



GOVERNMENT DENTAL COLLEGE & HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

EXTENSION & OUTREACH ACTIVITIES



Reaching Communities. Transforming Smiles.
Beyond Boundaries





GOVERNMENT DENTAL COLLEGE & HOSPITAL, MUMBAI



**DEAN
GDCH, Mumbai**

FOREWORD

It is a matter of great pride and privilege to present this report highlighting the outreach and extension activities undertaken beyond the institutional boundaries of Government Dental College and Hospital, Mumbai, as part of our continued commitment to promoting oral health.

Oral health is an integral component of overall health and well-being. Strengthening community-based preventive and promotive strategies remains essential for reducing the burden of oral diseases and improving quality of life across diverse populations. Such initiatives play a vital role in fostering awareness, encouraging healthy practices, and ensuring equitable access to oral health care services.

In alignment with these broader public health goals, the Department of Public Health Dentistry has demonstrated exemplary leadership and commitment in conceptualizing and implementing a wide spectrum of outreach initiatives. These activities have effectively reached underserved and vulnerable communities, encompassing oral health education, screening, preventive care, treatment services, and tobacco cessation counselling. Collectively, these efforts reflect a holistic, inclusive, and service-oriented approach to community engagement.

I place on record my sincere appreciation for the dedicated efforts of Dr. Sandhya Chavan, Head of the Department, along with the faculty members, interns, students, and all supporting staff of the Department of Public Health Dentistry. Their unwavering commitment, organizational excellence, and collaborative spirit have been instrumental in the successful execution of these initiatives and in upholding the highest standards of public health dentistry.

This report stands as a testament to the institution's continued dedication to advancing oral health promotion, strengthening community partnerships, and contributing meaningfully to the larger goal of health for all.

I extend my best wishes for continued success in all future endeavors aimed at achieving optimal oral health and well-being for the community.

**Dr. Dimple Padawe
Dean**

Government Dental College & Hospital,
Mumbai



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GOVERNMENT DENTAL COLLEGE & HOSPITAL, MUMBAI

Government Dental College & Hospital, Mumbai, established in 1928, is one of the premier institutes in the country imparting dental education and dental services in the state of Maharashtra, India, Asia. The institute is affiliated to Maharashtra University of Health Sciences, Nashik.

The institute believes in being the paradigm in education and healing through state-of-the-art infrastructure with latest equipment that keep abreast with the fast-moving technology.



GOVERNMENT DENTAL COLLEGE & HOSPITAL, MUMBAI



Vision-

To create dental professionals of high repute and to provide dental health care services of high standards through holistic and evidence-based approach.

Mission

- ❖ To impart quality dental education to students through innovative and advanced teaching learning methods.
- ❖ To provide holistic environment for students and faculty to evolve into better professionals.
- ❖ To provide state of art patient care facility and to reach the unreached.
- ❖ To inculcate and encourage a research attitude among undergraduate, post graduate students and faculty.
- ❖ To enhance overall standards in accordance with both national and international benchmarks.

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

The Department of Public Health Dentistry at Government Dental College, Mumbai is oriented towards meeting the oral health needs of the communities that lack dental facilities with the objective of bringing people at large within the fold of dental health through various outreach programs.

The department is equipped with a fully functional mobile dental van which helps to render care at the doorsteps of the people and thus facilitating oral health services to the unreached sections of the society.



*From Clinical Excellence to Community Outreach –
Delivering Comprehensive Oral Healthcare*





Vision-

The Department envisions to improve the oral health and wellbeing of the communities through individuals by promoting preventive oral health services, delivering comprehensive oral care services and advocating equitable access to oral health care thus creating a society where oral health is valued, oral diseases are minimized and optimal oral health outcomes are achieved.

Mission-

- ✚ To be recognised as a centre of excellence in oral health promotion, disease prevention and community based oral care.
- ✚ To create a future where every individual has access to standardized quality oral health care, regardless of socio-economic status or geographic location
- ✚ To cultivate a culture of oral health awareness, prevention and early intervention ensuring that oral diseases are minimized and overall health is optimized.





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COMMUNITY ORAL HEALTH OUTREACH AND EXTENSION ACTIVITIES REPORT

Strategic Campaign Title:

#GDCH, Mumbai: A Strategic Month of Action for Sustainable Oral Health and Healthier Lives#

Campaign Scope & Reach

- Duration: 20 March- 20 April 2026
- Total Camps Conducted: 56
- Total Activities Executed: 322



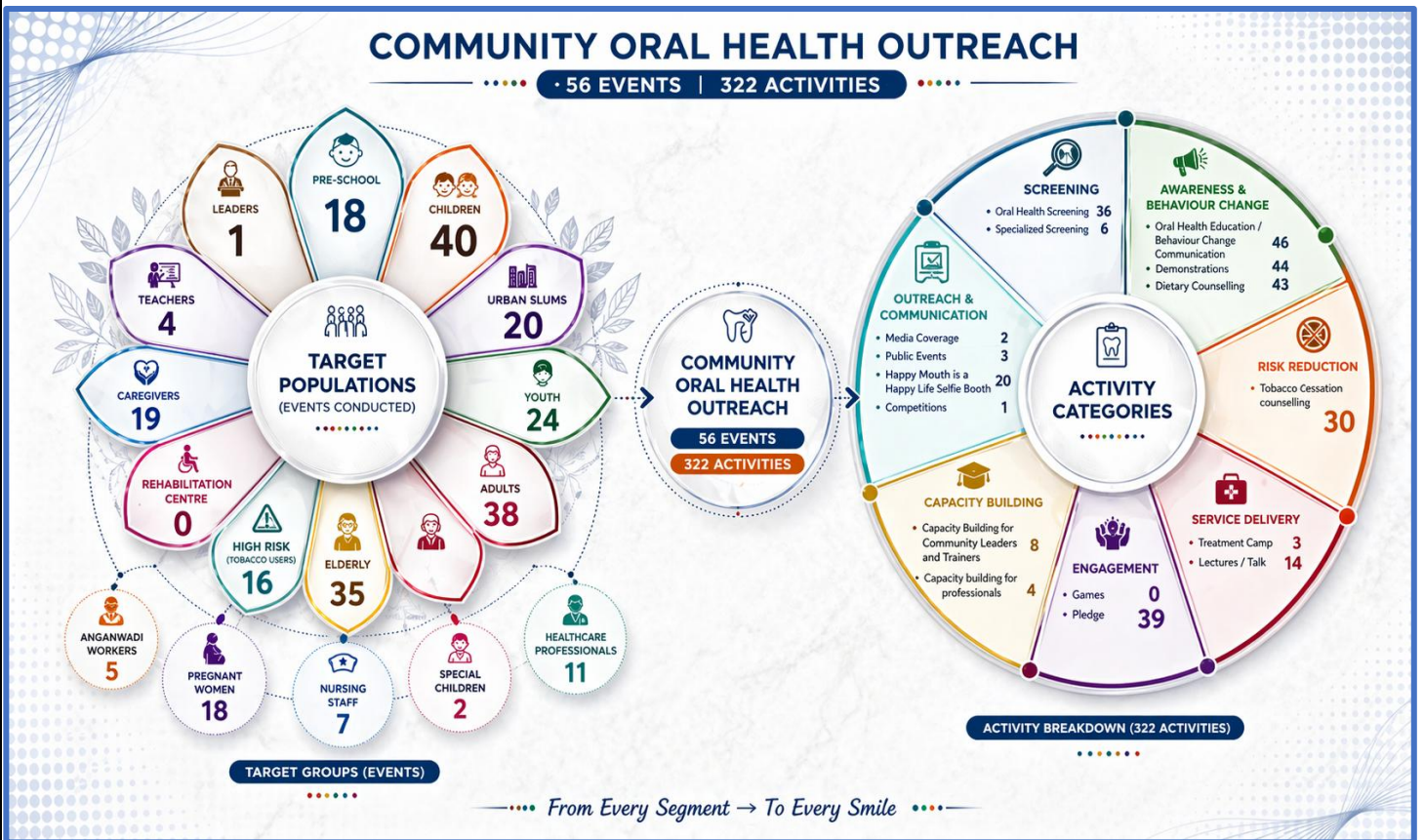
**“BEYOND BOUNDARIES-WORLD ORAL HEALTH MONTH 2026: A
CELEBRATION OF SMILES, SERVICE & IMPACT”**



EXECUTIVE SUMMARY

In commemoration of World Oral Health Day 2026, the Department of Public Health Dentistry, Government Dental College & Hospital (GDCH), Mumbai, launched a comprehensive, high-impact community outreach initiative titled “GDCH, Mumbai: A Strategic Month of Action for Sustainable Oral Health and Healthier Lives.” Aligned with the global theme “A Happy Mouth is... A Happy Life,” the campaign was implemented over a month period (20 March-20 April 2026), aiming to strengthen preventive oral healthcare, enhance early disease detection, and promote sustained behavioural change across diverse population groups.

Through a well-structured, multi-dimensional approach, the campaign successfully delivered 56 community-based camps and executed 322 targeted activities, significantly contributing to improved oral health awareness and service accessibility across Mumbai.





SUMMARY OF OUTREACH AND EXTENSION ACTIVITIES CONDUCTED

WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES			
Sr No	Name of Activity	No of Activity	Total Participants/ Beneficiaries
I.	ACTIVITIES TARGETING ORAL HEALTH PROMOTION		
1	Display of IEC materials and banners	40+ (Camps and Departmental Museum Display)	3000+
2	Health talk	46 (Dental OPDs and Camps)	3227
3	Public events	8	753
4	Pledge Ceremony for oral health professionals to promote oral health awareness	3	264
5	Pledge Ceremony for public and patients for taking care of their oral health	36	2296
6	"A Happy Mouth is a Happy Life Selfie Booth"	1-month long activity	200+
7	Competition on the theme	4	70
8	Social media coverage, radio/TV campaigns newspaper articles, talk shows, street dramas, flash mobs	1 (Talk Show on National Television)	Reaching households across the region through national television
9	Community leaders' interactions	5	170



**WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES**

Sr No	Name of Activity	No of Activity	Total Participants/ Beneficiaries
II	ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT		
1	Oral health exams/ awareness camps at public places	18	1466
2	Screening and treatment camps in schools, Anganwadi centres and health centres, including mass tooth brushing demonstration	28	1874
3	Special screening and treatment camps for vulnerable population	8	467
III	ACTIVITIES TO PROMOTE CAPACITY BUILDING		
1	Continuing Dental Education (CDE) programs, webinars and training for healthcare professionals	5	532
IV	ACTIVITIES TO IMPROVE ACCESS AND UTILIZATION OF ORAL HEALTH CARE SERVICES		
1	Treatment Camps	3	434



TARGET POPULATION COVERAGE

The campaign effectively reached a diverse spectrum of beneficiaries, reflecting a life-course and risk-based approach.

COMMUNITY ORAL HEALTH — TARGET FRAMEWORK —



•• *"From Every Walk of Life – Towards a Healthy Smile"* ••



The infographic showcases the diverse target populations reached through the World Oral Health Month campaign, reflecting an inclusive and community-centered approach. From preschool children to the elderly, and from caregivers to healthcare professionals, the initiative effectively engaged all age groups and risk categories. Special focus on underserved communities, high-risk groups, and maternal health highlights the program’s commitment to equity in oral healthcare. This distribution highlights a strategic focus on vulnerable, underserved, and high-risk groups, ensuring equitable healthcare outreach.





ACTIVITY FRAMEWORK & IMPLEMENTATION

A total of 322 activities were systematically categorized into key domains:





The infographic highlights the comprehensive spectrum of oral health initiatives conducted as part of the World Oral Health Month campaign. Activities span screening, awareness and behaviour change, risk reduction, service delivery, engagement, and capacity building, reflecting a holistic public health approach. A strong emphasis on education, preventive care, and community participation underscores the commitment to improving oral health outcomes. Together, these efforts embody the vision that “A Happy Mouth is... A Happy Life.”

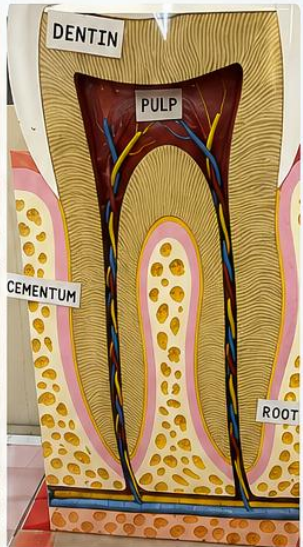




ACTIVITIES TARGETING ORAL HEALTH PROMOTION



DISPLAY OF IEC MATERIALS AND BANNERS-
DISPLAY DONE AT CAMPS AND IN DEPARTMENTAL MUSEUM



DISPLAY DONE AT
CAMPS AND IN
DEPARTMENTAL MUSEUM



RAISING AWARENESS.
PROMOTING HEALTHY CHOICES.
BUILDING HEALTHIER COMMUNITIES.



DISPLAY AT CAMPS &
OUTREACH PROGRAMS



DISPLAY IN
DEPARTMENTAL MUSEUM



EDUCATE. EMPOWER. ELIMINATE ORAL DISEASE.
TOGETHER FOR A HEALTHIER TOMORROW.





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##From Display to Impact: Oral Health Education Through IEC Materials##

- A variety of IEC (**Information, Education, and Communication**) materials including posters, charts, models, and displays were showcased at outreach sites and in the departmental museum.
- These materials were used to **visually demonstrate oral health concepts**, disease prevention, and healthy practices to diverse target groups.
- **Pamphlets and information booklets** were distributed to reinforce key messages and support continued learning at home.
- Interactive displays and demonstrations helped in **enhancing engagement and understanding** among participants.
- The initiative promoted **awareness, behaviour change, and adoption of healthy oral hygiene practices** across communities.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



HEALTH TALK



EDUCATE. EMPOWER. PREVENT.

Spreading Awareness, Building Healthier Communities





TOTAL NO OF HEALTH TALK ACTIVITY

46



TOTAL BENEFICIARIES

3227

HEALTH TALKS HELP TO:

- 

PREVENT DENTAL DISEASES
- 

PROMOTE ORAL HYGIENE
- 

BUILD HEALTHY HABITS
- 

BOOST CONFIDENCE & WELL-BEING
- 

SPREAD AWARENESS, CREATE IMPACT

TOGETHER FOR A HEALTHIER TOMORROW!






##Health Talks for Oral Health Promotion – GDCH, Mumbai##

As part of the World Oral Health Month initiative, the Department of Public Health Dentistry, Government Dental College & Hospital (GDCH), Mumbai, conducted a series of structured health talks across **Dental OPDs at GDCH, Mumbai, Cama & Alless Hospital, Saint Georges Hospital, Satellite Dental Clinics, and multiple outreach camp locations**. These sessions were designed to educate, empower, and promote preventive oral healthcare among diverse population groups.

A total of **46 health talk sessions were conducted, reaching 3,227 beneficiaries**, reflecting a strong commitment to community-based oral health promotion and behaviour change communication.

Key Topics Covered

- General Oral Health: Oral hygiene practices, 2×2 brushing rule, diet counselling, regular dental visits
- Children & Preschool: Brushing techniques, healthy habits, interactive demonstrations
- Youth & Adults: Dental diseases, lifestyle impact, preventive care
- Pregnant Women: Maternal oral health, infant care, prevention of early childhood caries
- Elderly: Denture care, age-related oral conditions, routine check-ups
- High-Risk Groups: Tobacco hazards, oral cancer awareness, cessation counselling
- Healthcare Workers & Caregivers: Oral health education, early detection, referral guidance

Approach & Impact

- Use of IEC materials, models, and demonstrations
- Interactive and participatory sessions
- Distribution of pamphlets and booklets

These health talks effectively promoted awareness, prevention, and behaviour change, reinforcing the message:

“A Happy Mouth is... A Happy Life.”



