dentistry, and Prof. Dr. Yasser Al-Makaki, Vice Dean of the Faculty for Community Service and Environmental Development, the first day of the World Oral Health Day was held today under the title "Your peace of mind starts with your mouth." The following lecturers were present:

Dr. Basant Hamdy

Dr. Ahmed Sweilem

Dr. Ahmed Abdel Latif

Dr. Iman Wahid





Second Day:

In continuation of the celebration of the Faculty of Dentistry, Tanta University, of the World Oral Health Day, under the auspices of Prof. Dr. Mohamed Hussein, Acting President of Tanta University, Prof. Dr. Mahmoud Selim, Vice President of the University for Community Service and Environmental Development Affairs, Prof. Dr. Faten Abu Talib, Dean of the Faculty of Dentistry, and Prof. Dr. Yasser Mohamed Al-Makaki, Vice Dean of the Faculty for Community Service and Environmental Development Affairs, the activities of the second day of the World Oral Health Day were held today by organizing a medical and awareness convoy for the college complex in Seberbay in cooperation with the Scientific Association and the Student Union at the college, during which 105 cases of various oral and dental diseases were treated, and toothpaste and toothbrushes were distributed.







Third Day:

Under the patronage of Prof. Dr. Mohamed Hussein Mahmoud, Acting President of Tanta University, Prof. Dr. Mahmoud Selim, Vice President for Community Service and Environmental Development Affairs, Prof. Dr. Faten Abu Taleb, Dean of the Faculty of Dentistry, and Prof. Dr. Yasser Mohamed Al-Makaki, Vice Dean of the Faculty for Community Service and Environmental Development Affairs, and on the sidelines of the celebration of the third day of the World Oral Health Day, the Community Service and Environmental Development Sector organized an awareness convoy for Misr Language School in Tanta in cooperation with the Scientific Association and the Student Union at the Faculty and a number of interns at the Faculty. During the convoy, awareness was raised for more than 400 students at the school, and toothpaste, toothbrushes, a brochure on how to maintain the mouth and teeth, and educational drawing leaflets were distributed.

Total of three days is 905













MUST University

Date: Monday, February 25, 2025

Location: MUST on campus, Giza Governorate.

The College of Dentistry at Misr University for Science and Technology (<u>MUST</u>) organized a celebration in honor of World Oral Health Day under the theme "Happy Mouth, Happy Mind".

The event began with a welcoming address by Prof. Dr. Hala El-Menoufy, Dean of the College of Oral and Dental Surgery, who greeted the attendees and emphasized the importance of celebrating oral health due to its direct and indirect impacts on overall physical health, particularly mental well-being.

Following this, Dr. Nahawand Thabet, the representative of the World Dental Federation in Egypt (FDI), delivered a speech highlighting the significance of World Oral Health Day and the rationale behind the chosen theme. He also commended the role of the College of Dentistry at Misr University for Science and Technology in community service and its active participation in all dental-related initiatives.

The day continued with several Informative lectures presented by members of the teaching and support staff on how to maintain optimal oral and dental health. In addition, several dental companies participated in the celebration, distributing free samples of oral and dental care products to **1500** attendees.

https://must.edu.eg/world-oral-health-day



















Ihnasia Al-Khadraa village

Date: Tuesday 25th February 2025

Location: Ihnasia Al-Khadraa village, Beni Suef.

As part of its social responsibility, Nahda University, in collaboration with Nahda Beni Suef Association and the Ministry of Health, organized a comprehensive medical convoy to Ihnasia Al-Khadraa village in Beni Suef.

The convoy was attended by a distinguished group of doctors, faculty members, and students from the Faculties of Medicine, Dentistry, and Pharmacy, who provided medical examinations to a large number of residents about <u>3000 patients</u>, along with free medications according to the latest treatment protocols.

The convoy also included awareness programs on the importance of early detection, disease prevention methods, and healthy habits to promote health awareness among citizens. This initiative aligns with the university's vision of enhancing the integration between academic education and community service, offering exceptional hands-on training opportunities for its students. It reflects the university's commitment to supporting national efforts in improving healthcare services in the most underserved areas.

https://www.facebook.com/share/p/1Ag2jAnTKz/

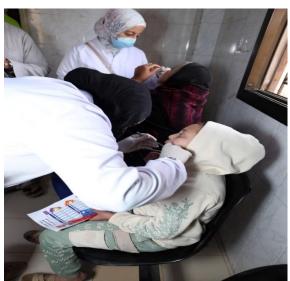
https://www.facebook.com/share/p/1BX1WPyVhU/



















Heroes Village

Date: Tuesday 25th February 2025

Location: Heroes Village, east of Qantara

Under the patronage of Prof. Dr. Dalia Fayyad, Dean of the College, and organized by Prof. Dr. Marwa Sharaan, Vice Dean of the College for Education and Student Affairs, and the program coordinator, Prof. Dr. Mirhan El-Mansy, students of the Faculty of Dentistry, New Ismailia Private University

An awareness campaign on oral and dental health was conducted, and samples of toothpaste and toothbrushes were distributed in the Heroes Village, east of Qantara, where 37 students from the college participated, with the presence of the assistant faculty member, Dr. Sandy, from the Department of Oral Medicine and Periodontics.

Offering simple gifts for adult and children patients (Signal toothpaste & toothbrush) about 1300 patients

https://www.facebook.com/reel/9511688128898805/?mibextid=rS40aB7S9Ucbxw6v

https://www.facebook.com/100086078784672/posts/605721908973763/?mibextid=rS40aB7S9Ucbxw6v

https://www.facebook.com/share/r/1LTAURUw9F/











Sphinx University Celebrating Oral Healthday

Date: Tuesday: Thursday 25th: 27th February 2025

Location: Sphinx University clinics, New Assiut city, Egypt.

