



World Oral
Health Day
20 March

PRESENTS

A HAPPY MOUTH IS... WORTH TAKING ACTION FOR!

1. BRUSH YOUR TEETH WITH
FLUORIDE TOOTHPASTE
TWICE A DAY.

2. VISIT THE DENTIST
REGULARLY.

3. EAT HEALTHY
FOOD AND
AVOID SUGARY
DRINKS!

Toothie

#WOHD24
#HappyMouth



JOIN OUR JOURNEY TO HEALTHIER, HAPPIER LIVES.