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES												
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION												
2	HEALTH TALK	Total No Health Talk Activity- 46					Total Beneficiaries= 3227					
		20-03-2026	Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai	1	53	59	112	Urban Slums-children and residents	Yes	Yes	Detail report of all the activities is attached	
		23-03-2026	Cama and Albles Hospital, Mumbai	2	-	30	30	Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department	Yes	Yes		
		25-03-2026		3	-	26	26		Yes	Yes		
		30-03-2026		4	-	57	57		Yes	Yes		
		01-04-2026		5	-	19	19		Yes	Yes		
		02-04-2026		6	-	53	53		Yes	Yes		
		03-04-2026		7	-	54	54		Children and caregivers attending Paediatric OPD	Yes		Yes
		06-04-2026		8	-	56	56	Yes		Yes		
		08-04-2026		9	-	62	62	General patients and attendants visiting the hospital		Yes		Yes
		13-04-2026		10	-	36	36			Yes		Yes
		15-04-2026		11	-	32	32			Yes		Yes
		20-04-2026		12	-	20	20			Yes		Yes
		23-03-2026		St. George Hospital, Mumbai	13	19	37		56	General patients visiting different hospital departments		Yes
		25-03-2026	14		22	31	53	Yes	Yes			
		30-03-2026	15		39	20	59	Yes	Yes			
		01-04-2026	16		33	42	75	Caregivers and attendants Nursing staff and healthcare providers	Yes	Yes		
		06-04-2026	17		23	35	58		Yes	Yes		
		08-04-2026	18		31	36	67		Yes	Yes		
		15-04-2026	19		29	25	54		Yes	Yes		
		23-03-2026	Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai	20	Vision Rescue	13	54	Urban Slums-Children and adolescents, General adult population, High-risk individuals,	Yes	Yes		
		23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	21	32	68	100	Anganwadi children and their caregivers along with urban slums residents	Yes	Yes		
		24-03-2026	Vision Rescue Community Center, Maharashtra Nagar - 400088	22	22	36	58	Urban Slums-children and residents	Yes	Yes		
		24-03-2026	Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	23	22	36	58	Urban Slums-children and residents and Tobacco and betel nut users	Yes	Yes		
		25-03-2026	Vision Rescue Community center Kalwa	24	66	34	100	Urban Slums and high risk tobacco chewers	Yes	Yes		
27-03-2026	Anganwadi's at Mankhurd-Govandi, Mumbai	25	46	54	100	Anganwadi children Teachers Anganwadi workers Parents and caregivers	Yes	Yes				



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I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
2	HEALTH	Total No Health Talk Activity- 46					Total Beneficiaries= 3227				
		27-03-2026	Vikas Kendra, Kalbhairavnath Laxmibai Bangar vidyalay, Khadki, Pimpalgaon	26	43	47	90	School children and teachers	Yes	Yes	
		27-03-2026	Grampanchayat Karyalay Khadki Ambegaon, Pune	27	10	-	10	Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)	Yes	Yes	
		27-03-2026	Anganwadi, Khadki, Pimpalgaon, Pune	28	12	14	26	Anganwadi children (early childhood group)	Yes	Yes	
		27-03-2026	Anganwadi kendra, Kolatwadi, D.P road, Ambegaon	29	-	42	42	Anganwadi workers (frontline health workforce) General rural community	Yes	Yes	
		30-03-2026	Sai Baba Mandir, Kokri Agar, Sion, Mumbai	30	35	62	97	School children and community members	Yes	Yes	
		30-03-2026	Sathe Nagar, near Baban Tea, Mankhurd west	31	28	33	61	School children and community members	Yes	Yes	
		04-04-2026	Dongri	32	23	19	42	Residents- young adults to geriatric participant	Yes	Yes	
		06-04-2026	Bhim Nagar Mankhurd	33	36	44	80	Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
		09-04-2026	Shivanagar, Mankhurd, Mumbai	34	53	67	110	<ul style="list-style-type: none"> Anganwadi children (early childhood group) Caregivers and parents General residents of urban slums High-risk tobacco users 	Yes	Yes	
		10-04-2026	Ghatkopar, Sakinaka, Mumbai	35	38	60	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
		10-04-2026	Rural Hospital, Uran	36				Rural Population- adults, children, and elderly individuals Advocacy Building of Medical Supritendant	Yes	Yes	
		13-04-2026	Ekta Nagar Mankhurd	37	43	61	104	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
13-04-2026	Panchratna Society, Jungle Mangal Road, Drakshbaugh Madhu Hospital, Bhandup West	38	65	65	130	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes			



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Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
2	HEALTH	Total No Health Talk Activity- 46					Total Beneficiaries= 3227				
		16-04-2026	Maharashtra H Nagar	39	48	50	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
		16-04-2026	Safed Pul, Kurla	40	32	55	87	Urban Slums- Children	Yes	Yes	
		17-04-2026	Ashray, near Bandra Post office, Bandra West	41	28	12	40	Residential School/Orphanage for Children	Yes	Yes	
		17-04-2026	New Blossam school, Churchgate	42	94	53	147	School Children	Yes	Yes	
		18-04-2026	Siddharth Colony, Kurla/Chembur	43	17	67	84	Urban Slums Children	Yes	Yes	
		18-04-2026	Swami Vittaldas Road, Dharavi	44	45	35	80	Urban Slums Children	Yes	Yes	
		20-04-2026	Regional Mental Hospital, Thane	45		82	82	Special Care Individuals Leaders- Medical Supritendant	Yes	Yes	
		01/04/2026-30/04/2026	Badlapur Satelite Dental Clinic	46	164	106	270	Rural Population- adults, children, and elderly individuals	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



ACTIVITIES TARGETING ORAL HEALTH PROMOTION- PUBLIC EVENTS



TOGETHER FOR A HEALTHIER SMILE, STRONGER COMMUNITY!



TOTAL NO PUBLIC EVENTS
8



TOTAL PARTICIPANTS
753

OUR ACTIVITIES FOCUS



Promoting overall health and well-being through eye care.



Strengthening policy implementation for tobacco control and public health.



Cycling for a cause – promoting health, fitness & awareness.



Building community partnerships for a healthier society.



HEALTHY MOUTH, HEALTHY BODY, HEALTHY LIFE!



GOOD ORAL HEALTH BOOSTS CONFIDENCE



PREVENTION IS BETTER THAN CURE



TOGETHER WE CAN MAKE A DIFFERENCE



SMILE TODAY, SHINE FOREVER!



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



##Public Events for Oral Health Promotion – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai, organized **8 impactful public events, reaching a total of 753** participants across multiple community and institutional settings.

These events were strategically conducted in urban slum areas including Mankhurd, Kurla, Dharavi, Ghatkopar, and Sakinaka, as well as at GDCH Mumbai, ensuring outreach to underserved populations comprising children, adults, and the elderly.

The activities focused on oral health awareness, preventive education, and community engagement, with key highlights such as:

- Oral health promotion sessions and awareness drives in community settings
- Integrated health initiatives, including an eye check-up camp at GDCH
- Targeted outreach for children and high-risk groups in vulnerable communities
- A unique cycling event across Mumbai, promoting oral health along with overall fitness and well-being
- Advocacy for tobacco control and healthy lifestyle practices

These public events emphasized community participation, intersectoral collaboration, and behaviour change, creating a wider impact beyond clinical settings.

Overall, the initiative significantly contributed to spreading awareness, strengthening community partnerships, and promoting preventive oral healthcare, aligning with the vision: “Healthy Mouth, Healthy Life.”



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/No)	One Supporting document for each event enclosed (Yes/No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
3	PUBLIC EVENTS	Total No Public Events- 8					Total Participants= 753				
		10-04-2026	Ghatkopar, Sakinaka, Mumbai	1	38	60	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	Detail report of all the activities is attached
		13-04-2026	Ekta Nagar Mankhurd	2	43	61	104	Urban Slums- Residents including adults, children, and elderly	Yes	Yes	
		13-04-2026	GDCH, Mumbai	3	110	67	177	Public Awareness Eye-check-up Camp	Yes	Yes	
		16-04-2026	Maharashtra H Nagar	4	48	50	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
		16-04-2026	Safed Pul, Kurla	5	32	55	87	Urban Slums- Children	Yes	Yes	
		18-04-2026	Siddharth Colony, Kurla/Chembur	6	17	67	84	Urban Slums Children	Yes	Yes	
		18-04-2026	Swami Vittaladas Road, Dharavi	7	45	35	80	Urban Slums Children	Yes	Yes	
		18-04-2026	Cycling Event across historical and educational sites across Mumbai	8	10	15	25	Dental Professionals	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



ACTIVITIES TARGETING ORAL HEALTH PROMOTION



PLEDGE CEREMONY FOR ORAL HEALTH PROFESSIONALS TO PROMOTE ORAL HEALTH AWARENESS

TOGETHER, WE PLEDGE FOR HEALTHY SMILES & A HEALTHY NATION



Mumbai, Maharashtra, India
4th Floor, Govt. Dental College And Hospital, Building, St. George Hospital Compound, P D'mello Rd, Chhatrapati Shiva Terminus Area, Fort, Mumbai, Maharashtra 400001, India
Lat 18.940028° Long 72.837603°
Saturday, 04/04/2026 02:41:29 PM GMT +05:30

OUR PLEDGE



- I pledge to promote oral health awareness in every individual and community.
- I pledge to deliver quality oral health care with compassion and integrity.
- I pledge to educate, encourage and empower people to adopt good oral hygiene habits.
- I pledge to work for prevention, early detection and timely treatment of oral diseases.
- I pledge to contribute towards building a cavity-free and healthier nation.

HEALTHY MOUTH HEALTHY NATION



TOTAL PARTICIPANTS
300+



UNITED FOR ORAL HEALTH AWARENESS



OUR KEY FOCUS AREAS



AWARENESS
Spreading knowledge about oral hygiene and healthy habits.



PREVENTION
Promoting regular check-ups to prevent dental problems.



EARLY DETECTION
Identifying oral issues early for timely treatment.



COMMUNITY OUTREACH
Reaching schools, anganwadi centres and health centres for better oral health.



HEALTHY HABITS
Encouraging daily brushing, balanced diet and regular dental visits.



LET'S PROMOTE ORAL HEALTH, EVERYDAY, EVERYWHERE!
A small step today, a healthier smile tomorrow.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



##Professional Pledge Ceremony – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai, conducted 3 professional pledge ceremonies, engaging a total of 264 participants, including dental students, interns, faculty members, and oral health professionals.

Held at GDCH Mumbai, these ceremonies served as a platform to reinforce the ethical, professional, and social responsibilities of oral health practitioners. Participants collectively took a pledge to:

- Deliver ethical, compassionate, and patient-centered care
- Emphasize prevention, education, and early diagnosis
- Actively participate in community outreach and public health initiatives
- Advocate for tobacco-free lifestyles and healthy behaviours
- Promote the message of holistic health through oral health awareness

The pledge ceremonies witnessed enthusiastic participation, reflecting a strong sense of professional unity and commitment. Faculty members and senior professionals led by example, inspiring students and young practitioners to adopt a community-oriented approach to dental care.

Overall, this initiative strengthened the role of oral health professionals as key drivers of awareness, prevention, and positive behaviour change, aligning with the vision: “A Happy Mouth is... A Happy Life.”



DEPARTMENT OF
PUBLIC HEALTH DENTISTRY

WORLD
**ORAL
HEALTH DAY**

OUR PLEDGE



“On this proud occasion of World Oral Health Day... We stand united... as representatives of Government Dental College and Hospital, Mumbai... committed to care, compassion, and community service.”



We pledge to deliver **ethical and compassionate care** to every patient.



We will focus on **prevention, education, and overall well-being**.



We will actively participate in **outreach to serve those in need**.



We will advocate for **healthy lifestyles and tobacco-free living**.



We will reinforce the belief that a **healthy mouth leads to a healthy life**.



Together, we dedicate ourselves to improving lives—**one smile at a time**.

Because we believe-

A HAPPY MOUTH IS. A HAPPY LIFE





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
4	PLEDGE CEREMONY FOR ORAL HEALTH PROFESSIONALS TO PROMOTE ORAL HEALTH AWARENESS	Total No of Pledge Ceremony for Professionals- 3					Total Participants= 264				
		25.03.2026	GDCH Mumbai	1	59	76	135	Dental Students and Professional	Yes	Yes	Detail report of all the activities is attached
		04-04-2026	GDCH Mumbai	2	48	72	120	Dental Students	Yes	Yes	
		06-04-2026	GDCH Mumbai	3	5	4	9	Dental Experts and Professionals	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



PLEDGE CEREMONY

FOR

PUBLIC AND PATIENTS

FOR TAKING CARE OF THEIR

ORAL HEALTH



TOTAL NO OF PLEDGE CEREMONY FOR PUBLIC AND PATIENTS

36



TOTAL PARTICIPANTS

2296

TOGETHER, LET'S COMMIT TO A HEALTHY MOUTH, A HEALTHY LIFE!



BRUSH TWICE DAILY



FLOSS DAILY



EAT HEALTHY, STAY HEALTHY



AVOID SUGARY FOODS



VISIT DENTIST REGULARLY



A small pledge today, a healthy smile forever!



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



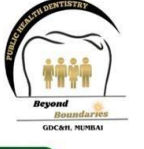
##Oral Health Pledge Initiative: Empowering Communities Through Commitment and Awareness – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted **36 pledge activities for patients and the public, engaging 2,296 beneficiaries** across hospitals, urban slums, schools, Anganwadi centres, and community settings.

These pledge sessions were strategically organized at **Cama & Albless Hospital, St. George Hospital, community centres, and outreach locations in Mankhurd, Dharavi, Govandi, Kurla, and other underserved areas**, ensuring wide coverage of diverse population groups including children, caregivers, antenatal mothers, general patients, and high-risk individuals.

The activity focused on encouraging participants to adopt **healthy oral hygiene practices, avoid tobacco use, and take responsibility for their oral health**, while also motivating them to spread awareness within their families and communities. Special emphasis was placed on **behaviour change communication, early prevention, and community participation**.

Overall, the pledge initiative served as a powerful tool to **instill commitment, promote accountability, and reinforce positive health behaviours**, contributing significantly to the goal of building healthier communities and advancing the vision: **“A Happy Mouth is... A Happy Life.”**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
— DEPARTMENT OF PUBLIC HEALTH DENTISTRY —

ORAL HEALTH DAY PLEDGE



My Promise as an Oral Health Trainer

Today, I pledge to:

- Share correct, simple, and useful oral health information with my community
- Teach everyone to brush twice daily for 2 minutes (2x2 rule) using fluoride toothpaste
- Explain the importance of brushing before bedtime
- Guide use of pea-sized toothpaste for children
- Promote cleaning between teeth (flossing)
- Encourage rinsing/gargling after every meal
- Motivate avoiding eating after brushing at night
- Promote drinking more water & reducing sugary foods/drinks
- Encourage healthy diet (fruits & vegetables)
- Motivate regular dental visits
- Promote changing toothbrush every 3 months
- Encourage early reporting of oral problems
- Spread awareness about avoiding tobacco
- Communicate in simple and understandable language
- Support children, families & vulnerable groups
- Practice these habits and lead by example

Together, we will create a community
with healthy smiles.



Because I believe...
A Happy Mouth is... A Happy Life!



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
— DEPARTMENT OF PUBLIC HEALTH DENTISTRY —

मौखिक आरोग्य दिन शपथ



माझी प्रशिक्षक म्हणून शपथ

आज मी अशी शपथ घेतो/घेते की:

- मी समाजात तोंडाच्या आरोग्याबद्दल योग्य, सोपी व उपयुक्त माहिती देईन
- मी दिवसातून २ वेळा २ मिनिटे (2x2 नियम) दात घासण्याचे महत्त्व सांगिन
- मी रात्री झोपण्यापूर्वी दात घासण्याचे महत्त्व समजावून सांगेन
- मी मुलांसाठी वाटाण्याएवढी दूधपेस्ट वापरण्याचे मार्गदर्शन करेन
- मी दातांच्या मधली स्वच्छता (फ्लॉसिंग) करण्याबद्दल जागरूकता निर्माण करेन
- मी प्रत्येक जेवणानंतर तोंड धुणे/गुळण्या करण्यास सांगिन
- मी रात्री ब्रश केल्यानंतर काहीही न खाण्याची सवय लावण्यास प्रोत्साहन देईन
- मी जास्त पाणी पिणे व साखरयुक्त पदार्थ कमी घेण्यास सांगिन
- मी फळे व भाज्या खाण्याचे महत्त्व पटवून देईन
- मी नियमित दंतचिकित्सकाकडे जाण्यास प्रवृत्त करेन
- मी ३ महिन्यांनी दूधब्रश बदलण्यास सांगिन
- मी तोंडात त्रास असल्यास लवकर कळवण्यास प्रोत्साहित करेन
- मी तंबाखूविरोधी जनजागृती करेन
- मी सर्वांशी सोप्या व स्पष्ट भाषेत संवाद साधेन
- मी मुलं, कुटुंबे व गरजू लोकांना मदत करेन
- मी स्वतः या सवयी पाळून व आदर्श ठरेन

आपण सर्वां मिळून निरोगी व आनंदी
स्मित असलेला समाज घडवू.



कारण मला विश्वास आहे...
आनंदी तोंड म्हणजे... आनंदी जीवन!



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
— DEPARTMENT OF PUBLIC HEALTH DENTISTRY —

मौखिक स्वास्थ्य दिवस संकल्प

मेरा संकल्प – एक ओरल हेल्थ ट्रेनर के रूप में

आज मैं यह संकल्प लेता/लेती हूँ कि:

- मैं अपने समुदाय में सही, सरल और उपयोगी मौखिक स्वास्थ्य जानकारी साझा करूंगा/करूंगी
- मैं सभी को दिन में 2 बार, 2 मिनट (2x2 नियम) दांत साफ करना सिखाऊंगा/सिखाऊंगी
- मैं रात में सोने से पहले ब्रश करने का महत्त्व समझाऊंगा/समझाऊंगी
- मैं बच्चों के लिए मटर के दाने जितनी दूधपेस्ट उपयोग करने का मार्गदर्शन दूंगा/दूंगी
- मैं दांतों के बीच सफाई (फ्लॉसिंग) के बारे में जागरूकता बढ़ाऊंगा/बढ़ाऊंगी
- मैं हर भोजन के बाद कुल्ला/गारारे करने की सलाह दूंगा/दूंगी
- मैं रात में ब्रश के बाद कुछ न खाने के लिए प्रेरित करूंगा/करूंगी
- मैं अधिक पानी पीने और मीठे पदार्थ कम करने के लिए प्रेरित करूंगा/करूंगी
- मैं स्वस्थ आहार (फल व सब्जियाँ) को बढ़ावा दूंगा/दूंगी

- मैं नियमित दंत जांच के लिए प्रेरित करूंगा/करूंगी
- मैं हर 3 महीने में दूधब्रश बदलने के लिए जागरूक करूंगा/करूंगी
- मैं मुँह में दर्द/समस्या होने पर तुरंत बताने के लिए प्रेरित करूंगा/करूंगी
- मैं तंबाकू से दूर रहने के लिए जागरूकता फैलाऊंगा/फैलाऊंगी
- मैं सभी आयु वर्ग से सरल भाषा में संवाद करूंगा/करूंगी
- मैं बच्चों, परिवारों और जरूरतमंदों को शिक्षित करूंगा/करूंगी
- मैं स्वयं इन आदतों का पालन करूंगा/करूंगी और उदाहरण बनूंगा/बनूंगी

हम मिलकर एक स्वस्थ और मुस्कुराता हुआ समाज बनाएँगे।



क्योंकि मेरा विश्वास है...
खुशहाल मुँह ही... खुशहाल जीवन है!



ORAL HEALTH DAY PLEDGE



A HAPPY MOUTH IS A HAPPY LIFE

Today, I pledge to:

-  Brush my teeth twice daily with fluoride toothpaste.
-  Clean between my teeth daily.
-  Eat a balanced diet and limit sugary snacks.
-  Avoid tobacco in all forms.
-  Visit my dentist regularly for check-ups.
-  Encourage my family and friends to take care of their oral health.



Healthy Mouth.
Healthy Body. Happy Life.

Happy Oral Health Day!

मौखिक आरोग्य दिन प्रतिज्ञा



आनंदी तोंड, आनंदी जीवन

आज मी ही प्रतिज्ञा करतो/करते की:

-  मी दररोज दोन बेळा फ्लोराइड टूथपेस्टने दात घासेन.
-  मी दररोज दातांमध्ये स्वच्छता करेन.
-  मी संतुलित आहार घेईन आणि गोड पदार्थांचे सेवन मर्यादित करेन.
-  मी तंबाखूचे सर्व प्रकार टाळेन.
-  मी नियमितपणे दंतचिकित्सकाकडे तपासणीसाठी जाईन.
-  मी माझ्या कुटूंबीय आणि मित्रांना त्यांच्या मौखिक आरोग्याची काळजी घेण्यासाठी प्रोत्साहित करेन.



सुदृढ तोंड. सुदृढ शरीर. आनंदी जीवन.







मौखिक आरोग्य दिनाच्या शुभेच्छा!