The Faculty of Dentistry - Sphinx University organized the free treatment campaign at the Faculty of Dentistry Hospital at Sphinx University.

The campaign included the diagnosis and treatment of more than <u>250 cases</u>, aged 4 to 16, across various specialties, using the latest medical devices and equipment. It also featured simplified educational tools to raise awareness of the importance of prevention and the correct methods for caring for oral and dental health and avoiding bad habits and behaviors.

The campaign included free gifts and dental care items for children and their families, as well as an introduction to the various forms of medical care, hospital departments, and specialties available to visitors.

https://sphinx.edu.eg/AR/ReadNews/free-treatment-campaign/index















New Giza University Celebrating Oral Health Day

Date: Wednesday, Thursday 26th, 27th February 2025

Location: New Giza University on campus, Giza Governorate.

1- Oral & Mental Health Awareness Session

A dedicated session was conducted for both students and staff members, focusing on the importance of oral health in promoting mental well-being. The session was entitled "A Happy Mouth is a Happy Mind!" and was led by distinguished speakers including members of the mental health team at the school of medicine, NGU & professors from the school of dentistry, NGU

The session covered how poor oral health can negatively impact mental health and vice versa, emphasizing the holistic nature of health.

2- Dental Booth at NGU Campus

An interactive dental booth was set up at the NGU campus. This booth was staffed by student volunteers across various years and staff members. The booth offered a range of informative and interactive activities, including:

- Oral health tips and information
- Interactive games and quizzes on oral hygiene
- Free giveaways (toothbrushes, toothpaste, etc.)
- Oral health education for both dental and non-dental students

The booth served as a hub for students to learn about the importance of oral health, engage with experts, and receive materials that could help them maintain better oral hygiene.

3- Oral Health Awareness for the Janitors and the dental Patients

In addition to student engagement, dedicated sessions were conducted for janitorial staff, as well as patients visiting the university's clinics. These sessions included:

- Information on oral hygiene practices
- Demonstrations on proper teeth brushing techniques
- Information about healthy and unhealthy diets for oral health
- Guidance on the oral care of infants and preventing baby bottle decay

Total Janitors and patients for the two days is **1300**.

The event also featured the distribution of toothbrushes and toothpastes to the janitors and patients. These materials were generously provided through the collaboration with Haleon (Sensodyne) and Unilever (Signal)

4- Oral Health Education at New Giza Community Hospital

On the second day, the focus shifted to the NGU Community Hospital, where oral health education was provided for the patients. This included:

- Oral hygiene information and educational sessions
- Distribution of toothbrushes and toothpaste to patients, janitors, and administrative staff
- Special focus on educating patients on maintaining oral health as a part of their overall well-being.

https://www.instagram.com/newgizauniversity/p/DHAwvO4sxm5/

























<u>Celebrating World Oral Health Day at AASTMT</u> <u>University</u>

Date: Wednesday, 26th, Thursday 27th February 2025

Location: Arab Academy on campus_Alamein city, Matrouh Governorate

As part of World Oral Health Day at Arab Academy for science, Technology and Maritime Transport (AASTMT) University, the dental students organized an engaging and educational event under the auspices of the dean Prof. Tarek Mahmoud, and the supervisor of Dr Ghada Mahmoud. The event focused on raising awareness about dental anxiety and was titled "Goodbye Dental Anxiety, A happy mouth is a happy mind".

The students delivered informative lectures to both patients and fellow students on campus, exploring the causes of dental fear and practical strategies to overcome it. The students also highlighted the impact of dental anxiety on patients' mental well-being, self-esteem and overall health, emphasizing the importance of addressing these fears early. To support their message, they created brochures and visual charts that outlined common triggers of dental anxiety, which served as a basis for open discussions with patients—helping them feel more informed, understood, and empowered in their approach to oral care.

The students also distributed pamphlets to the patients and students as a take home message containing how to maintain their oral health. Our sponsors (signal Egypt) gave the audiences toothbrushes and toothpaste as giveaways about <u>700 gift</u>. As part of the event, the students offered complimentary dental check-ups to attendees.

https://www.facebook.com/share/16M6wiSdXW/?mibextid=wwXIfr



















Celebrating the world oral health day in Badya University

On the **20 March** every year, the world oral health (WHO) organization asks the world to unite to help reduce the burden of oral diseases, which affect individuals, health systems and economies everywhere. WOH day aims to empower people with the knowledge, tools and confidence to secure good oral health. Within this context the school of dentistry first year students at Badya University increased the oral health awareness in 3 days: **Monday 24/2/2025**, **Thursday 27/2/2025** and **Monday 3/3/2025**. Ten students and 2 teaching assistants staff members, Dr Nehal Ayman and Dr Iten Abdel Fattah, worked together with the vice dean of school of dentistry, Prof. Iman Abdel Wahab Radi and the Dean of students' life, Mrs. Dalia Eissa, Mr. Ahmed Abdel Aziz, Head of students' activities and Mr. Ahmed Hossam, Head of sports activities to constitute the team of oral health awareness within the context of fun and sports activities. Prof. Rami Maher Ghali, Dean of school of dentistry, Badya university, encouraged this activity and joined the students by introducing them on the special Olympics day.









I- School visit in Badya University

On Monday 24/2/2025, **5** different schools with a total number of <u>300 students</u>, within an age range of 16-18 years, visited the university. Within the context of a fun day, oral health awareness of the school students was increased by the following methods:

- Posters of Toothie beaver were posted in the schools of Badya university to announce for the oral health awareness days.



