

# A HAPPY MOUTH IS... a happy life

RAISE AWARENESS OF THE  
MOUTH-BODY-MIND CONNECTION



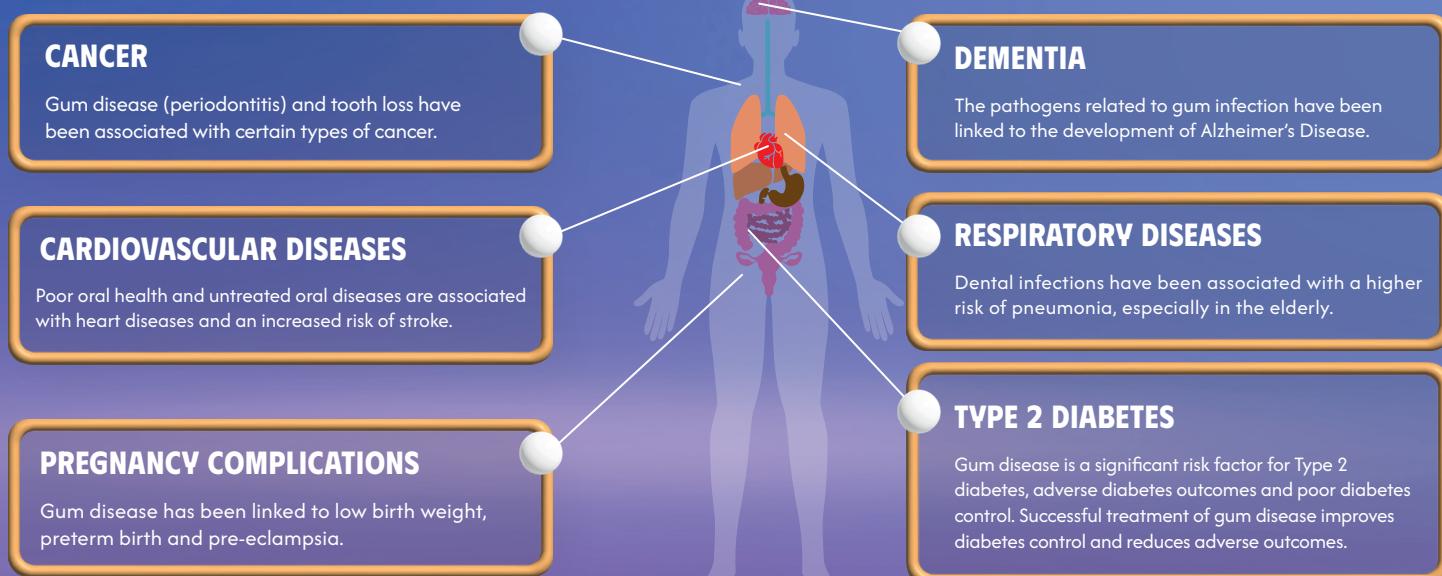
World Oral  
Health Day  
20 March

[worldoralhealthday.org](http://worldoralhealthday.org)  
#WOHD26 #HappyMouth

**fdi**   
FDI World Dental Federation

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Oral health has long been neglected in many countries, largely because it has been isolated from overall health. Yet the mouth is not separate; it is essential for protecting general health, sustaining well-being, and shaping quality of life. That is why oral health must be a core component of universal health coverage and firmly integrated into the broader non-communicable diseases agenda.



For more information and support:  
[fdiworlddental.org/whole-body-health](http://fdiworlddental.org/whole-body-health)