मौखिक स्वास्थ्य दिवस प्रतिज्ञा



खुश मुख, खुश जीवन

आज मैं यह प्रतिज्ञा करता/करती हूँ कि:

-  मैं दिन में दो बार फ्लोराइड टूथपेस्ट से अपने दांत साफ करूंगा/करूंगी।
-  मैं रोजाना दांतों के बीच की सफाई करूंगा/करूंगी।
-  मैं संतुलित आहार लूंगा/लुंगी और मीठे पदार्थों का सेवन सीमित करूंगा/करूंगी।
-  मैं सभी रूपों में तंबाकू का सेवन नहीं करूंगा/करूंगी।
-  मैं नियमित रूप से दंत चिकित्सक के पास जांच के लिए जाऊंगा/जाऊंगी।
-  मैं अपने परिवार और मित्रों को उनके मौखिक स्वास्थ्य की देखभाल के लिए प्रोत्साहित करूंगा/करूंगी।



स्वस्थ मुख. स्वस्थ शरीर. खुश जीवन.

मौखिक स्वास्थ्य दिवस की शुभकामनाएं!



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION												
5	PLEDGE CEREMONY FOR PUBLIC AND PATIENTS FOR TAKING CARE OF THEIR ORAL HEALTH	Total No of Pledge Ceremony for Public and Patients- 36					Total Participants= 2296					
		20-03-2026	Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai	1	53	59	112	Urban Slums-children and residents	Yes	Yes	Detail report of all the activities is attached	
		23-03-2026	Cama and Albless Hospital	2	-	30	30	Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department	Yes	Yes		
		25-03-2026		3	-	26	26		Yes	Yes		
		30-03-2026		4	-	57	57		Yes	Yes		
		01-04-2026		5	-	19	19		Yes	Yes		
		02-04-2026		6	-	53	53		Yes	Yes		
		03-04-2026		7	-	54	54		Children and caregivers attending Paediatric OPD	Yes		Yes
		06-04-2026		8	-	56	56		General patients and attendants visiting the hospital	Yes		Yes
		08-04-2026		9	-	62	62			Yes		Yes
		13-04-2026		10	-	36	36			Yes		Yes
		15-04-2026		11	-	32	32			Yes		Yes
		20-04-2026		12	-	20	20			Yes		Yes
		23-03-2026		St. George Hospital, Mumbai	13	19	37		56	General patients visiting different hospital departments		Yes
		25-03-2026	14		22	31	53	Yes	Yes			
		30-03-2026	15		39	20	59	Yes	Yes			
		01-04-2026	16		33	42	75	Caregivers and attendants	Yes	Yes		
		06-04-2026	17		23	35	58	Nursing staff and healthcare providers	Yes	Yes		
		08-04-2026	18		31	36	67		Yes	Yes		
15-04-2026	19	29	25		54	Yes	Yes					



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
		Total No of Pledge Ceremony for Public and Patients- 36					Total Participants= 2296				
		23-03-2026	Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai	20	Vision Rescue	13	54	Urban Slums-Children and adolescents, General adult population, High-risk individuals, particularly those with tobacco habits	Yes	Yes	
		23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	21	32	68	100	Anganwadi children and their caregivers along with urban slums residents	Yes	Yes	
		24-03-2026	Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	22	22	36	58	Urban Slums-children and residents and Tobacco and betel nut users	Yes	Yes	
		25-03-2026	Vision Rescue Community center -Kalwa	23	66	34	100	Urban Slums and high risk tobacco chewers	Yes	Yes	
		27-03-2026	Anganwadi's at Mankhurd-Govandi, Mumbai	24	46	54	100	Anganwadi children Teachers Anganwadi workers Parents and caregivers	Yes	Yes	
		27-03-2026	Rashtriya Gramin Vikas Kendra, Kalbhairavnath Laxmibai Bangar vidyalay, Khadki, Pimplagaon	26	43	47	90	School children and teachers	Yes	Yes	
		27-03-2026	Anganwadi kendra, Kolatwadi, D.P road, Ambegaon	27	12	14	26	Anganwadi workers (frontline health workforce) General rural community	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
				Total No of Pledge Ceremony for Public and Patients- 36			Total Participants= 2296				
		27-03-2026	Grampanchayat Karyalay Khadki Ambegaon,Pune	28	10	-	10	Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)	Yes	Yes	
		27-03-2026	Anganwadi kendra,Kolatwadi ,D.P road,Ambegaon		-	42	42	Anganwadi workers (frontline health workforce) General rural community	Yes	Yes	
		30-03-2026	Sai Baba Mandir, Kokri Agar, Sion, Mumbai	27	35	62	97	School children and community members	Yes	Yes	
		30-03-2026	Sathe Nagar,near Baban Tea,Mankhurd west	28	28	33	61	School children and community members	Yes	Yes	
		09-04-2026	Shivanagar, Mankhurd, Mumbai	29	53	67	110	Anganwadi children (early childhood group) Caregivers and parents General residents of urban slums High-risk tobacco users	Yes	Yes	
		10-04-2026	Ghatkopar, Sakinaka, Mumbai	30	38	60	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY




WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
I. ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
		Total No of Pledge Ceremony for Public and Patients- 36					Total Participants= 2296				
		13-04-2026	Ekta Nagar Mankhurd	31	43	61	104	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes	
		17-04-2026	Ashray, near Bandra Post office, Bandra West	32	28	12	40	Residential School/Orphanage for Children	Yes	Yes	
		17-04-2026	New Blossam school, Churchgate	33	94	53	147	School Children	Yes	Yes	
		18-04-2026	Swami Vittaldas Road, Dharavi	34	45	35	80	Urban Slums Children	Yes	Yes	



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

A HAPPY MOUTH is a Happy Life

SELFIE BOOTH

A MONTH LONG EVENT

SMILE TODAY, HEALTHY TOMORROW!



JOIN THE MOVEMENT FOR A HEALTHIER YOU!



BRUSH DAILY
Keep your smile bright



FLOSS REGULARLY
Clean between for a healthier smile



SMILE CONFIDENTLY
A healthy mouth boosts confidence



CHECK-UP REGULARLY
Prevention today, healthy tomorrow



TAKE A SELFIE

- Spread smiles
- Inspire others
- Be a Super Smile Ambassador!

♥ BE A SUPER SMILE AMBASSADOR! ♥
LET'S SPREAD SMILES & HEALTHY LIVES EVERY DAY!



Healthy Mouth, Happy Life!





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



##“Proud of My Mouth” – Selfie Booth Initiative##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai introduced an engaging “**Proud of My Mouth**” **Selfie Booth**, encouraging individuals to celebrate their smiles and become advocates for oral health.

The selfie booth served as a dynamic platform where participants—from children to adults—captured their commitment to maintaining good oral hygiene while promoting the message “**A Happy Mouth is a Happy Life.**” Through fun, interactive visuals and take-home messages such as brushing daily, flossing regularly, and routine dental check-ups, the initiative reinforced key preventive practices.

Participants proudly displayed their smiles as “**Super Smile Ambassadors,**” helping to spread awareness across communities and on digital platforms. The activity not only enhanced engagement but also transformed oral health promotion into a **positive, participatory movement**, inspiring individuals to take ownership of their oral health and motivate others to do the same.

Overall, the selfie booth effectively combined **education, advocacy, and community participation**, making oral health awareness memorable, relatable, and impactful.



ACTIVITIES TARGETING ORAL HEALTH PROMOTION COMPETITION ON THE THEME



CELEBRATING CREATIVITY. PROMOTING ORAL HEALTH.



1. REEL MAKING COMPETITION



Team 1



SHORT REELS
BIG IMPACT



Team 2



CREATIVE MINDS
HEALTHY MESSAGES



Team 3



Team 4



ENGAGE. EDUCATE.
INSPIRE.



Team 5



2. PUPPET MAKING ACTIVITY (DENTAL PUPPETS)



HANDS THAT CREATE
SMILES THAT EDUCATE



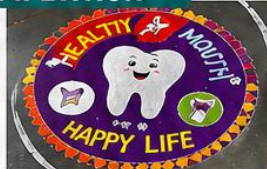
DENTAL PUPPETS
SPREADING AWARENESS



TEAMWORK. CREATIVITY.
COMMUNITY IMPACT.



3. RANGOLI COMPETITION



ART THAT INSPIRES
HEALTHY SMILES



CREATIVITY FOR
COMMUNITY WELL-BEING



COLORFUL MESSAGES
LASTING IMPACT



4. FACE PAINTING ACTIVITY



CREATIVE FACES
HEALTHY SPACES



PAINTING SMILES.
PROMOTING HEALTH.



AWARENESS THAT
SHOWS ON EVERY FACE



TOTAL NO OF
COMPETITIONS
ON THE THEME

4



TOTAL
PARTICIPANTS

70



REEL MAKING
COMPETITION



PUPPET MAKING
ACTIVITY



RANGOLI
COMPETITION



FACE PAINTING
ACTIVITY



CREATIVE MINDS. HEALTHY SMILES. STRONGER COMMUNITY.
Together, let's build a healthier tomorrow!





Competitions for Oral Health Promotion – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai organized **4 creative competitions**, engaging **70 participants** to promote oral health through innovation, expression, and community involvement.

These competitions included **Reel Making, Puppet Making (Dental Puppets), Rangoli, and Face Painting**, each designed to deliver oral health messages in an engaging and relatable manner. Participants showcased their creativity while addressing key themes such as **oral hygiene practices, preventive care, tobacco cessation, and the importance of regular dental check-ups**.

- **Reel Making Competition:** Encouraged students to create short, impactful videos conveying oral health messages, combining digital creativity with awareness.
- **Puppet Making Activity:** Focused on designing dental-themed puppets to educate children and communities through interactive storytelling.
- **Rangoli Competition:** Used traditional art to depict oral health themes, spreading awareness through culturally relevant and visually appealing designs.
- **Face Painting Activity:** Transformed participants into living canvases, promoting oral health messages through expressive and engaging visuals.

These competitions fostered **active participation, teamwork, and innovative thinking**, making oral health promotion more dynamic and memorable. By integrating art, culture, and technology, the initiative successfully translated health messages into **creative expressions with lasting community impact**.

Overall, the competitions strengthened the campaign by encouraging individuals to become **active contributors to oral health awareness**, reinforcing the vision:

“Creative Minds. Healthy Smiles. Stronger Community.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GOVERNMENT DENTAL COLLEGE & HOSPITAL
MUMBAI

DEPARTMENT OF PERIODONTOLOGY &
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



DEPARTMENT OF
PUBLIC HEALTH
DENTISTRY
GDCH, MUMBAI



#GDCH, MUMBAI:
TAKING ORAL HEALTH
AWARENESS TO EVERY HOME!



A MEDIA INITIATIVE | ON DD SAHYADRI सहयाद्री



NATIONAL
PLATFORM
DD SAHYADRI



INFORMATIVE
SESSION &
EXPERT INTERVIEW



INTERACTIVE
TELEPHONIC
DOUBT-RESOLUTION



ORAL HEALTH
AWARENESS
FOR ALL

KEY TOPICS COVERED



Oral Health Awareness
Understanding the importance of
good oral hygiene



Preventive Dental Practices
Daily care, regular check-ups
and early diagnosis



Harmful Effects of Tobacco
Protecting your mouth,
protecting your life



Real-time Interaction
Answering viewers' queries and
building awareness together

**A Happy Mouth is...
A Happy Life.**

**LET'S SPREAD
SMILES &
HEALTHY LIVES
EVERY DAY!**



REACHING HOMES. INSPIRING SMILES. BUILDING HEALTHIER COMMUNITIES.
TOGETHER, FOR A HEALTHIER TOMORROW!



#WorldOralHealthDay | #HappyMouthHappyLife | #GDCHMumbai | #OralHealthAwareness
#DentalHealth | #PreventiveCare | #SayNoToTobacco | #TobaccoFreeIndia | #HealthyIndia



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



#GDCH, Mumbai: Taking Oral Health Awareness to Every Home!#

On the occasion of **World Oral Health Day 2026**, the Department of Periodontology and the Department of Public Health Dentistry, Government Dental College & Hospital (GDCH), Mumbai, extended their outreach beyond clinics and communities to the **national platform of DD Sahyadri**, under the able guidance and constant motivation of the respected Dean, **Dr. Dimple Padawe**.

The special television broadcast featured expert insights from **Dr. Rajesh Gaikwad** and **Dr. Sandhya Chavan**, comprising an engaging blend of **informative discussions, expert interviews, and an interactive telephonic doubt-resolution segment**. The program effectively covered key aspects of **oral health awareness, preventive dental care, and the harmful effects of tobacco use**, while encouraging viewers to adopt healthier lifestyle practices.

A highlight of the session was the **real-time audience interaction**, enabling viewers to clarify their queries directly with experts, thereby enhancing understanding and trust. By leveraging the reach of mass media, the initiative successfully **brought essential oral health messages into households across the region**, making awareness more accessible and impactful.

This media engagement underscores GDCH Mumbai's commitment to **innovative public health communication and community empowerment**, reinforcing the importance of oral health as a vital component of overall well-being.

Aligned with the global theme, **"A Happy Mouth is... A Happy Life,"** the initiative marks a significant step towards building a **healthier, informed, and tobacco-free society**.

🔗 Watch the broadcast: <https://www.youtube.com/watch?v=Ko06Pq1qN-4&list=PPSV>

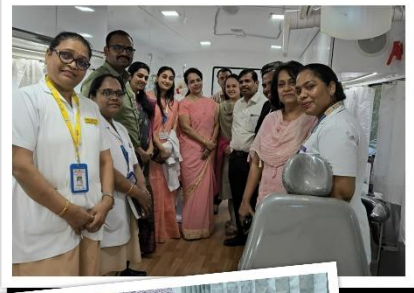
#WorldOralHealthDay #HappyMouthHappyLife #GDCHMumbai #OralHealthAwareness
#DentalHealth #PreventiveCare #PublicHealthDentistry #Periodontology #SayNoToTobacco
#TobaccoFreeIndia #HealthEducation #CommunityOutreach #DDSahyadri
#NationalTelevision #HealthyIndia



ACTIVITIES TARGETING ORAL HEALTH PROMOTION- COMMUNITY LEADERS INTERACTIONS



TOGETHER FOR A HEALTHY SMILE, STRONGER COMMUNITY!



TOTAL NO OF COMMUNITY LEADERS INTERACTIONS

4



TOTAL PARTICIPANTS

110

OUR FOCUS AREAS



AWARENESS

Spreading knowledge about oral health and its importance.



PREVENTION

Encouraging preventive measures and early detection.



COMMUNITY ENGAGEMENT

Collaborating with community leaders to address oral health needs.



PARTNERSHIP

Building strong partnerships for sustainable oral health improvement.



HEALTHY FUTURE

Working together for a cavity-free and healthier community.



A HEALTHY COMMUNITY STARTS WITH A HEALTHY MOUTH!

Together, let's build a healthier and happier tomorrow.





##Community Leaders Interactions for Oral Health Promotion – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted **4 focused interactions with community leaders, engaging a total of 110 participants**. These sessions were organized across community settings including urban slums, Anganwadi centres, and local governance platforms, involving key stakeholders such as **Anganwadi workers, teachers, local leaders, and community representatives**.

The initiative aimed to strengthen the role of community leaders as change agents in oral health promotion by enhancing their knowledge and involvement in preventive care. The interactions focused on:

- **Awareness:** Highlighting the importance of oral health and its link to overall well-being
- **Prevention:** Promoting early detection, regular dental care, and healthy practices
- **Community Engagement:** Encouraging leaders to actively support and mobilize communities
- **Partnership Building:** Developing sustainable collaborations for outreach and public health initiatives
- **Healthy Future:** Working collectively towards a cavity-free and healthier society

These sessions provided a platform for dialogue, capacity strengthening, and collaborative planning, enabling community leaders to integrate oral health into routine community activities.

Overall, the initiative fostered community ownership, leadership involvement, and sustainable health promotion, reinforcing the vision, **“A Healthy Community Starts with a Healthy Mouth.”**

WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
I.	ACTIVITIES TARGETING ORAL HEALTH PROMOTION											
9	COMMUNITY LEADERS INTERACTIONS	Total No of Community Leaders Interactions 4				Total Participants= 110						
		27-03-2026	Grampanchayat Karyalay Khadki Ambegaon,Pune	2	10	0	10	Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)	Yes	Yes	Detail report of all the activities is attached	
		27-03-2026	Anganwadi Kendra,Kolatwadi,D.P road,Ambegaon	3	-	42	42	Anganwadi workers (frontline health workforce) General rural community	Yes	Yes		
		10-04-2026	Rural Hospital, Uran	4	10	12	22	Capacity Building of Medical and Nursing Supritendant, RMO and Nursing staff	Yes	Yes		
		20-04-2026	Regional Mental Hospital,Thane	5	13	23	36	Capacity Building of Medical and Nursing Supritendant, RMO and Nursing staff	Yes	Yes		

ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT

- ORAL HEALTH EXAMS/ AWARENESS CAMPS AT PUBLIC PLACES

DETECT EARLY. TREAT EARLY. SMILE HEALTHY!



TOTAL NO OF ORAL HEALTH EXAMS/ AWARENESS CAMPS AT PUBLIC PLACES

18



TOTAL PARTICIPANTS

1466

WHY IT MATTERS?



EARLY DETECTION

Helps identify oral problems before they become serious.



TIMELY TREATMENT

Ensures prompt care for better and faster recovery.



AWARENESS

Educating the public about oral hygiene and healthy habits.



HEALTHIER COMMUNITIES

Building a society with healthy smiles and better lives.



PREVENTION IS BETTER

Regular check-ups prevent dental diseases.



BETTER QUALITY OF LIFE

Good oral health boosts overall health and confidence.



STRONGER SMILES, HEALTHIER INDIA!

Let's work together for a cavity-free tomorrow.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



#Oral Health Exams & Awareness Camps at Public Places – GDCH, Mumbai#

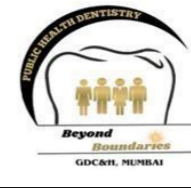
As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted **18 Oral Health Examination and Awareness Camps at public places, reaching a total of 1,466 beneficiaries.**

These camps were strategically organized across urban slums, community centers, Anganwadi centers, temples, and public gathering areas including Mankhurd, Govandi, Kurla, Dharavi, Sion, Bhandup, and Pune, ensuring outreach to underserved and high-risk populations such as children, adolescents, adults, elderly individuals, caregivers, and tobacco users.

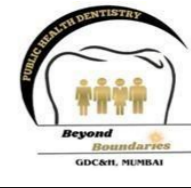
The initiative focused on early detection and timely management of oral diseases through on-site screening, coupled with awareness sessions on oral hygiene practices, diet counselling, and tobacco cessation. Individuals identified with oral health issues were guided for appropriate referral and treatment, promoting continuity of care.