- An oral presentation that talked about the importance of oral health, signs of a good oral health, methods for improving the oral health including tooth brushing, dental flossing, mouth rinsing, dietary instructions were proposed to decrease oral diseases, while stressing on the importance of a periodic dentist's visit every 3-6 months.



- Packing of the tools required as giveaway gifts to enhance the oral health, which included a toothbrush and a toothpaste for each school student. These giveaway gifts were distributed to the students after listening to a simplified lecture about oral health awareness.







- Taking fun photos with the students with smiley lips and smiley faces







II- Special Olympics visit to Badya Univeristy

44 Olympic players with special needs, , different degrees of mental affection, within an age range of 17-28 years, visited Badya University on Thursday 27/2/2025. They started the visit by going to the gym hall as part of general body health awareness. They then headed to the lecture hall to listen to an oral presentation that was presented by the first-year students of the oral health awareness team. The special Olympics were involved in some activities including yes or no questions, while using smiley and angry tooth faces designed by the oral health awareness team of the first year. Puzzles to arrange the steps of tooth brushing were also presented as group work for the special Olympics. This made oral health awareness day a fun day for everyone.









III- Booth for spreading oral health awareness

On Monday 3/3/2025, Haleon visited the school of dentistry, Badya University to spread oral health awareness for <u>1500</u> students by announcing an online webinar for the dentistry students. Many students showed interest in joining the webinar on the 20th of March 2025 to know more about the world oral health day and methods for raising the oral health awareness.









Celebrating World Oral Health Day in Zagazig National University

Date: Monday 03rd March 2025

Location: Private School Visit

Overview:

In celebration of **World Oral Health Day**, Zagazig National University organized a school outreach event aimed at promoting oral hygiene among children in an engaging and fun way.

Activities Included:

- Educational talks on oral health
- Interactive games, singing, and dancing
- Distribution of dental care kits (toothbrushes & toothpaste) about <u>600 gifts</u>

Key Outcomes:

- High student engagement and positive feedback
- Strengthened the Faculty's community role
- School requested more similar initiatives

Conclusion:

The event was a great success and represents the beginning of a broader campaign to spread oral health awareness. Special thanks to all organizers and supporters.

https://www.facebook.com/share/p/19yCZMQSiH/

https://www.facebook.com/share/v/169Vogh46p/





















<u>Alexandria National University celebrates Oral Health Day</u>

Date: Thursday, Saturday, Tuesday, Thursday, Saturday 27th February,01st, 04th,6th,8th March 2025

Location: Notre Dame school, Saint Mark school, Teba school, Al-Quds school, Franciscan Sisters School, Alexandria, Egypt.

A special celebration for the World Oral Health Day.

An awareness day for school students in all its various programs in Alexandria, where models were presented on the importance of oral and dental health and its relationship to mental health.

About 4300 students were gifted with brushes and signal toothpastes.

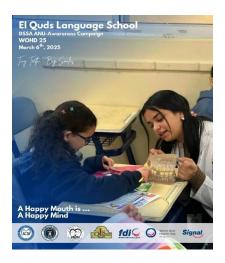
Alexandria National University in collaboration with the Egyptian Pediatric Dentistry Association.





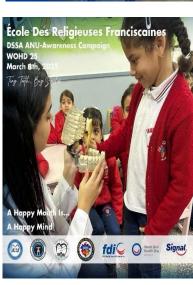














Benha National university Celebrating World Oral Health Day

Date: Tuesday 04th March 2025

Location: Benha National university, Al Obour city.

Under the patronage of Prof. Dr. Tamer Samir, President of the University, and in the presence of Dr. Nahwand Thabet, the FDI organization's representative in Egypt and the Middle East, and in the presence of Prof. Dr. Samia Al-Azab, Dean of the College, faculty members, their assistants, and students.

Students of the Faculty of Dentistry at Benha National University made awareness of oral health, for <u>2700 students</u> of the various faculties of the university. A questionnaire will be distributed to ensure that the information is understood, and toothpaste and brushes will be distributed to the students in celebration of World Oral Health Day.

https://www.facebook.com/story.php?story_fbid=10236032108120897&id=1169620898&rdid=l3u7SWo92LHsEqBA#



















Beni Suef University Celebrating World Oral Health Day

Date: Thursday 06th March 2025

Location: Beni Suef Governorate, North Upper Egypt

Under the patronage of Professor Dr. Mansour Hassan, President of Beni Suef University, Professor Dr. Sameh El-Maraghi, Vice President for Community Service and Environmental Development, and in the presence of Professor Dr. Ahmed Fathallah Shawky, Dean of the Faculty of Dentistry, and Professor Dr. Mazen Ahmed Attia, Vice Dean for Community Service and Environmental Development, a celebration was held at the Faculty of Dentistry at Beni Suef University, under the auspices of the International Dental Federation (FDI). This celebration coincided with the University's Environmental Week activities and is considered part of the university's core activities to serve the Suef community. Dr. Sherine Shaaban, Lecturer in the Department of Pediatric Dentistry, organized and supervised the day's activities. About 4000 of patients, including the elderly and children, were examined free of charge. An educational seminar was also held on oral and dental health, introducing the best methods for oral care and teeth cleaning. Awareness brochures on oral health were distributed, in addition to free samples of toothpaste and toothbrushes about 1730. The celebration also included entertainment for children, and students who volunteered during the day were honored. The college administration extends its thanks and appreciation to Dr. Nahwand Thabet, Regional Director for Africa at FDI, and Unilever for their support and sponsorship of the day's events.

https://dent.bsu.edu.eg/NewsDetails_New.aspx?NID=161056&cat_id=20















Sinai University- Al Arish Branch Celebrating World Oral Health Day

Date: Thursday 06th March 2025

Location: Al Arish city, North Sinai Governorate.