By bringing dental services directly to the community, these camps significantly reduced barriers to access and emphasized the importance of preventive care, regular check-ups, and early diagnosis.

Overall, the program played a vital role in enhancing awareness, promoting healthy behaviours, and improving quality of life, reinforcing the message, “Detect Early. Treat Early. Smile Healthy.”

WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
II												
ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT												
1	ORAL HEALTH EXAMS/ AWARENESS CAMPS AT PUBLIC PLACES	Total No of Oral Health Exams/ Awareness Camps at Public Places- 18				Total Participants= 1466						
		20-03-2026	Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai	1	53	59	112	Urban Slums-children and residents	Yes	Yes	Detail report of all the activities is attached	
		23-03-2026	Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai	2	41	13	54	Urban Slums-Children and adolescents, General adult population, High-risk individuals, particularly those with tobacco habits	Yes	Yes		
		23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	3	32	68	100	Anganwadi children and their caregivers along with urban slums residents	Yes	Yes		
		24-03-2026	Vision Rescue Community Center, Maharashtra	4	22	36	58	Urban Slums-children and residents	Yes	Yes		
		24-03-2026	Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	5	22	36	58	Urban Slums-children and residents and Tobacco and betel nut users	Yes	Yes		
		25-03-2026	Vision Rescue Community	6	66	34	100	Urban Slums and high risk tobacco chewers	Yes	Yes		
		27-03-2026	Grampanchayat Karyalay Khadki Ambegaon, Pune	7				Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)	Yes	Yes		
		30-03-2026	Sai Baba Mandir, Kokri Agar, Sion, Mumbai	8	35	62	97	School children and community members	Yes	Yes		
		30-03-2026	Sathe Nagar, near Baban Tea, Mankhurd west	9	28	33	61	School children and community members	Yes	Yes		
		04-04-2026	Dongri	10	23	19	42	Residents- young adults to geriatric participant	Yes	Yes		
06-04-2026	Bhim Nagar Mankhurd	11	36	44	80	Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes				

WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
II												
ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT												
1	ORAL HEALTH EXAMS/	Total No of Oral Health Exams/ Awareness Camps at Public Places- 18				Total Participants= 1466						
		09-04-2026	Shivanagar, Mankhurd, Mumbai	12	53	67	110	Anganwadi children (early childhood group) Caregivers and parents General residents of urban slums High-risk tobacco users	Yes	Yes		
		10-04-2026	Ghatkopar, Sakinaka, Mumbai	13	38	60	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes		
		13-04-2026	Ekta Nagar Mankhurd	14	43	61	104	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes		
		13-04-2026	Panchratna Society, Jungle Mangal Road, Drakshbaugh Madhu Hospital, Bhandup West 400078	15	65	65	130	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes		
		16-04-2026	Maharashtra H Nagar	16	48	50	98	Urban Slums- Residents including adults, children, and elderly individuals from underserved sections of the community	Yes	Yes		
		18-04-2026	Siddharth Colony, Kurla/Chembur	17	17	67	84	Urban Slums Children	Yes	Yes		
		18-04-2026	Swami Vittaladas Road, Dharavi	18	45	35	80	Urban Slums Children	Yes	Yes		



ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT



- SCREENING AND TREATMENT CAMPS IN SCHOOLS, ANGANWADI CENTRES AND HEALTH CENTRES, INCLUDING MASS TOOTH BRUSHING DEMONSTRATION

DETECT EARLY. TREAT EARLY. SMILE HEALTHY!



TOTAL NO OF CAMPS

28



TOTAL PARTICIPANTS

1874

OUR KEY ACTIVITIES



ORAL SCREENING
Early detection of dental problems for timely treatment.



TREATMENT SERVICES
Providing fillings, extractions and other essential treatments.



SCHOOL & ANGANWADI CAMPS
Reaching children at schools and anganwadi centres for oral care.



MASS TOOTH BRUSHING DEMONSTRATION
Promoting good brushing habits for a cavity-free healthy smile.



ORAL HEALTH AWARENESS
Educating children, parents and communities on oral hygiene.



COMMUNITY OUTREACH
Strengthening access to oral health care in every community.



HEALTHY MOUTH, HEALTHY CHILD, HEALTHY NATION!
Together, let's build a future full of healthy smiles.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**#Screening and Treatment Camps in Schools, Anganwadi Centres and Health Centres –
GDCH, Mumbai#**

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted **28 screening and treatment camps across schools, Anganwadi centres, health centres, and hospital settings, reaching a total of 1,874 beneficiaries.**

These camps were strategically implemented at Cama & Albless Hospital, St. George Hospital, Anganwadi centres in Mankhurd and Govandi, schools, rural hospitals, satellite dental clinics, and community institutions, ensuring comprehensive outreach to children, caregivers, antenatal mothers, general patients, healthcare staff, and rural populations.

The initiative focused on early detection and prompt treatment through oral health screening, along with the provision of basic dental treatments such as fillings, extractions, and preventive care services. A key highlight was the mass tooth brushing demonstrations, especially among school children and Anganwadi groups, aimed at instilling correct brushing techniques and lifelong oral hygiene habits.

In addition, participants received oral health education on diet, hygiene practices, and tobacco cessation, empowering them with knowledge to prevent oral diseases. Individuals requiring advanced care were appropriately referred for further management, ensuring continuity of care. By integrating screening, treatment, education, and demonstration, these camps significantly contributed to improving access to dental care, promoting preventive practices, and building healthier communities, reinforcing the message, “Detect Early. Treat Early. Smile Healthy.”



WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
II ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT												
2	SCREENING AND TREATMENT CAMPS IN SCHOOLS, ANGANWADI CENTRES AND HEALTH CENTRES, INCLUDING MASS TOOTH BRUSHING DEMONSTRATION	Total No of Oral Health Exams/ Awareness Camps at Schools, Anganwadi centres and Health centres- 28				Total Participants= 1874						
		23-03-2026	Cama and Albles Hospital	1	-	30	30	Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department Children and caregivers attending Paediatric OPD General patients and attendants visiting the hospital	Yes	Yes	Detail report of all the activities is attached	
		25-03-2026		2	-	26	26					
		30-03-2026		3	-	57	57					
		01-04-2026		4	-	19	19					
		02-04-2026		5	-	53	53					
		03-04-2026		6	-	54	54					
		06-04-2026		7	-	56	56					
		08-04-2026		8	-	62	62					
		13-04-2026		9	-	36	36					
		15-04-2026		10	-	32	32					
		20-04-2026		11	-	20	20					
		23-03-2026	St. George Hospital, Mumbai	12	19	37	56	General patients visiting different hospital departments Caregivers and attendants Nursing staff and healthcare providers	Yes	Yes		
		25-03-2026		13	22	31	53					
		30-03-2026		14	39	20	59					
		01-04-2026		15	33	42	75					
		06-04-2026		16	23	35	58					
		08-04-2026		17	31	36	67					
		15-04-2026		18	29	25	54					
		23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	19	32	68	100	Anganwadi children and their caregivers along with urban slums residents	Yes	Yes		
		27-03-2026	Anganwadi's at Mankhurd-Govandi, Mumbai	20	46	54	100	Anganwadi children Teachers Anganwadi workers Parents and caregivers	Yes	Yes		
		27-03-2026	Rashtriy Gramin Vikas Kendra, Kalbhairavnath Laxmibai Bangar vidyalay, Khadki, Pimpalgaon	21	43	47	90	School children and teachers	Yes	Yes		
27-03-2026	Anganwadi, Khadki, Pimpalgaon, Pune	22	12	14	26	Anganwadi children (early childhood group)	Yes	Yes				



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
II	ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT										
2	SCREENING AND TREATMENT CAMPS IN SCHOOLS, ANGANWADIS	Total No of Oral Health Exams/ Awareness Camps at Schools, Anganwadi centres and Health centres- 28				Total Participants= 1874					
		27-03-2026	Anganwadi kendra, Kolatwadi, D.P road, Ambegaon	23	-	42	42	Anganwadi workers (frontline health workforce) General rural community	Yes	Yes	
		09-04-2026	Shivanagar, Mankhurd, Mumbai	24	53	67	110	Anganwadi children (early childhood group) Caregivers and parents General residents of urban slums High-risk tobacco users	Yes	Yes	
		10-04-2026	Rural Hospital, Uran	25	59	23	82	Rural Population- adults, children, and elderly individuals	Yes	Yes	
		17-04-2026	Ashray, near Bandra Post office, Bandra West	26	28	12	40	Residential School/Orphanage for Children	Yes	Yes	
		17-04-2026	New Blossam school, Churchgate	27	94	53	147	School Children	Yes	Yes	
		20-03-2026-20-04-2026	Badlapur Satellite Dental Clinic	28	164	106	270	Rural Population- adults, children, and elderly individuals	Yes	Yes	



ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT

- SPECIAL SCREENING AND TREATMENT CAMPS FOR VULNERABLE POPULATION



DETECT EARLY. TREAT EARLY. SMILE HEALTHY!



TOTAL NO OF SPECIAL SCREENING AND TREATMENT CAMPS FOR VULNERABLE POPULATION

8



TOTAL PARTICIPANTS

467

WHY IT MATTERS?



EARLY DETECTION
Helps identify oral problems before they become serious.



TIMELY TREATMENT
Ensures prompt care for better and faster recovery.



AWARENESS
Educating the vulnerable population about oral hygiene and healthy habits.



HEALTHIER COMMUNITIES
Building a society with healthy smiles and better lives.



PREVENTION IS BETTER
Regular check-ups prevent dental diseases.



BETTER QUALITY OF LIFE
Good oral health boosts overall health and confidence.



TOGETHER FOR HEALTHY SMILES & BETTER TOMORROW!





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



#Special Screening and Treatment Camps for Vulnerable Population – GDCH,

Mumbai#

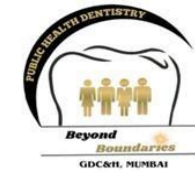
As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted **8 special screening and treatment camps, reaching a total of 467 beneficiaries** from vulnerable and underserved communities.

These camps were organized across urban slum areas including Mankhurd, Govandi, Kurla, Dharavi, and Chembur, as well as at community centres, residential schools/orphanages, and the Regional Mental Hospital, Thane, ensuring targeted outreach to children, adolescents, high-risk individuals, tobacco users, and special care populations.

The initiative focused on early detection of oral diseases, prompt treatment, and preventive care, with services including oral examinations, basic dental treatments, and oral cancer screening for high-risk groups. Special attention was given to individuals with limited access to healthcare, ensuring inclusive and equitable service delivery.

In addition, participants were provided with oral health education on hygiene practices, dietary habits, and the harmful effects of tobacco, empowering them to adopt healthier behaviours. Necessary cases were referred for advanced care and follow-up, ensuring continuity of treatment.

By reaching the most vulnerable sections of society, these camps played a crucial role in reducing health disparities, promoting prevention, and improving overall quality of life, reinforcing the message, “Detect Early. Treat Early. Smile Healthy.”

WORLD ORAL HEALTH DAY 2026
OUTREACH AND EXTENSION ACTIVITIES

Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks	
II	ACTIVITIES TO PROMOTE EARLY DIAGNOSIS/ TREATMENT											
3	SPECIAL SCREENING AND TREATMENT CAMPS FOR VULNERABLE POPULATION	Total No of Special screening and treatment camps for vulnerable population- 8				Total Participants= 467						
23-03-2026		Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai	1	41	13	54	Urban Slums-Children and adolescents, General adult population, High-risk individuals,	Yes	Yes	Detail report of all the activities is attached		
24-03-2026		Vision Rescue Community Center, Maharashtra Nagar	2	22	36	58	Urban Slums-children and residents	Yes	Yes			
24-03-2026		Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	3	22	36	58	Urban Slums-children and residents and Tobacco and betel nut users	Yes	Yes			
16-04-2026		Safed Pul, Kurla	4	32	55	87	Urban Slums-Children	Yes	Yes			
17-04-2026		Ashray, near Bandra Post office, Bandra West	5	28	12	40	Residential School/Orphanage for Children	Yes	Yes			
18-04-2026		Siddharth Colony, Kurla/Chembur	6	17	67	8	Urban Slums Children	Yes	Yes			
18-04-2026		Swami Vittaladas Road, Dharavi	7	45	35	80	Urban Slums Children	Yes	Yes			
20-04-2026	Regional Mental Hospital, Thane	8	-	82	82	Special Care Individuals	Yes	Yes				



ACTIVITIES TO PROMOTE CAPACITY BUILDING -



CONTINUING DENTAL EDUCATION (CDE) PROGRAMS, WEBINARS AND TRAINING FOR HEALTHCARE PROFESSIONALS

..... EMPOWERING KNOWLEDGE. ENHANCING PRACTICE. IMPROVING ORAL HEALTH.



TOTAL NO OF CAPACITY BUILDING WORKSHOPS
4



TOTAL PARTICIPANTS

532

BENEFITS OF CAPACITY BUILDING PROGRAMS



ENHANCED KNOWLEDGE
Updates on latest concepts and practices



IMPROVED SKILLS
Strengthening clinical and communication skills



BETTER PATIENT CARE
Improved oral health outcomes



STRONGER COLLABORATION
Encouraging teamwork across healthcare sectors



HEALTHIER COMMUNITIES
Promoting awareness and preventing oral diseases



LEARNING TOGETHER. GROWING TOGETHER. SERVING BETTER.
Stronger Professionals, Healthier Communities.





#Continuing Dental Education (CDE) Programs, Webinars and Training for Healthcare Professionals – GDCH, Mumbai#

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai conducted 3 **capacity building programs and participated in 1 workshop, engaging a total of 532 participants**, including dental students, interns, nursing staff, and healthcare professionals.

These programs were organized at GDCH Mumbai and Saint George Hospital, focusing on strengthening knowledge, clinical skills, and public health competencies among healthcare providers. The initiative included:

- Oral Health Education Strategies for Special Needs Individuals for dental students, emphasizing inclusive and patient-centered care
- Tobaccology Workshop on Tobacco Cessation Counselling for dental interns, enhancing counselling skills and behavioural intervention techniques
- Maternal and Child Oral Healthcare training for nursing staff, focusing on preventive care during pregnancy and early childhood.

The departmental staff attended the 14th National Workshop to Strengthen WHO MPOWER Policies in India workshop for healthcare professionals, covering evidence-based tobacco control measures and implementation strategies from 14th – 17th April 2026.

- **Key Activities:** Training on evidence-based tobacco cessation strategies and counselling techniques, Chairing of sessions and attended Expert-led sessions on the WHO MPOWER package (Monitor, Protect, Offer help, Warn, Enforce, Raise taxes)

The sessions combined interactive lectures, practical demonstrations, and skill-based training, enabling participants to effectively translate knowledge into clinical and community practice. These capacity building initiatives played a vital role in empowering healthcare professionals, improving quality of care, and strengthening oral health promotion efforts at the grassroots level, ultimately contributing to healthier communities.

“Empowering Knowledge. Enhancing Practice. Improving Oral Health.”



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
III ACTIVITIES TO PROMOTE CAPACITY BUILDING											
1	CONTINUING DENTAL EDUCATION (CDE) PROGRAMS, WEBINARS AND TRAINING FOR HEALTHCARE PROFESSIONALS	Total No of Capacity Building Workshops- 3				Total Participants= 532					
		04-04-2026	GDCH Mumbai	1	48	72	120	Dental Students	Yes	Yes	Oral Health Education Strategies For Special Needs Individuals
		07-04-2026	GDCH mumbai	2	35	65	100	Dental Interns	Yes	Yes	Workshop on Tobacco Cessation Counselling
		08-04-2026	Saint George Hospital, Mumbai	3	16	44	60	Nursing Staff	Yes	Yes	Maternal and Child Oral Healthcare
		14.04.2026-17.04.2026	Vital Stategies, MPOWER Workshop	4	150	102	252	Healthcare Professionals	Yes	Yes	Vital Stategies, MPOWER Workshop



ACTIVITIES TO IMPROVE ACCESS AND UTILIZATION OF ORAL HEALTH CARE SERVICES



- TREATMENT CAMPS -

HEALTHY SMILES, BETTER LIVES!



TOTAL NO OF SPECIAL SCREENING AND TREATMENT CAMPS FOR VULNERABLE POPULATION

3



TOTAL PATIENTS TREATED

434

OUR KEY ACTIVITIES



ORAL EXAMINATION
Thorough oral check-ups to identify dental problems early.



TREATMENT SERVICES
Providing essential dental treatments including extractions, fillings & more.



CARE FOR ALL
Special attention to vulnerable & underserved populations.



AWARENESS & EDUCATION
Educating communities on oral hygiene and preventive care.



BETTER ACCESS
Bringing quality oral health care closer to those in need.



TOGETHER FOR HEALTHY SMILES & BETTER TOMORROW!
Early care today, healthy smiles for life.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



##Treatment Camps for Improving Access to Oral Health Care – GDCH, Mumbai##

As part of World Oral Health Month 2026, the Department of Public Health Dentistry, GDCH Mumbai organized **3 specialized treatment camps, providing care to a total of 434 patients**, with a focused approach towards improving access and utilization of oral health services among vulnerable populations.

These camps were conducted at **Rural Hospital, Uran; Regional Mental Hospital, Thane; and Badlapur Satellite Dental Clinic**, ensuring outreach to rural communities, special care individuals, and underserved populations including adults, children, and the elderly.

The initiative emphasized comprehensive oral health care, including detailed examinations, preventive interventions, and essential treatments such as restorations, extractions, and pain management. Special attention was given to individuals with limited access to dental services, ensuring equitable and inclusive care delivery.

In addition to treatment, beneficiaries were provided with oral health education on hygiene practices, dietary habits, and the importance of regular dental visits, promoting long-term behaviour change. Patients requiring advanced care were guided for appropriate referrals, ensuring continuity of treatment.

By bringing quality dental services closer to those in need, these treatment camps played a crucial role in reducing barriers to care, alleviating disease burden, and enhancing overall health outcomes, reinforcing the message, “Healthy Smiles, Better Lives.”



WORLD ORAL HEALTH DAY 2026 OUTREACH AND EXTENSION ACTIVITIES											
Sr No	Name of Activity	Date of activity	Place of Activity	No of Activity	Male Beneficiaries	Female Beneficiaries	Total Beneficiaries	Target Population	Upto 2 Geotagged photo (Yes/ No)	One Supporting document for each event enclosed (Yes/ No)	Remarks
IV	ACTIVITIES TO IMPROVE ACCESS AND UTILIZATION OF ORAL HEALTH CARE SERVICES										
1	TREATMENT CAMPS	Total No of treatment camps- 3				Total Participants= 434					
		10-04-2026	Rural Hospital, Uran	1	59	23	82	Rural Population- adults, children, and elderly individuals	Yes	Yes	Detail report of all the activities is attached
		20-04-2026	Regional Mental Hospital, Thane	1	-	82	82	Special Care Individuals	Yes	Yes	
		20-03-2026-20-04-2026	Badlapur Satellite Dental Clinic	1	164	106	270	Rural Population- adults, children, and elderly individuals	Yes	Yes	



The above-mentioned oral health promotion activities were strategically designed to reach diverse target populations, ensuring inclusive and equitable care delivery. Special focus was placed on children and underserved groups, who are often at higher risk and have limited access to dental services. Engagement with frontline workers, trainers, and community leaders helped strengthen community-based awareness and sustainability of interventions.

The initiatives also addressed the needs of the general population, promoting preventive practices and early care-seeking behavior. Additionally, priority and high-risk groups were targeted through tailored interventions such as screening, counselling, and treatment services. This comprehensive approach ensured that oral health awareness and services reached all sections of society, contributing to improved community health outcomes.





GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



OUTREACH ACTIVITIES = *for Children* =



*Nurturing Smiles • Inspiring Futures
Reaching Every Child, Everywhere*

♥ School Children • Pre-School Children • Slum Communities ♥
Orphanages • Rehabilitation Centres





OUTREACH ACTIVITIES

for Underserved Groups



Bringing Oral Health Closer. Reaching Every Community.



Urban Slums

Reaching the Unreached.
Creating Healthier Smiles.



Rural Population

Empowering Villages.
Promoting Preventive Care.



Tribal Population

Respecting Culture.
Delivering Inclusive Oral Health.

*Healthy Smiles for Every Community,
No One Left Behind!*



Inclusive Care



Awareness



Prevention



Stronger Communities



A Happy Mouth is a Happy Life – For Every Individual, Every Family, Every Community



OUTREACH ACTIVITIES

for Trainers & Leaders

Empowering Leaders. Strengthening Communities.
Advancing Oral Health.



Teachers

Inspiring Healthy Habits, Shaping Bright Futures



ASHA / Anganwadi Workers

Community Connectors for Better Health



Sarpanch

Leading with Vision for Healthier Villages



Upasarpanch

Supporting Progress, Strengthening Participation



Community Leaders

Mobilizing Communities, Building Awareness



Nurses

Care, Counsel, and Champion Oral Health



Doctors

Guiding, Treating, and Leading by Example

*Trained Leaders Create
Healthier Communities!*



Build Capacity



Spread Awareness



Drive Prevention



Lead with Impact

Strong Trainers. Confident Leaders. Healthier Smiles for All.



OUTREACH ACTIVITIES

for Priority Groups



| *Compassion • Care • Inclusion* |



Special Care Individuals



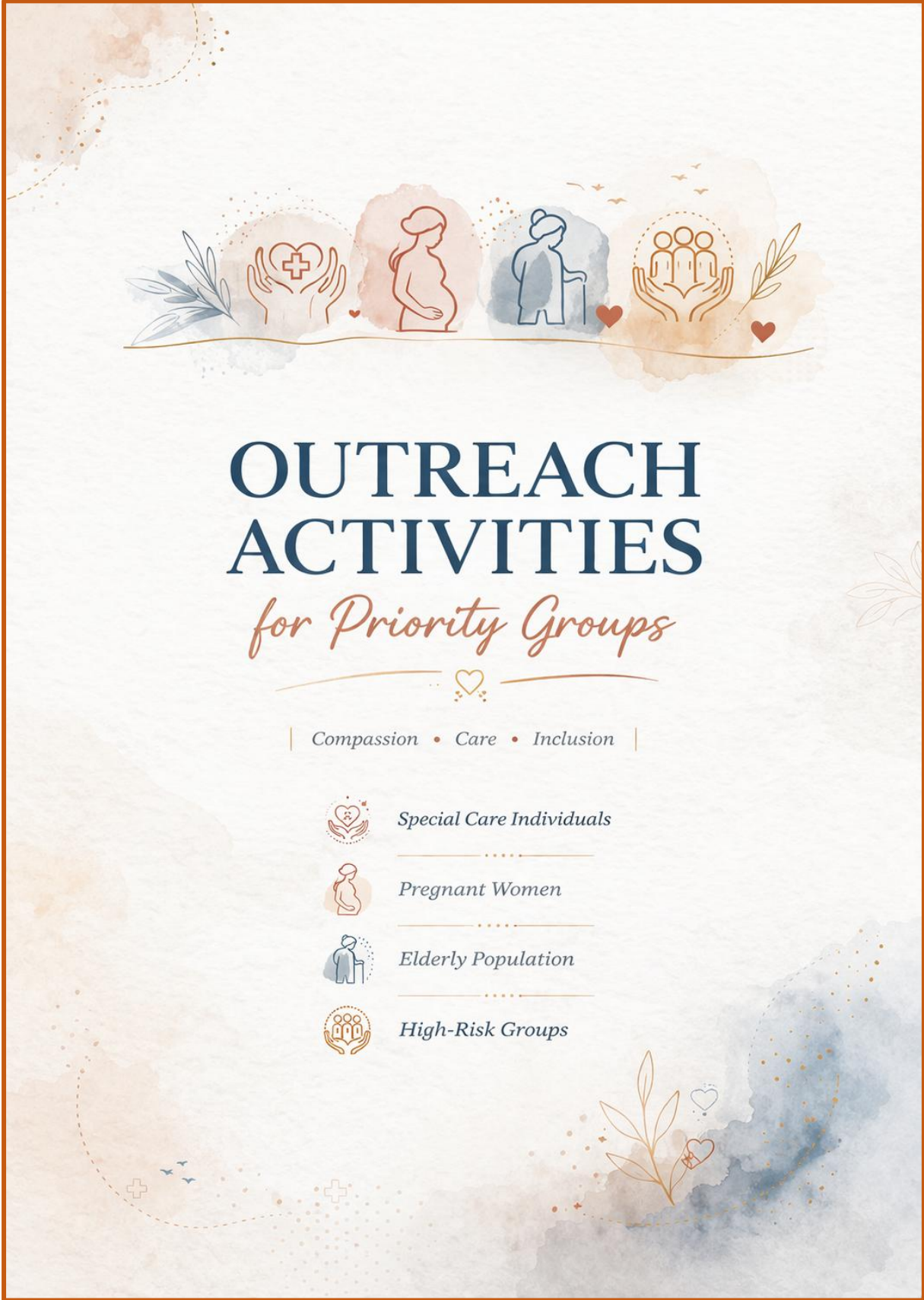
Pregnant Women



Elderly Population



High-Risk Groups





OUTREACH ACTIVITIES
for General Population

..... ♥

Compassion • Awareness • Prevention • Community

- Adolescents**
Building Healthy Smiles, Bright Futures
- Youth**
Empowered Youth, Healthier Communities
- Adults**
Healthy Choices. Healthier Lives.
- Caregivers**
Guiding Care, Growing Smiles
- Parents**
Strong Parents Create Healthy Habits.

*Healthy Habits Today
for Healthier Smiles Tomorrow*

Strong Families | Awareness | Prevention | Community

..... ♥

A Happy Mouth is a Happy Life – For Every Individual, Every Family, Every Community

Conclusion

The “Month for Brighter Smiles and Healthier Lives” campaign stands as a model of integrated, inclusive, and preventive oral healthcare delivery. Through strategic planning, multidisciplinary execution, and strong institutional leadership, the Department successfully translated the vision of: “A Happy Mouth is... A Happy Life” into meaningful, scalable, and impactful community health outcomes.



EVENT

GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES – ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai

Total no of Beneficiaries: 112

Rationale:

Oral health remains an essential yet often neglected component of general health, particularly among underserved populations residing in urban slum settings. Limited access to dental services, inadequate awareness, and competing socioeconomic priorities contribute to a high burden of preventable oral diseases. In alignment with the global advocacy theme “**A Happy Mouth is a Happy Life**”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a community outreach initiative at Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd on 20th March 2026 aimed at improving access to preventive oral healthcare services.

Objectives

- To improve access to oral healthcare services among underserved populations
- To promote preventive oral health practices
- To facilitate early detection of oral diseases
- To enhance awareness regarding oral hygiene and healthy lifestyle practices
- To encourage regular dental visits and timely health-seeking behaviour

Target Population

The outreach programme catered to a diverse and vulnerable population, including:

- Residents of urban slum communities
- Adults and elderly individuals
- Women and caregivers
- Children and adolescents



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted for all participants to assess:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions and infections
- Early signs of oral diseases requiring intervention

Individuals identified with oral health conditions were provided **appropriate counselling and referral** to Government Dental College & Hospital, Mumbai, for further evaluation and treatment.

2. Oral Health Education and Awareness

Structured educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Demonstration of correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Prevention of common dental diseases

3. Behaviour Change Communication

Special emphasis was placed on **community-based health education and behaviour change strategies**, including:

- Promotion of daily oral hygiene practices
- Awareness regarding harmful habits such as tobacco use
- Reinforcement of the importance of periodic dental check-ups

Interactive methods were used to ensure better engagement and understanding among participants.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “Reaching the Unreached with Healthy Smiles” initiative conducted at Ghatkopar successfully demonstrated the effectiveness of community-centered preventive oral healthcare delivery. By providing screening, education, and awareness directly within underserved populations, the programme contributed to improved understanding, early diagnosis, and adoption of healthy oral hygiene practices. It reinforces the importance of sustained outreach initiatives in improving oral health outcomes and overall well-being.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai

Total no of Beneficiaries: 112



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

**GDCH, MUMBAI: MEDIA COVERAGE- REACHING EVERY HOME,
TRANSFORMING EVERY SMILE - A HAPPY MOUTH IS A HAPPY LIFE**

Date: 20/03/2026

Venue: DD Sahyadri, National Broadcasting Platform



**MEDIA COVERAGE- REACHING EVERY HOME, TRANSFORMING EVERY
SMILE**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



***GDCH, MUMBAI: MEDIA COVERAGE- REACHING EVERY HOME,
TRANSFORMING EVERY SMILE - A HAPPY MOUTH IS A HAPPY LIFE***

Date: 20/03/2026

Venue: DD Sahyadri, National Broadcasting Platform

Overview

On the occasion of **World Oral Health Day**, the Departments of Public Health Dentistry and Periodontology, Government Dental College & Hospital, Mumbai, successfully extended their outreach through a **special televised program on DD Sahyadri**, a national broadcasting platform. This initiative was conducted under the **visionary leadership and guidance of the institutional administration**, reflecting a strong commitment towards large-scale public health promotion.

Program Highlights

The televised program was structured to maximize public engagement and awareness, featuring:

- **Expert-led educational session** on oral health and hygiene
- **Interactive interview segment** addressing key dental health concerns
- **Live telephonic interaction**, enabling real-time query resolution for viewers

The program effectively bridged the gap between **clinical expertise and community awareness**, making oral health information accessible to a wide audience.

Key Focus Areas

- Importance of **preventive oral healthcare practices**
- Awareness regarding **oral hygiene and disease prevention**
- Education on the **harmful effects of tobacco use**
- Promotion of **healthy lifestyle habits for overall well-being**

Impact

The broadcast significantly enhanced the reach of oral health education by:

- **Reaching households across the region** through national television
- Encouraging **community participation and engagement**



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Strengthening **public awareness on oral health as an integral part of general health**
- Supporting the movement towards a **tobacco-free and health-conscious society**

Significance

This media initiative highlights the **innovative use of mass communication platforms** by the institution to amplify health education efforts. By leveraging national television, the program ensured that **critical oral health messages transcended clinical settings and reached the general population effectively.**

Conclusion

Aligned with the global message, “**A Happy Mouth is... A Happy Life**” this initiative represents a significant step toward **creating awareness, promoting prevention, and improving community oral health outcomes**, reaffirming the institution’s role as a leader in public health outreach.



#WorldOralHealthDay #GDCHMumbai #OralHealthAwareness #PreventiveCare
#PublicHealthDentistry #Periodontology #SayNoToTobacco #TobaccoFreeIndia
#HealthEducation #CommunityOutreach #DDSahyadri #NationalTelevision #HealthyIndia



EVENT

GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL

Duration: 20 March 2026 – 20 April 2026

Venue: Cama and Albless Hospital



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL

Duration: 20 March 2026 – 20 April 2026

Venue: Cama and Albless Hospital

Total no of Beneficiaries: 445

Rationale:

Oral health is an integral component of overall health, particularly during critical life stages such as pregnancy and early childhood. Despite its importance, oral health is often overlooked within routine maternal and child healthcare services. In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a **month-long Oral Health Promotion Campaign** at Cama & Albless Hospital, Mumbai. This initiative focused on **integrating oral healthcare into maternal and child health services**, recognizing the critical role of oral health in overall well-being, especially among **pregnant women, children, and caregivers**.

Objectives

- To promote oral health awareness among antenatal and paediatric patients
- To emphasize the importance of oral health during pregnancy
- To encourage early childhood oral hygiene practices
- To facilitate early detection of oral diseases
- To integrate oral health education within routine hospital services

Target Population

- Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department
- Children and caregivers attending Paediatric OPD
- General patients and attendants visiting the hospital

Activities Conducted

1. Oral Health Education in OBGY Department

Focused sessions were conducted for **pregnant women attending antenatal clinics** covering the following key areas:



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Importance of oral health during pregnancy
- Hormonal changes and their impact on gums
- Prevention of pregnancy gingivitis and dental infections
- Safe dental practices during pregnancy
- Diet counselling for maternal and fetal oral health

2. Paediatric OPD Oral Health Promotion

Oral health education was provided to children and their caregivers in the Paediatric OPD covering the following key components:

- Age-appropriate brushing techniques
- Importance of primary teeth and early dental visits
- Prevention of Early Childhood Caries (ECC)
- Dietary counselling to reduce sugar exposure

3. Patient Education for General OPD Attendees

Oral health awareness activities were extended to **general patients and attendants** visiting the hospital focusing on:

- Basic oral hygiene practices
- Importance of regular dental check-ups
- Awareness about oral diseases and prevention
- Harmful effects of tobacco use

4. Chairside Counselling and Demonstrations

- Demonstration of proper brushing techniques
- Use of visual aids and models for better understanding
- Individual counselling tailored to patient needs

5. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



This initiative highlighted the importance of embedding oral health within primary healthcare systems, especially in maternal and child health services. By utilizing a hospital-based platform, the campaign ensured consistent, repeated exposure to oral health education, leading to better awareness and long-term impact.

Total Beneficiaries:

Date of Activity	Total
23-03-2026	30
25-03-2026	26
30-03-2026	57
01-04-2026	19
02-04-2026	53
03-04-2026	54
06-04-2026	56
08-04-2026	62
13-04-2026	36
15-04-2026	32
20-04-2026	20
Total	445

Conclusion

The Oral Health Promotion Campaign at Cama & Alpbless Hospital stands as a significant step towards integrated healthcare delivery, emphasizing that oral health is an essential component of overall health. Through sustained efforts, the Department of Public Health Dentistry continues to advance its mission of: “Reaching Every Smile - From Mothers to Children.”



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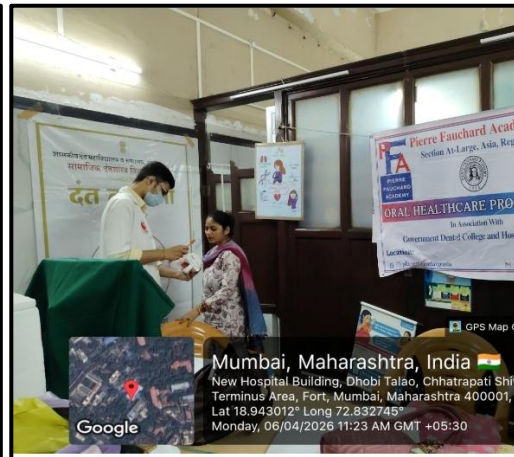


GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL



ONE MONTH LONG ORAL HEALTH SCREENING AND AWARENESS CAMPAIGN AT CAMA & ALBLESS HOSPITAL



EVENT

GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai

Total no of Beneficiaries: 422

Rationale:

In alignment with the global theme “A Happy Mouth is... A Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a month-long Oral Health Promotion Campaign at St. George Hospital, Mumbai. This initiative aimed to integrate oral health into comprehensive healthcare delivery, extending across multiple hospital departments. The campaign focused on general patients, caregivers, and healthcare providers, emphasizing prevention, early diagnosis, and capacity building within the hospital system.

Objectives

- To promote oral health awareness among patients attending various hospital departments
- To integrate oral health into routine hospital care practices
- To encourage preventive oral hygiene behaviours
- To facilitate early detection of oral diseases
- To build capacity among healthcare providers, including nursing staff

Target Population

The campaign catered to a broad and diverse hospital-based population, including:

- General patients visiting different hospital departments
- Caregivers and attendants
- Nursing staff and healthcare providers

The initiative ensured that oral health education was delivered across multiple points of patient care within the hospital system.



Activities Conducted

1. General Patient Awareness and Oral Health Education

Oral health education sessions were conducted across various hospital departments for patients and attendants.

Key Areas Covered:

- Importance of maintaining oral hygiene
- Awareness of common oral diseases and their prevention
- Role of diet and lifestyle in oral health
- Importance of regular dental check-ups
- Harmful effects of tobacco use

2. Opportunistic Oral Health Screening and Referral

Basic oral examinations were conducted among patients across departments to identify:

- Dental caries and periodontal conditions
- Oral mucosal lesions
- Signs requiring further evaluation

Patients requiring care were provided with referrals to Government Dental College & Hospital, Mumbai for further management.

3. Training of Nursing Staff (Capacity Building Initiative)

A structured training programme was conducted for nursing staff to integrate oral health into routine patient care.