Under the patronage of Her Excellency Professor Dr. Jihan Fikry, "President of the University" and His Excellency Professor Dr. Abdel Hamid Abdo, "Vice President of the University," World Oral Health Day was celebrated in cooperation between the Faculty of Dentistry, Sinai University, "Arish Branch," and the International Dental Federation FDI, where the faculty carried out the following activities: —

- 1- A medical convoy was conducted in Al-Rawda village to examine patients and raise awareness about the importance of oral and dental health for 1150 patients.
- 2- Awareness lectures were held for various faculties on campus about the importance of oral and dental health, with brochures, instructions and gifts distributed, sponsored by Signal for 960.
- 3- Visits were made to schools in Al-Arish city, such as Al-Kinana School and Al-Zamlot Experimental School. Awareness was raised for children about the correct way to brush teeth, and awareness about attention to oral and dental health for 1380.

 About

https://www.su.edu.eg/index.php/2024/03/06/world-oral-health-day/















Celebration of World Oral Health Day in Egyptian Russian University

Date: Thursday 06th March 2025

Location: Egyptian Russian University on campus, Cairo Governorate.

Under the **patronage of Prof. Dr. Sherif Fakhry**, President of the Egyptian Russian University, and with the support of **Prof. Dr. Khaled Tawfik**, Dean of the Faculty of Oral and Dental Medicine, and **Prof. Dr. Norhan El-Deqi**, Vice Dean for Community Service and Environmental Development, the faculty celebrated **World Oral Health Day** on campus.

In line with the university's commitment to promoting awareness of oral and dental health, the faculty—under the supervision of **Dr. Amani Amer**, the general coordinator of the event—organized a series of interactive and educational activities.

Key Highlights of the Celebration:

- Competitions related to oral health were held with the participation of students from various faculties across the university. Winners received encouraging prizes, including toothbrushes and toothpaste <u>840</u>.
- Educational materials containing tips and guidelines on maintaining oral health were distributed to attendees.
- Awareness seminars were conducted for patients and their companions visiting the faculty clinics, as well as for university security staff, workers, and nursing personnel in the patient reception and waiting areas.

The awareness sessions covered various important topics such as:

- The impact of **nutrition on dental health**
- Correct techniques for **brushing teeth**
- Proper use of **dental floss**

https://www.facebook.com/eru.university/posts/pfbid0hNb96DKkjmXvGLFvF31tyJzXLbfC9t8aCshwyw8JgBzJa4PGZGoEnsf4hKy4mPPtl?rdid=aCTl9rtwM5V3tvED#



















Fayoum University is Celebrating World Oral Health Day

Date: Thursday, 13th March 2025

Location: Al-Resala School, Fayoum Governorate

Under the patronage of Professor Dr. Yasser Magdy Hatata, President of Fayoum University, and the supervision of Professor Dr. Assem El-Eisawy, Vice President for Community Service and Environmental Development, and Professor Dr. Lamia Ahmed Ibrahim, Dean of the Faculty of Dentistry, Dr. Shaimaa Ahmed, Acting Vice Dean of the Faculty of Dentistry for Community Service and Environmental Development, attended a field visit organized by the Faculty of Dentistry to Al-Resala Private School.

This visit aimed to promote awareness of the importance of oral and dental health among students and to provide preventive guidance as part of the college's celebration of World Oral Health Day.

The visit included several activities, such as awareness lectures on the correct way to brush teeth and the importance of healthy nutrition in maintaining oral health. Toothbrushes and toothpaste were also distributed to the students for 1320 students.

Dr. Shaimaa Ahmed emphasized that such visits are part of the college's plan to spread health awareness and prevent oral and dental diseases, especially among children and adolescents, who are among the most vulnerable to dental problems.

https://www.facebook.com/share/p/18rUQqzUe2/









Al-Elm Wal-Eman Primary School

Date: Saturday 15th March 2025

Location: Al-Elm Wal-Eman Primary School

Sphinx University organizes an awareness convoy at Al-Elm Wal-Eman Primary School in Assiut.

Sphinx University organized an awareness convoy at the El-Elm Wal-Eman Primary School in Assiut, as part of the university's commitment to directing students and their academic backgrounds towards community efforts and promoting health concepts.

Activating guidance programs to develop public awareness among community members under the supervision of Professor Dr. Mansour Kabbash, President of Sphinx University, Professor Dr. Mahmoud Shiha, Vice President for Education and Student Affairs, Professor Dr. Rabab Mubarak, Dean of the Faculty of Oral and Dental Medicine, Professor Dr. Amani Khalifa, Vice Dean for Community Service and Environmental Development, and Professor Dr. Sahar Ghorab, Vice Dean for Education and Student Affairs.

The university seeks to provide its students with diverse community experiences that will enhance their educational attainment and personal experiences, in addition to training them in awareness-raising aspects and how to present them in the required professional manner, as this is an extremely important part of shaping the professional and practical lives of students after graduation.

In conjunction with the implementation of numerous medical and treatment convoys, the university works to equip students with the skills to deal with field medical emergencies using internationally recognized methods and highly effective preventative measures. The university closely monitors the implementation of convoys and awareness and treatment programs in various geographic areas and for all age groups, recognizing the need for community engagement and supporting the priority of ongoing health awareness.