Training Modules Covered:

- Basic oral health assessment
- Identification of common oral conditions
- Oral care protocols for hospitalized patients
- Oral health considerations in systemic diseases
- Referral pathways for dental care

4. Chairside Demonstrations and Individual Counselling

- Demonstration of correct tooth brushing techniques
- Use of visual aids and models
- Personalized counselling based on individual patient needs



5. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care

Total no of Beneficiaries

Date of Activity	Male	Female	Total
23-03-2026	19	37	56
25-03-2026	22	31	53
30-03-2026	39	20	59
01-04-2026	33	42	75
06-04-2026	23	35	58
08-04-2026	31	36	67
15-04-2026	29	25	54
Total	196	226	422

Conclusion

The Oral Health Promotion Campaign at St. George Hospital represents a robust model of integrated healthcare delivery, combining patient education, preventive care, and professional training. By embedding oral health into routine hospital practices and empowering healthcare providers, the initiative contributed to sustainable improvements in oral health awareness and outcomes. Aligned with the vision of World Oral Health Day 2026, the programme reinforces: “A Happy Mouth is... A Happy Life—For Every Patient, Every Provider, Every Smile.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai

Total no of Beneficiaries: 422



ONE MONTH LONG ORAL HEALTH SCREENING AND AWARENESS CAMPAIGN AT CAMA & ALBLESS HOSPITAL



EVENT

GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH

MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai

Total no of Beneficiaries: 67

Rationale:

Oral health continues to be a major public health concern among underserved urban communities, where limited access to care, lack of awareness, and high prevalence of risk factors contribute to a significant burden of preventable diseases. As part of the World Oral Health Day 2026 campaign, and in alignment with the global initiative, “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive Oral Health Screening and Education Camp at Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd. This outreach initiative aimed to bring preventive oral healthcare services directly to the community, ensuring accessibility and early intervention.

Objectives

- To promote oral health awareness among underserved populations
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use
- To encourage preventive oral hygiene practices and timely dental care

Target Population

The camp catered to a diverse and underserved urban population, including:

- Children and adolescents
- General adult population
- High-risk individuals, particularly those with tobacco habits

Special emphasis was placed on individuals at risk of oral potentially malignant disorders.



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted for all participants to identify:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants identified with oral health issues were provided with appropriate counselling and referrals to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Tobacco Risk Assessment and Counselling

- Targeted screening of tobacco users for early mucosal changes
- Identification of potential oral precancerous lesions
- One-on-one counselling on the harmful effects of tobacco use
- Guidance on tobacco cessation and behaviour modification

This component emphasized early detection and risk reduction in high-risk groups.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in maintaining oral health
- Prevention of common oral diseases

Participants were encouraged to adopt simple, preventive oral hygiene practices for long-term health benefits.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “Sustaining the Smile” Community Oral Health Mission at Madina Masjid, Janta Nagar, Mandala, Mankhurd successfully translated the global message “A Happy Mouth is a Happy Life” into meaningful community action. By integrating screening, education, and targeted counselling for high-risk individuals, the programme contributed to improved awareness, early detection, and adoption of preventive practices. It reinforces the commitment of the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, towards reaching underserved communities and promoting sustainable oral health outcomes.



GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH

MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai

Total no of Beneficiaries: 67



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.057603° Long 72.937354°
Monday, 23/03/2026 01:44 PM GMT +05:30



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.057591° Long 72.937363°
Monday, 23/03/2026 12:57 PM GMT +05:30



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.057578° Long 72.937366°
Monday, 23/03/2026 11:16 AM GMT +05:30



ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Mumbai, India



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING
ORAL HEALTH FOR ALL**

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Total no of Beneficiaries: 100

Rationale:

Oral health remains a key determinant of overall well-being, yet significant disparities persist among underserved urban populations due to limited access to care and lack of awareness regarding preventive practices. As a continuation of the outreach activities and in alignment with the global initiative under the theme “**A Happy Mouth is a Happy Life**”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Screening and Education Camp** on 23 March 2026 at Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill. The initiative aimed to strengthen community-based oral healthcare delivery through **screening, education, and preventive interventions**.

Objectives

- To enhance oral health awareness among underserved populations
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use
- To promote preventive oral hygiene practices and regular dental care

Target Population

The outreach programme catered to a diverse underserved urban population, including:

- Children and adolescents
- General adult population
- Individuals with tobacco use habits

Special emphasis was placed on high-risk individuals susceptible to oral potentially malignant disorders.



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Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to assess:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants identified with oral health issues were provided with **appropriate counselling and referrals** to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Tobacco Risk Assessment and Counselling

- Focused screening of individuals with tobacco use habits
- Identification of early mucosal changes and suspicious lesions
- One-on-one counselling regarding the harmful effects of tobacco
- Guidance on tobacco cessation and behaviour modification

This component emphasized **early detection and prevention of serious oral diseases**.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in oral health
- Prevention of common dental diseases

Participants were encouraged to adopt **simple, sustainable oral hygiene practices**.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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Conclusion

The “Healthy Mouths, Healthier Lives” initiative successfully extended the impact of prior outreach efforts, reinforcing the importance of sustained community engagement in oral health promotion. By integrating screening, education, and targeted counselling, the programme contributed to improved awareness, early detection, and adoption of preventive practices among underserved populations.



GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Total no of Beneficiaries: 100



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ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

**GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India

Total no of Beneficiaries: 180

Rationale:

Oral health is a vital component of overall health, yet underserved urban populations often face barriers in accessing preventive and curative dental care. Sustained community outreach programmes are essential to bridge this gap and promote equitable healthcare delivery. As part of the continuing outreach initiatives in connection with World Oral Health Day 2026 theme, “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an Oral Health Screening and Education Camp on 24 March 2026 at Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd. The initiative focused on strengthening oral health awareness and delivering essential screening services to underserved populations.

Objectives

- To enhance oral health awareness among underserved communities
- To promote preventive oral hygiene practices
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use

Target Population

The outreach programme catered to a diverse underserved urban population, including:

- Children and adolescents
- General adult population
- Individuals with tobacco use habits

Special emphasis was placed on high-risk individuals vulnerable to oral potentially malignant disorders.



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to identify:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants requiring further care were provided with appropriate counselling and referrals to Government Dental College & Hospital, Mumbai.

2. Tobacco Risk Assessment and Counselling

- Focused screening of tobacco users for early mucosal changes
- Identification of potential precancerous lesions
- Individual counselling on the harmful effects of tobacco use
- Guidance on tobacco cessation and behaviour modification

This component emphasized risk reduction and early intervention.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in oral health
- Prevention of common oral diseases

Participants were encouraged to adopt simple and sustainable oral hygiene practices.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The Oral Health Screening and Education Camp at Maharashtra Nagar, Mankhurd, successfully reinforced the importance of preventive oral healthcare and early detection. Through sustained outreach efforts, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, continues to extend essential oral healthcare services to underserved communities, in alignment with the vision of the FDI World Dental Federation:

“A Happy Mouth is a Happy Life—Extending Oral Health Care to Every Community.”



GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India

Total no of Beneficiaries: 180



ORAL HEALTH EDUCATION AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

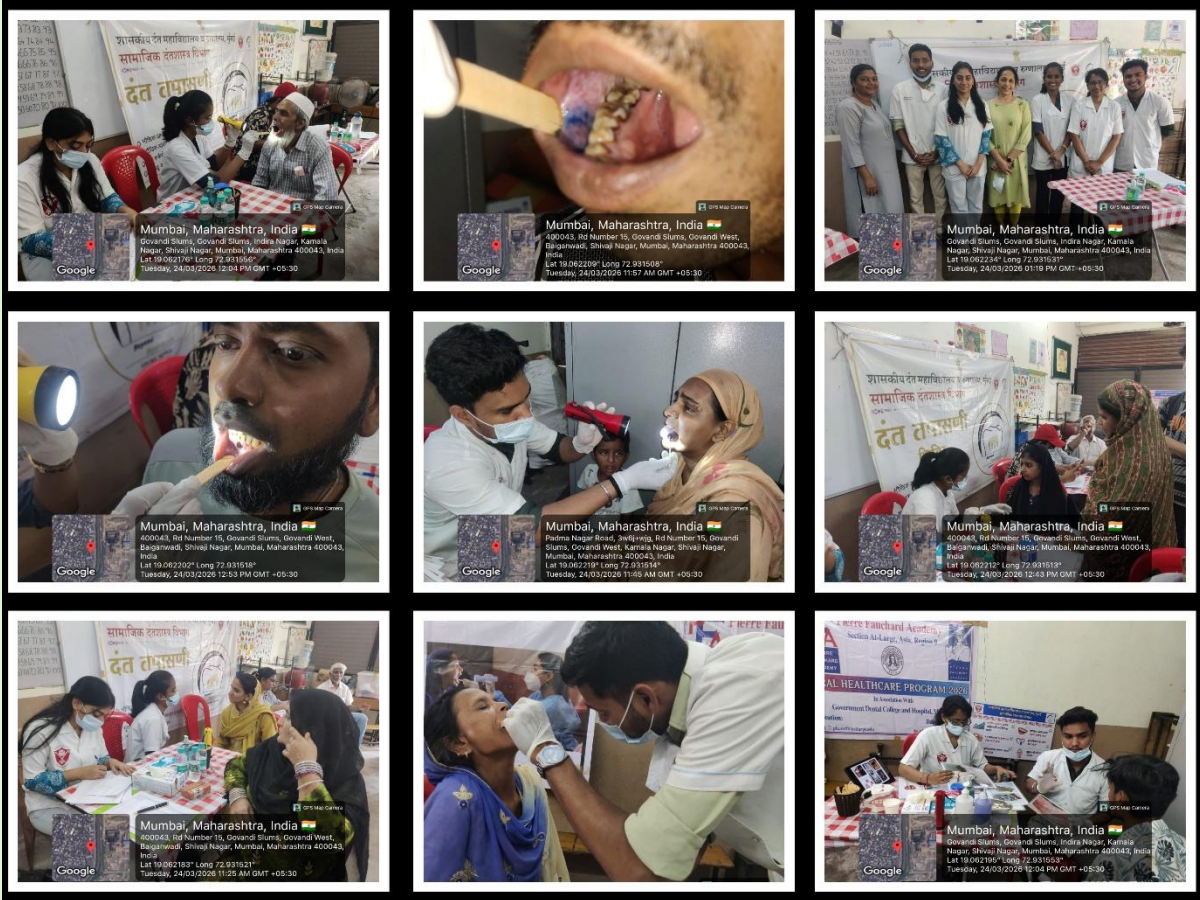


EVENT

**GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT –
 ORAL PRECANCER & CANCER AWARENESS INITIATIVE**

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai



ORAL PRECANCER & CANCER AWARENESS INITIATIVE



**GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT –
ORAL PRECANCER & CANCER AWARENESS INITIATIVE**

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 58

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive outreach activity at Padma Nagar Road, Govandi East on 24/03/2026. The program focused on screening, awareness, and early detection, particularly addressing the growing burden of oral precancer and cancer in the community. Through this initiative, the department reinforced its commitment to community-based preventive care, early diagnosis, and health promotion.

Rationale:

Oral cancer and precancerous conditions represent a significant public health challenge, particularly among underserved populations with high prevalence of risk factors such as tobacco use. Early detection and timely intervention are critical in reducing morbidity and mortality associated with these conditions. The program emphasized prevention, early detection, and community empowerment, aiming to address the growing burden of oral precancer and cancer through integrated community-based interventions.

Objectives

- To facilitate early detection of oral precancerous and cancerous lesions
- To raise awareness regarding risk factors, especially tobacco use
- To promote preventive oral health practices
- To encourage timely diagnosis and treatment-seeking behaviour
- To empower the community through education and self-care commitment

Target Population

The outreach activity catered to a diverse urban community, including:

- General adult population
- Individuals with tobacco use habits (high-risk group)
- Residents of underserved communities
- Adolescents and young adults



Special emphasis was placed on screening high-risk individuals for oral potentially malignant disorders.

Activities Conducted:

1. Screening of oral potentially malignant disorders and oral cancer along with other Oral Health Conditions

A structured screening programme was conducted to assess:

- Dental caries and periodontal diseases
- Oral mucosal lesions
- Early signs of oral potentially malignant disorders and oral cancer

Individuals identified with suspicious lesions were counselled and referred to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Oral Precancer & Cancer Awareness Initiative

Focused awareness sessions were conducted highlighting:

- Identification of major risk factors, particularly tobacco use
- Recognition of early warning signs of oral cancer
- Importance of early diagnosis and timely intervention

This component emphasized life-saving awareness and risk reduction strategies.

3. Community Awareness Program

Interactive educational sessions were conducted covering:

- Daily oral hygiene practices
- Correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Preventive strategies for maintaining oral hygiene

Participants were encouraged to adopt simple, preventive, and sustainable oral health practices.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



This initiative promoted behavioural change and personal responsibility towards oral health.

Conclusion

The Oral Precancer & Cancer Awareness Initiative at Padma Nagar Road, Govandi East successfully demonstrated the impact of community-based prevention, early detection, and empowerment strategies. By addressing high-risk populations and promoting awareness, the programme contributed to improving early diagnosis and preventive behaviours, ultimately enhancing community health outcomes.

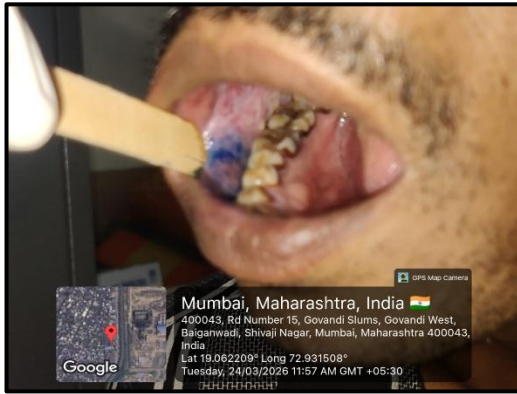


GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT – ORAL PRECANCER & CANCER AWARENESS INITIATIVE

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 58



ORAL PRECANCER & CANCER AWARENESS INITIATIVE AND AWARENESS CAMP



EVENT

**GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-
ORAL HEALTH AWARENESS PROGRAM**

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane



ORAL HEALTH EDUCATION AND TRAINING PROGRAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-
ORAL HEALTH AWARENESS PROGRAM**

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane

Total no of Beneficiaries: 100

Rationale:

Promoting oral health awareness is a cornerstone of preventive healthcare, particularly in communities where access to reliable health information is limited. Education-driven initiatives have the potential to create lasting behavioural change and reduce the burden of oral diseases. In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Awareness Program** on 25 March 2026 at Vision Rescue Community Centre, Kalwa, Thane. The initiative aimed to promote **awareness, preventive oral healthcare practices, and self-responsibility** among patients and community members through education and engagement activities.

Objectives

- To create awareness regarding oral hygiene and preventive dental care
- To promote self-oral healthcare practices
- To encourage healthy lifestyle habits for better oral and overall health
- To engage the community through oral health pledge-taking

Target Population

- Patients and beneficiaries at Vision Rescue
- General community members
- Individuals from underserved populations

Activities Conducted

1. Oral Health Awareness Program

An educational session was conducted focusing on:

- Importance of maintaining oral hygiene
- Correct brushing techniques
- Role of diet in oral health



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Prevention of common dental diseases
- Importance of regular dental check-ups

2. Oral Health Pledge for Self-Care

Participants actively took an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining good oral hygiene practices
- Adopting preventive oral health behaviors

This outreach activity highlights the role of **community-based awareness programs** in promoting preventive oral healthcare, especially among underserved populations.

By focusing on education and empowerment, the initiative contributes towards building a **health-conscious and informed community**.

Conclusion

The program successfully reinforced that **awareness is the first step towards prevention and better health outcomes**. Through continued outreach efforts, the Department remains committed to: **“Reaching Every Smile through Awareness and Action.”**

#OralHealthAwareness #CommunityOutreach #GDCHMumbai #PublicHealthDentistry
#PreventiveCare #HealthySmiles #OralHealthPledge #HappyMouthHappyLife
#HealthEducation



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-ORAL HEALTH AWARENESS PROGRAM

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane

Total no of Beneficiaries: 100



ORAL HEALTH AWARENESS PROGRAM



EVENT

GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE

Date: 27 March 2026

Venue: Anganwadi's at Mankhurd- Govandi, Mumbai



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH
EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE**

Date: 27 March 2026

Venue: Anganwadi's at Mankhurd- Govandi, Mumbai

Total No Beneficiaries: 100

Rationale

Early childhood is a crucial stage for establishing lifelong oral health practices. Strengthening awareness among children, along with active involvement of teachers and caregivers, plays a vital role in preventing oral diseases and promoting healthy behaviors. As part of the **World Oral Health Month 2026** initiatives aligned with the global message, “**A Happy Mouth is a Happy Life**”, Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized an **Oral Health Education and Screening Camp on 27/03/2026** for various Anganwadi's at Mankhurd. The program integrated education, screening, and a self-care pledge to reinforce preventive oral health practices among Anganwadi children and their support system.

Objectives

- To promote oral health awareness among Anganwadi children
- To educate teachers and caregivers on preventive oral healthcare
- To conduct oral health screening for early detection of dental problems
- To encourage self-oral health care through pledge-based commitment

Target Population

The outreach programme focused on:

- Anganwadi children
- Teachers and Anganwadi workers
- Parents and caregivers



Activities Conducted

1. Oral Health Screening

- Comprehensive oral examinations were carried out for children
- Assessment included dental caries, oral hygiene status, and early dental issues
- Children requiring further care were guided for appropriate follow-up

2. Oral Health Education and Awareness

- Interactive sessions conducted using child-friendly methods
- Demonstrations of correct tooth brushing techniques
- Education on the importance of oral hygiene and healthy dietary habits
- Guidance provided to teachers and caregivers on supervising children's oral care

3. Self Oral Health Care Pledge

- Participants actively took a pledge to maintain good oral hygiene practices
- Children, teachers, and caregivers committed to:
 - Brushing teeth twice daily
 - Reducing sugar intake
 - Practicing healthy oral habits
 - Seeking timely dental care

Conclusion

The Oral Health Education and Screening Camp at Ghatkopar successfully emphasized the importance of **early intervention, awareness, and preventive care.**

By combining screening, education, and a self-care pledge, the initiative created a strong foundation for long-term oral health practices among children and their support systems.

The programme reinforces, **“A Happy Mouth is a Happy Life—Built on Early Habits, Guided by Caregivers, Sustained by Commitment.”**



EVENT

**GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION
INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE**

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune



**COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI
VILLAGE**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION
INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE**

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune

Total no of Beneficiaries: 150+

Introduction

In alignment with the global campaign theme “A Happy Mouth is... A Happy Life,” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive Community-Based Oral Health Promotion Initiative on 27 March 2026 at Khadki Village, Ambegaon Taluka, Pune. The program was designed to integrate oral health promotion across multiple levels of the community, including school children, grassroots governance leaders, Anganwadi beneficiaries, and frontline health workers. This multi-tiered approach ensured sustainable awareness, behavioral change, and capacity building, reinforcing the vision of reaching every individual through impactful outreach.