The convoy included a simplified educational presentation for school students about daily habits and behaviors and their impact on oral and dental health and hygiene. It also explained the early symptoms of dental injuries and problems and how to deal with them, including a practical demonstration of how to brush teeth properly.

The convoy included giveaways as toothbrushes, toothpaste, and educational materials covering common questions about general dental health and the initial steps for diagnosing the most common medical conditions for about <u>900 students</u>.

https://www.facebook.com/share/p/15BKN1hD9j/?mibextid=wwXlfr











Alexandria National University Celebrating World Oral Health Day

Date: Sunday 16th March 2025

Location: Alexandria National University on campus, Alexandria, Egypt.

A special celebration for the World Oral Health Day Mega Day

An awareness day for university students in all its various programs in Alexandria, as well as all university employees, where models were presented on the importance of oral and dental health and its relationship to mental health.

About 3000 students and employees were gifted with brushes and signal toothpastes.

















Pharos University celebrating World Oral Health day

Date: Monday 07th April 2025

Location: Pharos University on campus, Alexandria Governorate.

To raise awareness of the importance of oral and dental health and its impact on public health, the World Dental Federation (FDI) organizes World Oral Health Day on March 20 each year in collaboration with health institutions around the globe. This day features a variety of activities designed to promote a culture of oral health and educate the public.

PUA's Faculty of Dentistry participated in several events to celebrate this day, underscoring its commitment to its societal role in spreading health awareness. The event was hosted by Prof. Dr. Amr Abdullah, Dean of the Faculty, and included representatives from the FDI World Dental Federation, led by Professor Nahawand Thabet, FDI Liaison for Africa & FDI Councilor. The program also featured distinguished speakers such as Prof. Dr. Mohamed Etman, PUA's Vice President for Community Service and Environmental Development Affairs; Prof. Dr. Nourhan Fanaki, PUA's Vice President and Supervisor of the Quality Assurance Center; Prof. Dr. Mahasen Farghaly, President of Misr International University (MIU); Dr. Yousria Gawish, Professor of Periodontics at Alexandria University; and Dr. Mohamed Fahim from Haleon Company. In addition, numerous faculty members, teaching assistants, interns, and students participated in the event.

In addition, Haleon Company distributed free samples of oral and dental care products (Sensodyne) to **800 attendees**

https://www.pua.edu.eg/world-oral-health-day/











Al Asmarat convoy

• **Date**: Tuesday 08th April 2025

• Location: Al Asmarat, Al Mokkatam, Egypt

• Participants: 60 staff members, nurses, admin staff, internship students

• Total Number of Patients: 2400 patients

Diagnosed Cases

Extracted tooth

Scaling

- a) Children awareness
- b) Clinical Pharmacy
- The campaign is in collaboration with the Faculty of Dentistry & Farouk Al Baz association and Ministry of Social Solidarity.

https://www.facebook.com/share/v/18eidRQAGJ/?mibextid=wwXIfr



















Participation of dental school at the Run for quality education Marathon

On April 11th, 2025, the **Run for quality education SDG4 Marathon** took place at the British University in Egypt campus, organized in collaboration with **Cairo Runners**. The event was a celebration of diversity and inclusion, while also aiming to raise awareness about **oral health** and its vital role in maintaining mental well-being.

Purpose and Focus

As part of the university's observance of **World Oral Health Day 2025 Themed 'A Happy Mouth. Is A Happy Mind'**, the marathon's theme connected the importance of physical health and oral health with mental well-being. The Faculty of Dentistry provided crucial health services throughout the marathon to ensure that participants remained informed about the importance of overall health, including dental health.

Faculty of Dentistry Involvement

The Faculty of Dentistry played a pivotal role in this event, offering free health services to over 7000 patients such as:

- **Dental Checkups**: The **Faculty of Dentistry** provided **free dental checkups** to all marathon participants, ensuring that everyone had the opportunity to maintain good oral hygiene while also addressing potential dental issues before they became bigger problems.
- **Dental Treatment**: Attendees had access to professional dental treatment services at the event, including minor procedures such as cleanings or advice on dental care.
- **Blood Pressure Screenings**: Blood pressure checks were provided to raise awareness of the link between oral health and cardiovascular health, highlighting the importance of a healthy mouth for a healthy body.
- **Body Health Assessments**: Body health checkups were offered to encourage participants to consider their holistic health beyond just physical fitness.

Awareness Sessions

Alongside these health services, the Faculty of Dentistry organized awareness sessions, where attendees were educated on the importance of **oral hygiene** and how it directly impacts mental well-being. The theme of a "happy mouth leading to a happy mind" was emphasized throughout, demonstrating the crucial role oral health plays in overall life satisfaction and health.

Sponsors and Giveaways

- Muscle Temple Gym and Shakiti Studios offered on-the-spot yoga and workout sessions, encouraging participants to integrate fitness into their daily routines to reduce stress and boost overall health.
- Haleon, Signal, and Dabur El Miswak provided free product samples, including toothpaste, toothbrushes, and floss to encourage good oral hygiene practices.

































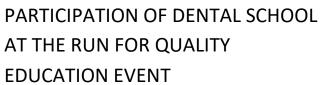


RUN FOR QUALITY EDUCATION SDG4























Celebrating World Oral Health Day in Cairo University

Date: Sunday 13th April 2025

Location: Cairo university on campus, Giza Governorate.

In celebration of World Oral Health Day:

Cairo University's Faculty of Dentistry is conducting an awareness campaign on campus to maintain the oral and dental health of university members, in cooperation with the Egyptian Dental Association.

Dr. Mohamed Sami Abdel-Sadek: Through these awareness campaigns, we work to support the state's efforts in prevention and health education, and to promote the concept of comprehensive care.