Objectives

- To promote oral health awareness among children and the community
- To encourage preventive oral hygiene practices from an early age
- To build community leadership engagement in oral health promotion
- To strengthen early childhood oral health interventions
- To empower Anganwadi workers as oral health educators

Target Population

- School children and teachers
- Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)
- Anganwadi children (early childhood group)
- Anganwadi workers (frontline health workforce)
- General rural community



Activities Conducted

1. Oral Health Education Session for School Children

An interactive and engaging oral health education session was conducted for approximately 150 school children.

Key Components:

- Demonstration of correct brushing technique (2×2 rule)
- Awareness on importance of oral hygiene and healthy dietary habits
- Discussion on prevention of dental caries and gum diseases
- Interactive Q&A session to enhance understanding

Oral Health Pledge:

Students and teachers collectively took an Oral Health Pledge, reinforcing daily preventive practices and commitment towards maintaining oral hygiene.

Impact:

- Improved awareness and knowledge among children
- Encouraged formation of lifelong healthy oral habits
- Active participation enhanced retention and engagement

2. Capacity Building of Village Leadership

A dedicated oral health awareness and orientation session was conducted for:

- Sarpanch
- Upsarpanch
- Gram Panchayat members

Village leaders were motivated to act as “Oral Health Promoters”, enabling community-level advocacy and sustainability of the initiative by focusing on

- Importance of oral health as a component of overall health
- Role of local governance in promoting community health initiatives
- Strategies to integrate oral health into village-level programs

3. Anganwadi Children Engagement – Learning Through Stories & Songs

Special sessions were conducted for young children in Anganwadis, using age-appropriate and creative teaching methods.



Methods Used:

- Storytelling on “healthy teeth and habits”
- Rhymes and songs promoting brushing and hygiene
- Visual and playful demonstrations

Impact:

- Simplified oral health concepts for early learners
- Created a positive and enjoyable learning environment
- Encouraged early adoption of hygiene practices

4. Training of Trainers (ToT) – Anganwadi Workers

A structured Training of Trainers (ToT) session was conducted for Anganwadi workers to build long-term community capacity.

Training Modules Covered:

- Early Childhood Caries (ECC): Identification, prevention, and management
- Oral Health in Pregnancy: Antenatal oral care and its importance
- Basic Oral Hygiene Practices: Brushing, diet, and preventive care
- Referral Pathways: Identifying cases requiring dental consultation
- Role of Anganwadi Workers as first-line oral health educators

Outcome:

- Enhanced knowledge and skills of frontline workers
- Strengthened community-based oral health delivery system
- Created a sustainable model for continuous oral health education

Overall Impact

This outreach initiative successfully demonstrated a holistic, community-centered approach to oral health promotion:

- Educated 150+ school children
- Engaged community leadership for long-term impact
- Reached early childhood groups through innovative methods
- Empowered Anganwadi workers as oral health ambassadors

The program exemplifies how multi-level engagement—from children to policymakers to frontline workers—can create a ripple effect in improving community oral health. By



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



aligning with the World Oral Health Day theme, the initiative reinforced that: “A Happy Mouth is... A Happy Life” is not just a message, but a community-driven movement towards better health and well-being.

Conclusion

The outreach activities at Khadki Village stand as a model for integrated rural oral health promotion, combining education, empowerment, and engagement. Such initiatives play a vital role in bridging healthcare gaps, promoting prevention, and building healthier communities from the grassroots level, truly reflecting the spirit of: “Reaching Every Smile.”



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune

Total no of Beneficiaries: 150+



ORAL HEALTH AWARENESS PROGRAM AT SCHOOL



ORAL HEALTH AWARENESS PROGRAM FOR ANGANWADI CHILDREN AND TEACHERS



ORAL HEALTH AWARENESS PROGRAM AT GRAM PANCHAYAT OFFICE



EVENT

GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai

Total no of Beneficiaries: 97

Rationale:

In continuation of the World Oral Health Month initiatives and in alignment with the global theme “A Happy Mouth is... A Happy Life,” the **Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai**, conducted an Oral Health Education and Awareness Camp on 30 March 2026. The activity was aimed at promoting **self-oral healthcare practices among patients and the general community**, with a focus on prevention, awareness, and individual responsibility towards maintaining optimal oral health. Through this initiative, the department reinforced its commitment to **community-based oral health promotion and preventive healthcare delivery**.

Objectives

- To create awareness regarding basic oral hygiene practices
- To promote self-care and preventive oral health behaviours
- To educate individuals about the importance of maintaining oral health for overall well-being
- To encourage community participation through oral health pledge-taking

Target Population

- School children
- General community members
- Individuals from varied socio-economic backgrounds

No of Beneficiaries: 97 community members

Activities Conducted

1. Oral Health Education & Awareness Session

A structured educational session was conducted focusing on:



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Importance of daily oral hygiene practices
- Correct brushing techniques
- Role of diet in oral health
- Prevention of common dental problems
- Importance of regular dental check-ups

2. Comprehensive Oral health Screening

Comprehensive oral examinations were conducted at the camp site by trained dental professionals

- Screening included assessment for dental caries, periodontal diseases, and oral mucosal lesions
- Special focus was given to identifying early signs of oral potentially malignant disorders in high-risk individuals
- Oral hygiene status and overall treatment needs were systematically evaluated
- Participants received individualized feedback and counselling based on findings

Suspected and complex cases were identified and referred to Government Dental College and Hospital, Mumbai for further evaluation and management

3. Oral Health Pledge for Self-Care

Participants actively took part in an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining proper oral hygiene
- Reducing harmful habits
- Adopting a preventive approach to oral health

This outreach initiative highlights the importance of community-based oral health promotion in accessible public spaces, ensuring that health education reaches individuals in their everyday environments. By focusing on self-care and empowerment, the program contributes to building a more health-conscious and proactive community.

Conclusion

The camp successfully reinforced that small daily habits can lead to significant improvements in oral and overall health. Through awareness, education, and commitment, the initiative truly reflected the spirit of: “Reaching Every Smile, One Step at a Time.”



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai

Total no of Beneficiaries: 150



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ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west



Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043



Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043
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Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043
Lat 19.0541129 Long 72.9332269
Place Code: 7.8F2JW84+J7
Monday, 30/03/2026 11:23 AM
+0530



Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043

ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west

Total no of Beneficiaries: 61

Rationale:

In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Screening and Awareness Camp** on 30 March 2026 at Sathe Nagar, Mankhurd West. The initiative aimed to promote **preventive oral healthcare, early diagnosis, and self-care practices** among patients and the general community, reinforcing the importance of oral health as an integral part of overall well-being.

Objectives

- To conduct oral health screening for early detection of dental diseases
- To create awareness regarding oral hygiene and preventive practices
- To promote self-oral healthcare and healthy habits
- To encourage community participation through oral health pledge

Target Population

- Patients attending the camp
- General community members
- Individuals from underserved and urban populations

Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were carried out for patients to identify:

- Dental caries
- Periodontal conditions
- Oral lesions and other abnormalities

Patients requiring further treatment were advised and referred appropriately.



2. Oral Health Education & Awareness

Educational sessions were conducted focusing on:

- Proper brushing techniques
- Importance of maintaining oral hygiene
- Role of diet in oral health
- Prevention of common dental diseases

3. Oral Health Pledge for Self-Care

Participants actively took an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining good oral hygiene practices
- Adopting preventive approaches to oral health

This outreach activity highlights the importance of community-based screening and education programs, especially in urban and underserved areas. By combining screening, awareness, and pledge-taking, the initiative ensured both immediate and long-term impact.

Conclusion

The camp successfully demonstrated that awareness combined with early detection can significantly improve oral health outcomes. Through such initiatives, the Department continues to advance its mission of: “Reaching Every Smile through Prevention, Awareness, and Care.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west

Total no of Beneficiaries: 61



ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: “EXPRESS, EDUCATE, EMPOWER – THROUGH EVERY SMILE”- CREATIVE SMILE FEST

Date: 30/03/2026

Venue: Government Dental College and Hospital, Mumbai

1. REEL MAKING COMPETITION

SHORT REELS BIG IMPACT | **CREATIVE MINDS HEALTHY MESSAGES** | **ENGAGE. EDUCATE. INSPIRE.**

2. PUPPET MAKING ACTIVITY (DENTAL PUPPETS)

HANDS THAT CREATE SMILES THAT EDUCATE | **DENTAL PUPPETS SPREADING AWARENESS** | **TEAMWORK. CREATIVITY. COMMUNITY IMPACT.**

3. RANGOLI COMPETITION

ART THAT INSPIRES HEALTHY SMILES | **CREATIVITY FOR COMMUNITY WELL-BEING** | **COLORFUL MESSAGES LASTING IMPACT**

4. FACE PAINTING ACTIVITY

CREATIVE FACES HEALTHY SPACES | **PAINTING SMILES. PROMOTING HEALTH.** | **AWARENESS THAT SHOWS ON EVERY FACE**

CREATIVE SMILE FEST



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: “EXPRESS, EDUCATE, EMPOWER – THROUGH EVERY SMILE”- CREATIVE SMILE FEST

Date: 30/03/2026

Venue: Government Dental College and Hospital, Mumbai

Rationale

Creative engagement plays a pivotal role in strengthening health promotion by transforming knowledge into meaningful expression. In academic settings, such initiatives encourage students to internalize public health messages while enhancing their communication and advocacy skills. In alignment with the global vision of the FDI World Dental Federation and the theme “**A Happy Mouth is a Happy Life**”, the Creative Smile Fest was organized as an innovative platform to integrate **oral health promotion with creativity, expression, and student participation**. The event aimed to inspire future dental professionals to become **effective oral health ambassadors**, using creative mediums to spread awareness and influence community behaviour.

Target Group

- Undergraduate and internship-level dental students

Activities Conducted

A series of creative competitions were organized to engage students in diverse forms of expression:

1. Reel Making Competition

- Students created short digital videos focusing on oral health awareness
- Emphasis on innovative messaging, creativity, and social media impact

2. Puppet Making Activity

- Participants designed puppets to communicate oral health messages
- Focus on interactive and child-friendly health education approaches

3. Rangoli Competition

- Thematic rangoli designs depicting oral health concepts
- Integration of traditional art with preventive health messaging



4. Face Painting Activity

- Artistic representation of oral health themes through face painting
- Promoted visual storytelling and awareness in an engaging format

The Creative Smile Fest demonstrates the importance of **integrating creativity with health promotion**. By involving future dental professionals in innovative activities, the initiative contributes to:

- Development of **effective oral health communicators**
- Promotion of **community-oriented dental practice**
- Expansion of outreach through **digital and visual media platforms**

Such initiatives play a key role in building a workforce capable of delivering **impactful, culturally relevant, and engaging health messages**.

Conclusion

The **Creative Smile Fest** – “Express, Educate, Empower – Through Every Smile” successfully created a dynamic platform for dental students to translate knowledge into action through creativity. By combining art, media, and public health, the initiative reinforced the importance of **innovative approaches in oral health promotion**, aligned with the vision of the FDI World Dental Federation: “A **Happy Mouth is a Happy Life—Powered by Creativity, Driven by Awareness.**”



EVENT

GDCH, MUMBAI: COMMUNITY CONNECT – ORAL HEALTH AWARENESS & SCREENING INITIATIVE

Date: 04/04/2026

Venue: Dongri, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: COMMUNITY CONNECT – ORAL HEALTH AWARENESS & SCREENING INITIATIVE

Date: 04 April 2026

Venue: Dongri, Mumbai

Total no of Beneficiaries: 42

Rationale

Oral health needs across communities vary significantly with age, lifestyle, and access to healthcare services. Urban populations, particularly in densely populated areas, often face challenges related to awareness, preventive practices, and timely access to care. The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted a Community Oral Health Education and Screening Camp on 04 April 2026 at Dongri, Mumbai. Aligned with the global theme “A Happy Mouth is a Happy Life”, the initiative aimed to address oral health needs across a diverse age group through education and early detection.

Objectives

- To promote oral health awareness across different age groups
- To encourage preventive oral hygiene practices
- To facilitate early detection of oral diseases
- To improve health-seeking behaviour within the community

Target Population

- Young adults
- Middle-aged individuals
- Elderly population
- Community residents from diverse socio-economic backgrounds

Core Activities Conducted

1. Community Oral Health Education

- Awareness sessions conducted focusing on:
 - Importance of oral hygiene
 - Preventive care practices
 - Impact of diet and lifestyle on oral health



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Tailored messages delivered to suit different age groups

2. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment included:
 - Dental caries
 - Periodontal health
 - Oral hygiene status
- Identification and referral of individuals requiring further care

Conclusion

The Community Oral Health Awareness and Screening Camp at Dongri successfully highlighted the importance of accessible, inclusive, and preventive oral healthcare services.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: COMMUNITY CONNECT – ORAL HEALTH AWARENESS & SCREENING INITIATIVE

Date: 04 April 2026

Venue: Dongri, Mumbai

Total no of Beneficiaries: 42



Mumbai, Maharashtra, India
Ground Floor Shop No 1, Ashtavinayak Building,
Umerkhandi, Mumbai, Maharashtra 400009, India
Lat 18.959676° Long 72.835966°
Saturday, 04/04/2026 11:34 AM GMT +05:30



Mumbai, Maharashtra, India
Xr5p+wc7, Umerkhandi, Mumbai, Maharashtra
400009, India
Lat 18.9598° Long 72.836023°
Saturday, 04/04/2026 11:37 AM GMT +05:30



Mumbai, Maharashtra, India
Xr5p+wc7, Umerkhandi, Mumbai, Maharashtra
400009, India
Lat 18.959782° Long 72.836004°
Saturday, 04/04/2026 12:52 PM GMT +05:30



Mumbai, Maharashtra, India
Ground Floor Shop No 1, Ashtavinayak Building,
Umerkhandi, Mumbai, Maharashtra 400009, India
Lat 18.959704° Long 72.835939°
Saturday, 04/04/2026 11:37 AM GMT +05:30

ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: EMPOWERING COMMUNITIES FOR A LIFETIME OF HEALTHY SMILES- ORAL HEALTH SCREENING, EDUCATION & SELF-CARE PLEDGE CAMP

Date: 06/04/2026

Venue: Bhim Nagar, Mankhurd (East), Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EMPOWERING COMMUNITIES FOR A LIFETIME OF
HEALTHY SMILES- ORAL HEALTH SCREENING, EDUCATION & SELF-CARE
PLEDGE CAMP**

Date: 06/04/2026

Venue: Bhim Nagar, Mankhurd (East), Mumbai

Total no of Beneficiaries:

Rationale

Community-based oral health initiatives play a vital role in early detection, prevention, and awareness of oral diseases, especially in underserved populations. Bhim Nagar, Mankhurd (E), represents a community where access to preventive oral healthcare and awareness remains limited. This camp was conducted to bridge this gap by delivering essential oral healthcare services and promoting self-care practices.

Aim

To improve oral health awareness, facilitate early diagnosis of oral diseases, and encourage self-care practices among the community through education and engagement.

Objectives

- To conduct comprehensive oral health screening for early detection of dental conditions
- To provide targeted oral health education to individuals and families
- To promote preventive practices and healthy oral hygiene habits
- To administer a **Self-Care Oral Health Pledge** to reinforce behavioural change
- To refer patients requiring further treatment to appropriate healthcare facilities

Target Population

Residents of Bhim Nagar, Mankhurd (E), including adults, children, and elderly individuals from underserved sections of the community.

Program Highlights

The camp was successfully conducted with active participation from faculty, interns, and community members.

- **Oral Health Screening:**

A large number of beneficiaries were screened for dental caries, periodontal diseases,



oral lesions, and other conditions. Individuals requiring further care were appropriately referred to Government Dental College & Hospital, Mumbai.

- **Oral Health Education:**

Participants were educated on:

- Proper tooth brushing techniques
- Importance of oral hygiene and diet counselling
- Harmful effects of tobacco on oral and general health
- Preventive strategies for maintaining oral health

- **Self-Care Oral Health Pledge:**

A key highlight of the camp was the administration of a **Self-Care Oral Health Pledge**, where participants committed to maintaining daily oral hygiene practices, adopting healthy lifestyles, and avoiding harmful habits.

Community Engagement

The program emphasized **interactive communication**, ensuring that participants were actively involved through demonstrations, one-to-one counselling, and open discussions. This approach enhanced understanding and encouraged long-term behaviour change.

Conclusion

The Oral Health Screening, Education & Self-Care Pledge Camp at Bhim Nagar, Mankhurd (E), was a meaningful step toward promoting preventive oral healthcare at the grassroots level. The initiative successfully combined **screening, education, and behavioural commitment**, contributing to the larger goal of improving community oral health outcomes.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING COMMUNITIES FOR A LIFETIME OF HEALTHY SMILES- ORAL HEALTH SCREENING, EDUCATION & SELF-CARE PLEDGE CAMP

Date: 06/04/2026

Venue: Bhim Nagar, Mankhurd (East), Mumbai

Total no of Beneficiaries:



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: STRENGTHENING TOBACCO CONTROL THROUGH ETHICAL INTEGRITY AND CONFLICT OF INTEREST COMPLIANCE

Date: 06/04/2026

Venue: Government Dental College & Hospital, Mumbai

Website Link: <https://gdcmbai.edu.in/conflict-of-interest/>



CONFLICT OF INTEREST DECLARATION- TOBACCO CONTROL
COMMITMENT



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: STRENGTHENING TOBACCO CONTROL THROUGH ETHICAL INTEGRITY AND CONFLICT OF INTEREST COMPLIANCE

Date: 06/04/2026

Venue: Government Dental College & Hospital, Mumbai

Website Link: <https://gdcmbai.edu.in/conflict-of-interest/>

Rationale

Tobacco use remains one of the leading causes of preventable morbidity and mortality globally, significantly impacting individuals, families, and communities. Recognizing the pervasive influence of the tobacco industry on public health policies, the Government Dental College & Hospital (GDCH), Mumbai has taken a proactive leadership role in ensuring ethical integrity in tobacco control efforts. The institution aligns its initiatives with the WHO Framework Convention on Tobacco Control (WHO-FCTC), particularly Article 5.3, which addresses the protection of public health policies from tobacco industry interference.

Policy Alignment & Institutional Commitment

In accordance with the Ministry of Health and Family Welfare (MoHFW), Government of India (7th July 2020) code of conduct and directives from the Dental Council of India (24th August 2020), GDCH, Mumbai has ensured strict implementation of conflict-of-interest guidelines across all institutional activities.

The institution stands as one of the leading and pioneering dental colleges in India to actively adopt and operationalize these policies, reinforcing its commitment to transparent and ethical public health practices.