University President: Directive to provide mobile dental clinics on a regular basis on campus to conduct medical examinations of students and staff and transfer cases for further treatment at the College of Dentistry Hospital.

Dr. Ghada Abdel Bari, Acting Vice President for Community Service and Environmental Development: The University President's directives include organizing initiatives and activities to raise the level of health awareness among its members, improve the quality of healthcare, and prevent misconceptions about oral and dental health.

Dr. Geraldine Ahmed, Dean of Dentistry: The campaign targeted various groups at the university, tailored to their specific health conditions, and utilized artificial intelligence techniques and their relationship to oral and dental health.

Under the patronage of Dr. Mohamed Sami Abdel Sadek, President of the University, and the supervision of Dr. Ghada Abdel Bary, Acting Vice President for Community Service and Environmental Development, and Dr. Geraldine Ahmed, Dean of the Faculty of Dentistry at Cairo University, the Faculty of Dentistry organized an awareness campaign on campus to preserve oral and dental health. The campaign was organized in cooperation with the Egyptian Dental Association, coinciding with the celebration of World Oral Health Day.

Dr. Mohamed Sami Abdel Sadek explained that the awareness campaign organized by the Faculty of Dentistry aims to support the state's efforts in prevention and health education, and to promote the concept of comprehensive care. He pointed out that mobile clinics have been provided periodically on campus to conduct medical examinations on university students and staff, and to refer cases requiring further medical treatment to the faculty hospital. He pointed out that the awareness campaign focused on the importance of oral and dental health and its direct impact on public health, especially with regard to internal and heart diseases. It also included comprehensive awareness on ways to maintain oral and dental health and how to avoid the repercussions of neglecting oral and dental care, especially for patients suffering from chronic diseases.

For her part, Dr. Ghada Abdel Bary, Acting Vice President for Community Service and Environmental Development at Cairo University, emphasized that, in line with the University President's directives, the Community Service Sector is keen to organize numerous initiatives and activities aimed at raising health awareness among university members, thus contributing to improving the quality of healthcare for them. She praised the efforts of the Faculty of Dentistry and its positive role in educating university members, both students and staff, about the importance of taking care of oral and dental health and avoiding misconduct.

During her inspection of the awareness campaign, Dr. Ghada Abdel Bari listened to a detailed explanation from the college's students from the Conservative Dentistry Department and the campaign participants about their project on oral health care and ways to protect teeth from decay. She also met with some of the college's incoming students and learned about their participation in the awareness campaign.

Dr. Geraldine Ahmed, Dean of the College of Dentistry, explained that the awareness campaign targeted various groups at the university, tailoring them to their specific health conditions. She offered tips through printed materials on proper oral care. The campaign also utilized artificial intelligence techniques, she noted, noting that the campaign distributed toothpaste and toothbrushes to students and university staff to encourage them to take care of their teeth and protect them from the risk of tooth decay.

The awareness reached about 3000 patients.









https://www.facebook.com/Cu.Media.Office/posts/%D9%81%D9%8A-

%D8%A5%D8%B7%D8%A7%D8%B1-

%D8%A7%D9%84%D8%A7%D8%AD%D8%AA%D9%81%D8%A7%D9%84-

%D8%A8%D8%A7%D9%84%D9%8A%D9%88%D9%85-

%D8%A7%D9%84%D8%B9%D8%A7%D9%84%D9%85%D9%8A-

%D9%84%D8%B5%D8%AD%D8%A9-%D8%A7%D9%84%D9%81%D9%85-

%D8%AD%D9%85%D9%84%D8%A9-

%D8%AA%D9%88%D8%B9%D9%88%D9%8A%D8%A9-%D9%84%D8%B7%D8%A8-

%D8%A3%D8%B3%D9%86%D8%A7%D9%86-

%D8%A7%D9%84%D9%82%D8%A7%D9%87%D8%B1%D8%A9-

%D8%AF%D8%A7%D8%AE%D9%84-%D8%A7%D9%84%D8%AD/1085819463582443/

https://cu.edu.eg/ar//Cairo-University-News-15471.html



Celebrating the world oral health day in O6 October UNIVERSITY

Date: Monday 14 April 2025

Location: Masaken Osman, 6th of October City , Giza Governorate

The Faculty of Dentistry (Pediatric Dentistry Department) has collaborated with the representative of FDI (World Dental Federation) Dr. Nahawand Thabet to celebrate the World Oral Health Day. Since the goal of the World Oral Health Day is to promote awareness and emphasize the importance of oral hygiene for everyone, an oral health education campaign targeting the kindergarten department of Brilliance School in Abu Rawash was arranged. The campaign staff included Dr. Hadeel Sabry, Vice Dean, Faculty staff members as well as a number of interns and 5th year students.

The visit included:

An oral presentation for the children emphasizing the importance of oral hygiene

- · An oral presentation for the teachers about traumatic injuries in schools and the importance of prompt action
- · Tooth brushing instructions and demonstration for 2340
- · Activities for the children emphasizing the importance of healthy eating
- \cdot Dental screening, assessments charts were sent home to the parents with the status of their child's oral cavity
- · Certificates were given out to the children who were caries free
- · A take home package for each student that included a toothbrush and toothpaste, a pamphlet prepared by the Pediatric Dentistry department that included dental information relevant to the parents and further activities to be completed at home by the children.

The school management considered the visit to be a huge success and invited the campaign members to come back to meet the older grades.

This visit is considered to be the first of a series of oral health education campaigns targeting schoolchildren and in particular those who attend government schools.

https://o6u.edu.eg/NewsDetailes.aspx?FactId=11&News=5069













Celebrating the world oral health day in MSA University

Date: Monday 14 April 2025

Location: Masaken Osman, 6th of October City, Giza Governorate

In celebration of World Oral Health Day, the Faculty of Dentistry at October University for Modern Sciences and Arts (MSA) organized a comprehensive medical and awareness convoy

Impressive Impact in Numbers During the convoy:

- -230 patients were examined
- -175 patients received immediate dental treatment
- -The remaining cases were referred to the Faculty's dental clinics for further care and treatment.

Alongside the clinical services, students from the DCMSA conducted awareness sessions on the importance of maintaining good oral and dental hygiene, and educated patients on effective methods to prevent tooth decay. As part of the initiative, free samples of toothpaste and toothbrushes were also distributed to all attending patients.

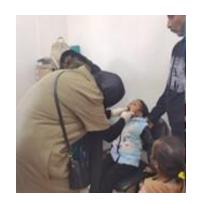
https://msa.edu.eg/msauniversity/the-faculty-of-dentistry-organizes-a-community-oral-health-convoy-on-world-oral-health-day/





















World Oral Health Day Celebration aligned with the Pediatric Dentistry Scientific Day in The British University in Egypt

Date: 17th April 2025

Location: BUE Auditorium and Roman Theater (Indoor & Outdoor Venues)

Organized by: Faculty of Dentistry Staff, Pediatric Dentistry Department, BUE Students Union, British Dental Society Club **Supervised by:** Prof. Fardous Rizk, Acting Dean of the faculty of dentistry at the British university in Egypt and Prof. Hala Zakaria Director of the internship students and Head of the Comprehensive clinic and Prof. Noha Kabil, Head of the Pediatric dentistry department at the British university in Egypt

Target Audience: Dental students, general public, children, parents, local schools

Special Guests: Dr. Nahawand Thabet, FDI COUNCILOR REPRESENTATIVE IN AFRICA . Prof. Osama El Shahawi ,

Ahmed Fawzy , Hani Saber , Rania Nasr (Cairo University)

A.Prof Ola Abdelgeleel , Mohamed zayed (Ain Shams University)

Dr.Mohamed Fahim , FDI Detailing manager in north Africa

Measured Outcomes:

- 1500+ Attendees
- 100 Children received screenings
- 1000 + Oral health kits distributed
- 15+ Educational stations and booths





Overview:

The celebration marked World Oral Health Day and was jointly celebrated with the Pediatric Dentistry Scientific Day. The event emphasized preventative oral care starting from childhood and the role of early education in maintaining lifelong oral health. It served as both a scientific platform and community outreach effort.

Key Features

- Indoor Internship students Best Case Poster Competition: Intern students presented their research and clinical cases, with winners announced during the event, showcasing emerging talent and innovation in comprehensive dentistry.
- **Arts Exhibition:** Curated by Prof. Noha Kabil, Head of the Pediatric Dentistry Department, this exhibition featured artwork blending art and science.
- **Mascot Exhibition:** A fun display featuring dental mascots to engage children and promote oral health awareness done by dental students year 2 and 3.
- -Spin-the-Wheel Competitions where attendees could win special prizes, including workshop seats such as the Posterior Composites: Essential Techniques for Durable Composites hands-on workshop, sponsored by Shofu.
- Indoor Sponsors Booths: Local dental suppliers showcased their products, offering giveaways and samples to attendees.
- Awareness Lectures: Expert speakers delivered informative talks on the significance of oral health and its connection to overall well-being, focusing on the theme of the day.
- **Outdoor Kids Awareness Sessions:** Engaging activities designed for children to teach them about proper oral hygiene in an interactive way.
- Interactive Outdoor Booths: Various booths provided hands-on experiences related to oral health education, including demonstrations and games.

Academic and Scientific Sessions:

- Lectures on pediatric dental protocols, trauma management, and preventive care
- Guest speakers included pediatric dental consultants and behavioral specialists
- Scientific posters competition featuring real clinical cases by interns
- Winners were celebrated in an award ceremony with certificates and prizes

Children's Awareness Campaign:

- Outdoor puppet shows featuring dental hygiene themes
- Mascots demonstrating brushing techniques in fun, age-appropriate ways
- Coloring stations and storytelling sessions focusing on oral care
- Giveaway booths distributing toothbrushes, paste, and dental calendars
- Free checkups performed by interns and faculty with parental guidance

Parental Engagement:

Information booths targeted at parents shared oral hygiene checklists and dietary recommendations. Dentists discussed the importance of regular checkups and offered counseling on common misconceptions around children's oral development.

Community Participation:

Children from nearby schools were invited, and families from the local community joined. The event successfully blended education with entertainment, ensuring key messages were retained.

Indoor Scientific Program:

- Lectures by dental experts on pediatric care, oral-systemic health links, and mental health.
- Topics included childhood caries, dental anxiety, and nutritional influence.
- Research presentations and student-led discussions.







Outdoor Community & Awareness Segment:

- Tooth-Brushing Booths: Demonstrations using large dental models.
- Story Time Tent: Fun storytelling with oral health themes.
- Games and Quizzes: Engaging educational activities for children.
- Dental Checkpoints: Free screenings and consultations.
- Sponsor Booths: Free samples, giveaways, and educational materials.

Student Participation:

Dental students organized, facilitated, and led most activities, gaining real-world experience in patient education and public communication.

Sponsors and Impact Assessment:

Sponsors:

Major sponsors included Haleon, Signal, Ivory medical wear, Lamma medical, Map dent, sugarless, الشركه المصريه للتجاره و , Shofu, Nile dental, Ory candles, and others, who offered both product-based and financial support. Educational leaflets, digital content, and care kits were available at each booth, further enhancing participant interaction and knowledge retention.

Impact:

These three events highlighted the potential of integrating physical, emotional, and oral health advocacy into campus life. All three events emphasized interdisciplinary cooperation, the value of creativity in health education, and set a precedent for future oral health and mental wellness outreach activities.

Legacy:

The British University in Egypt has established itself as a leader in creative and impactful oral health advocacy in the region, leveraging international recognition from FDI and contributing to long-term public health awareness in Egypt and beyond.

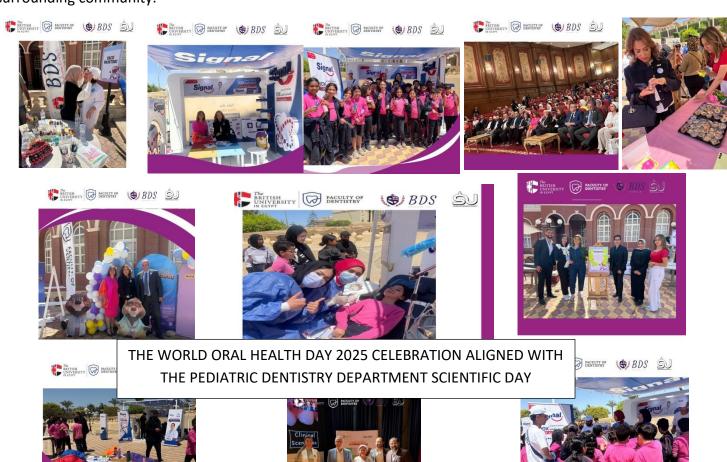
Shared Significance of Both Events:

The Stress Burnout Event and the World Oral Health Day Celebration 2025 aligned with the pediatric dentistry scientific day event are interconnected in their focus on holistic health. By addressing mental well-being through engaging activities and emphasizing the importance of oral health, these events together create a comprehensive platform for promoting wellness.

- 1. **complementary Themes**: Both events reinforce the message that mental health and oral health are vital components of overall well-being.
- 2. **Community Building :** Each event fosters a sense of community, encouraging collaboration and support among participants.
- 3. **Sustainable Impact**: The initiatives aim to instill lifelong habits and awareness, ensuring participants leave with practical knowledge and tools for better health.

Conclusion

This proposal outlines a cohesive approach to promoting mental health and oral hygiene through two interconnected events at the British University in Egypt. By engaging the community in meaningful activities, these events will foster a culture of wellness and awareness, ultimately benefiting both students and the surrounding community.













World Oral Health Day Celebration aligned with the Pediatric Dentistry Scientific Day























Helwan University Celebrating World Oral Healthday

Date: Thursday 24th April 2025

Location: Helwan university on campus, Cairo Governorate.

Helwan National Dentistry organizes World Oral Health Day activities in cooperation with FDI*

Within the framework of Helwan National University's keenness to spread health awareness and enhance medical culture among its students, the Faculty of Oral and Dental Medicine organized activities to celebrate World Oral and Dental Health Day in cooperation with the International Dental Federation (FDI), out of belief in the importance of prevention and awareness in supporting community health, and in confirmation of the university's role in providing an integrated model of medical education that combines the academic and applied aspects.

The event was held under the patronage of Dr. Al-Sayyid Qandil, President of the University, Dr. Hossam Rifai, Vice President of the University for Education and Student Affairs, and Dr. Rasha Rifai, Dean of the College and Supervisor of the Medical Sector at the University, and under the supervision of Professor Al-Sayyid Atta, Secretary-General of the University.

Dr. El-Sayed Kandil, President of Helwan National University, emphasized that organizing such events reflects the university's commitment to its mission towards building health-conscious and professional generations, noting that the university always seeks to provide full support for all initiatives that contribute to improving the health of the individual and society, stressing that health awareness begins from the classroom, and that university students represent ambassadors for awareness in their surroundings.

Dr. Rasha Rifai, Dean of the Faculty of Dentistry and Supervisor of the Medical Sector at Helwan National University, confirmed that this event comes within the framework of connecting students with global health issues, and introducing them to the importance of oral and dental health as the main gateway to human health in general.

Praising the outstanding level demonstrated by the students through demonstrations, models and scientific explanations that reflect their deep understanding of their field of study and their keenness to interact positively with society.

Today's activities addressed the importance of maintaining oral and dental health, ways to prevent cavities, and how to protect against diseases that affect the mouth and teeth.

The event witnessed wide interaction from students and faculty members, as practical and awareness-raising presentations were presented that included models, drawings, and innovative explanations created by the students, aiming to simplify health information and present it in a creative manner that attracts the attention of the audience.

The event was organized and coordinated by Dr. Maha Ishaq, Dental Program Coordinator, Dr. Enas Fath Al-Bab, and Dr. Najwa Khattab, Program Registrars.

About <u>1165</u> Signal giveaways for attendees.

https://www.facebook.com/share/12GpJe4ajCo/?mibextid=wwXIfr











Maghagha District convoy

• Date: Wednesday 23rd & Thursday 24th April 2025

• Location: Bartabat village, Maghagha District, Menya Governorate, Egypt

• Participants: 00 staff members, nurses, admin staff, internship students

• Total Number of Patients 8500

Diagnosed Cases

Extracted tooth

Scaling

Children awareness

Clinical Pharmacy

• The campaign is in collaboration with the Faculty of Dentistry & Minyia Governorate & Abu Hatta Charitable Foundation & Future of the Nation Party.



