Core Interventions & Institutional Practices

GDCH, Mumbai has institutionalized a comprehensive framework to prevent tobacco industry interference, including:

- Promotion of a tobacco-free and addiction-free environment within institutional and community settings
- Integration of tobacco cessation, prevention, and awareness programs into outreach and academic activities



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Enforcement of ethical, transparent, and accountable practices in all public health initiatives
- Active resistance to tobacco industry influence in research, funding, and policy engagement

Conflict of Interest Declaration

GDCH, Mumbai has formally declared a zero-tolerance policy towards tobacco industry association, ensuring that:

- No direct or indirect collaboration with the tobacco industry is undertaken
- No financial or in-kind support, sponsorship, or funding is accepted from tobacco-related entities
- No investment relationships exist with tobacco-associated organizations
- No endorsement or promotion of tobacco-related activities is permitted
- Continuous efforts are made to prevent interference in public health policies and programs

Impact & Significance

This initiative reinforces GDCH, Mumbai's role as a model institution in ethical tobacco control, contributing to:

- Strengthening evidence-based public health governance
- Building trust and credibility in institutional practices
- Supporting national and global efforts toward a tobacco-free society
- Protecting vulnerable populations from industry-driven health risks

Conclusion

Through strict adherence to conflict-of-interest principles and proactive implementation of WHO-FCTC guidelines, GDCH, Mumbai exemplifies leadership in ethical public health practice. This initiative marks a significant step towards achieving a healthier, tobacco-free future, reinforcing the institution's commitment to safeguarding community health.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: STRENGTHENING TOBACCO CONTROL THROUGH ETHICAL INTEGRITY AND CONFLICT OF INTEREST COMPLIANCE

Date: 06/04/2026

Venue: Government Dental College & Hospital, Mumbai

Website Link: <https://gdcmbai.edu.in/conflict-of-interest/>

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MUMBAI

- TOBACCO CONTROL INITIATIVE -

- Implementation of Institutional Conflict of Interest Policy.
- In accordance with WHO Framework Convention on Tobacco Control (Article 5.3).
- Adherence to Government of India, MoHFW Code of Conduct Guidelines.
- Upholding principles of Transparency, Integrity and Accountability.
- Protection from direct indirect Tobacco Industry Influence.

"Dedicated to safe guarding public health from tobacco industry influence."



**CONFLICT OF INTEREST DECLARATION- TOBACCO CONTROL
COMMITMENT**



EVENT

**GDCH, MUMBAI: TOBACCOLOGY TRAINING PROGRAM 2026
“TOBACCO DEPENDENCE TREATMENT TRAINING – LEVEL 1”**

Date: 07/04/2026

Venue: Swadhyay Hall, Government Dental College & Hospital, Mumbai

In association with: LifeFirst



TOBACCOLOGY TRAINING PROGRAM 2026



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: TOBACCOLOGY TRAINING PROGRAM 2026
“TOBACCO DEPENDENCE TREATMENT TRAINING – LEVEL 1”**

Date: 07/04/2026

Venue: Swadhyay Hall, Government Dental College & Hospital, Mumbai

In association with: LifeFirst

Total no of Participants:

Rationale

In alignment with the theme of World Oral Health Day 2026 and on occasion of World Health Day, the Department of Public Health Dentistry conducted a value-added Tobaccology Training Program to empower dental interns with critical competencies in tobacco cessation. With tobacco use being a leading risk factor for oral cancer and systemic diseases, dental professionals are uniquely positioned to identify, counsel, and support patients toward cessation. This program aimed to bridge the gap between theoretical knowledge and practical counselling skills.

Objectives

- To enhance knowledge of tobacco products, patterns of use, and health consequences
- To understand nicotine dependence and behavioural addiction
- To develop advanced counselling and motivational interviewing skills
- To train interns in evidence-based tobacco cessation strategies
- To implement structured approaches such as the **5A's and 5R's model**
- To integrate tobacco cessation into routine dental care

Guest Speakers:

- **Dr. Dinesh Jagiasi** – Expert in public health program implementation
- **Ms. Ratandeep Chawla** – Specialist in addiction counselling and behavioural therapy

Their sessions provided valuable real-world insights into counselling strategies and public health interventions.



Program Highlights

The program witnessed enthusiastic participation from **over 70 dental interns**, who underwent a full-day intensive training combining didactic sessions, interactive discussions, and applied learning.

The inaugural session included **lamp lighting**, welcome address, and felicitation of esteemed speakers, followed by a **pre-test assessment** to evaluate baseline knowledge.

Scientific Sessions & Lecture Topics

The academic component of the training was delivered through structured modules covering:

Module 1: Introduction to Tobacco and Its Impact

- Types of tobacco products (smoked & smokeless)
- Epidemiology and prevalence of tobacco use
- Oral and systemic health effects of tobacco
- Burden of tobacco-related diseases in India

Module 2: Tobacco Control Policies and Laws

- Overview of national tobacco control programs
- Key legislations (COTPA and global frameworks)
- Role of healthcare professionals in tobacco control advocacy

Module 3: Nicotine Addiction and Behavioural Aspects

- Neurobiology of nicotine dependence
- Types and stages of addiction
- Psychological and social determinants of tobacco use
- Identifying high-risk individuals

Module 4: Tobacco Cessation Approaches & LifeFirst Model

- Evidence-based cessation strategies
- The **5A's Model (Ask, Advise, Assess, Assist, Arrange)**
- The **5R's Model (Relevance, Risks, Rewards, Roadblocks, Repetition)**
- Brief interventions in dental settings
- Pharmacotherapy overview (NRT and non-NRT options)
- Practical demonstration of counselling techniques



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Interactive Components

- **Pre-test and Post-test assessments** to measure knowledge gain
- **Case-based discussions** to simulate real clinical scenarios
- **Question & Answer session** for clarification and deeper engagement

Conclusion

The Tobaccology Training Program 2026 was a resounding success, creating a strong foundation for future dental professionals to act as **frontline advocates in tobacco control**. By equipping interns with both knowledge and practical skills, the program contributes meaningfully toward reducing the burden of tobacco-related diseases and promoting a healthier society.



**GDCH, MUMBAI: TOBACCOLOGY TRAINING PROGRAM 2026
“TOBACCO DEPENDENCE TREATMENT TRAINING – LEVEL 1”**

Date: 07/04/2026

Venue: Swadhyay Hall, Government Dental College & Hospital, Mumbai

In association with: LifeFirst

Total no of Participants:



INAUGURATION AND WELCOME SPEECH



LIGHTING OF THE LAMP



FELICITATION OF THE SPEAKERS



LECTURES BY THE SPEAKERS



LECTURES BY THE SPEAKERS



FEEDBACK FROM THE STUDENTS



CERTIFICATE OF PARTICIPATION



THE PARTICIPANTS



EVENT

GDCH, MUMBAI: ADVANCING COMMUNITY ORAL HEALTH IN URBAN SLUM POPULATIONS- ORAL HEALTH AWARENESS & EDUCATION PROGRAM

Date: 09/04/2026

Venue: Shivajinagar, Mankhurd, Mumbai



ORAL HEALTH AWARENESS & EDUCATION PROGRAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: ADVANCING COMMUNITY ORAL HEALTH IN URBAN SLUM POPULATIONS- ORAL HEALTH AWARENESS & EDUCATION PROGRAM

Date: 09/04/2026

Venue: Shivajinagar, Mankhurd, Mumbai

Total no of Participants:

Rationale

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an Oral Health Awareness and Education Program on 09 April 2026 at Shivajinagar, Mankhurd, targeting residents of urban slum communities. This initiative was designed to address the oral health needs of vulnerable and high-risk populations, including Anganwadi children, caregivers, and individuals with tobacco use habits. The program emphasized preventive care, early awareness, and community empowerment.

Objectives

- To promote oral health awareness among underserved urban populations
- To educate children and caregivers on preventive oral hygiene practices
- To identify and counsel high-risk tobacco users
- To encourage behavioural change through community engagement

Target Population

- Anganwadi children (early childhood group)
- Caregivers and parents
- General residents of urban slums
- High-risk tobacco users

Program Highlights

1. Oral Health Education Sessions

Interactive and culturally appropriate education sessions were conducted using visual aids, models, and demonstrations:

- Brushing techniques and oral hygiene practices
- Importance of diet and nutrition in oral health



- Prevention of dental caries and gum diseases

Special efforts were made to ensure age-appropriate communication for children through simplified explanations and engagement.

2. Community-Based Awareness Activities

- Group sessions for residents focusing on preventive oral healthcare
- Awareness on harmful effects of tobacco use
- Guidance on recognizing early signs of oral diseases

3. Tobacco Cessation Counselling

Targeted counselling was provided to high-risk tobacco users, focusing on:

- Health risks associated with tobacco
- Motivation for quitting
- Basic cessation guidance and referral support

4. Engagement of Caregivers & Women Groups

Caregivers were educated on:

- Child oral health care practices
- Importance of early prevention
- Role of family in maintaining oral hygiene

5. Self Oral Health Care Pledge

A key highlight of the program was the administration of a Self-Oral Health Care Pledge, wherein participants collectively committed to:

- Brushing teeth twice daily using proper technique
- Maintaining good oral hygiene practices
- Avoiding harmful habits such as tobacco use
- Seeking timely dental care when required

This pledge served as a powerful tool for reinforcing behavioural change and personal responsibility towards oral health.

This program highlights the importance of targeted outreach in urban slum settings, where access to oral healthcare services is often limited. By integrating education, counselling, and



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



commitment through pledge-taking, the initiative contributes to reducing disparities and promoting equitable oral healthcare.

Conclusion

The outreach activity at Shivajinagar, Mankhurd, successfully demonstrated that community-based oral health education combined with behavioural commitment can create sustainable impact. The Department continues to uphold its commitment to: “Reaching Every Smile through Awareness, Prevention, and Care”



EVENT

GDCH, MUMBAI: ADVANCING COMMUNITY ORAL HEALTH IN URBAN SLUM POPULATIONS- ORAL HEALTH AWARENESS & EDUCATION PROGRAM

Date: 09/04/2026

Venue: Shivajinagar, Mankhurd, Mumbai

Total no of Participants:



ORAL HEALTH EDUCATION AND AWARENESS CAMP



EVENT

GDCH, MUMBAI: MOBILE DENTAL CARE IN ACTION – SCREENING, EDUCATION AND TREATMENT CAMP AT URAN RURAL HOSPITAL

Date: 10/04/2026

Venue: Uran Rural Hospital



SCREENING, EDUCATION AND TREATMENT CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: MOBILE DENTAL CARE IN ACTION – SCREENING, EDUCATION AND TREATMENT CAMP AT URAN RURAL HOSPITAL

Date: 10/04/2026

Venue: Uran Rural Hospital

Total no of Participants: 82

Rationale:

Strengthening access to oral healthcare in rural and semi-urban regions requires innovative service delivery models that bridge the gap between communities and institutions. The Mobile Dental Van serves as a critical extension of care, enabling the provision of preventive, diagnostic, and basic curative services directly at the point of need.

On 10 April 2026, the Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai organised a comprehensive Oral Health Screening, Education, and Treatment Camp at Uran Rural Hospital through the Mobile Dental Unit. The initiative brought integrated oral healthcare services to patients attending the rural healthcare facility, ensuring accessibility, affordability, and continuity of care.

Strategic Approach

This outreach activity adopted a three-pronged model of care delivery:

- Screen: Early identification of oral diseases
- Educate: Promotion of preventive behaviours
- Treat: Immediate management of basic dental conditions

This integrated approach ensured that beneficiaries received not only diagnosis but also timely intervention and guidance.

Target Population

- Patients attending Uran Rural Hospital
- Residents from nearby rural and semi-urban areas
- Individuals with limited access to dental services
- High-risk populations requiring early screening



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Core Interventions

1. Oral Health Screening

- Systematic oral examinations were conducted for all participants
- Assessment included dental caries, periodontal diseases, and oral mucosal conditions
- Screening for early signs of oral potentially malignant disorders (OPMDs)
- Identification of treatment needs and referral planning

2. On-Site Dental Treatment (Mobile Dental Van Services)

- Basic dental treatments provided within the mobile unit
- Oral prophylaxis (scaling) and minor restorative procedures
- Management of common dental complaints
- Immediate relief-oriented care for symptomatic patients

3. Oral Health Education and Counselling

- Chairside and group education sessions conducted
- Demonstration of correct tooth brushing techniques
- Awareness on:
 - Importance of oral hygiene
 - Role of diet in oral health
 - Need for regular dental visits
- Tobacco cessation counselling for high-risk individuals

4. Advocacy and Health System Integration

An important component of the program included advocacy with the Medical Superintendent of Uran Rural Hospital, wherein discussions were held to promote a holistic, patient-centered approach to healthcare.

- Emphasis was placed on integrating oral health into routine medical care
- The need for interdisciplinary collaboration between medical and dental professionals was highlighted
- Strategies were discussed to incorporate oral health screening within general OPD services
- The initiative aimed to strengthen early detection of oral conditions within the existing healthcare framework



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The Oral Health Screening, Education, and Treatment Camp at Uran Rural Hospital successfully demonstrated the effectiveness of mobile, integrated, and community-oriented dental care delivery. By combining screening, treatment, and education in a single platform, the initiative ensured comprehensive care and reinforced the importance of accessible oral healthcare for all.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: MOBILE DENTAL CARE IN ACTION – SCREENING, EDUCATION AND TREATMENT CAMP AT URAN RURAL HOSPITAL

Date: 10/04/2026

Venue: Uran Rural Hospital

Total no of Participants: 82



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Bori, Uran, Navi Mumbai, clear sky
Uran, Maharashtra 400702, 33.0 °C
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Bori, Uran, Navi Mumbai, clear sky
Uran, Maharashtra 400702, 33.0 °C
10 Apr 2026 01:33 pm



Bori, Maharashtra, India
Vwjm+hp5, Uran-bori Rd, Uran, Navi Mumbai, Bori, Maharashtra 400702, India
Lat 18.881364° Long 72.934279°
Friday, 10/04/2026 12:45 PM GMT +05:30



Bori, Maharashtra, India
Vwjm+hp5, Uran-bori Rd, Uran, Navi Mumbai, Bori, Maharashtra 400702, India
Lat 18.881374° Long 72.934325°
Friday, 10/04/2026 12:17 PM GMT +05:30



Bori, Maharashtra, India
Vwjm+hp5, Uran-bori Rd, Uran, Navi Mumbai, Bori, Maharashtra 400702, India
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Friday, 10/04/2026 12:28 PM GMT +05:30



Bori, Maharashtra, India
Vwjm+hp5, Uran-bori Rd, Uran, Navi Mumbai, Bori, Maharashtra 400702, India
Lat 18.88138° Long 72.934379°
Friday, 10/04/2026 12:17 PM GMT +05:30

ORAL HEALTH SCREENING, AWARENESS AND TREATMENT CAMP



EVENT

GDCH, MUMBAI: A HAPPY MOUTH IS A HAPPY LIFE—ACHIEVED THROUGH AWARENESS, EARLY DETECTION, AND COMMUNITY ACTION

Date: 10/04/2026

Venue: Urban Slum Areas, Ghatkopar, Mumbai



Mumbai, Maharashtra, India
01, Rajiv Nagar, Ashok Nagar, Saki Naka, Mumbai, Maharashtra 400072, India
Lat 19.096983° Long 72.891987°
Friday, 10/04/2026 12:16:12 PM GMT +05:30



Mumbai, Maharashtra, India
3vwr+rpc, Near Indian Medical, Swatantrya Veer Savarkar, Ashok Nagar, Saki Naka, Mumbai, Maharashtra 400072, India
Lat 19.097116° Long 72.891613°
Friday, 10/04/2026 11:15 AM GMT +05:30



Mumbai, Maharashtra, India
01, Rajiv Nagar, Ashok Nagar, Saki Naka, Mumbai, Maharashtra 400072, India
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Friday, 10/04/2026 10:50 AM GMT +05:30



Mumbai, Maharashtra, India
01, Rajiv Nagar, Ashok Nagar, Saki Naka, Mumbai, Maharashtra 400072, India
Lat 19.096983° Long 72.891981°
Friday, 10/04/2026 10:56 AM GMT +05:30



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: A HAPPY MOUTH IS A HAPPY LIFE—ACHIEVED THROUGH AWARENESS, EARLY DETECTION, AND COMMUNITY ACTION

Date: 10/04/2026

Venue: Urban Slum Areas, Ghatkopar, Mumbai

Total no of Participants:

Rationale

Urban slum communities often face significant barriers to accessing oral healthcare, including limited awareness, financial constraints, and lack of preventive services. These challenges contribute to a high burden of untreated dental diseases and delayed diagnosis of oral conditions. In alignment with the global vision and theme “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai undertook this outreach initiative to deliver essential oral healthcare services directly to underserved populations. The program emphasized early detection, preventive education, and community engagement as key strategies for improving oral health outcomes.

Objectives

- To improve access to oral healthcare services among underserved populations
- To promote awareness regarding oral hygiene and preventive practices
- To facilitate early detection of dental and oral diseases
- To provide basic oral health guidance and counselling
- To encourage timely health-seeking behaviour and regular dental visits

Target Population

- Residents of urban slum communities
- Children and adolescents
- General adult population
- High-risk individuals, particularly tobacco users

Activities Conducted

1. Oral Health Education Sessions

- Conducted interactive, community-oriented sessions using simple language and visual aids



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- Topics covered:
 - Importance of oral hygiene and its link to general health
 - Causes and prevention of dental caries, periodontal diseases, and oral cancer
 - Role of diet, sugar consumption, and hygiene practices
- Use of IEC materials, flip charts, and live discussions to ensure better comprehension
- Encouraged question–answer interaction to address myths and misconceptions
- Special emphasis on:
 - Pediatric oral care
 - Geriatric oral health challenges
 - Oral health needs of high-risk individuals

2. Mass Toothbrushing Demonstration

- Live demonstration of correct brushing technique using tooth models and audiovisual aids
- Reinforcement of the 2×2 rule (twice daily, 2 minutes)
- Demonstration of:
 - Proper brushing strokes (Modified Bass technique simplified for community use)
 - Correct toothbrush handling and positioning
 - Use of fluoride toothpaste (pea-sized for children)
- Participants were encouraged to practice along, ensuring skill acquisition
- Education on:
 - Frequency of brushing
 - Importance of night brushing
 - Toothbrush replacement every 3 months

3. Tobacco Cessation Counselling

- Individual and group counselling sessions conducted using behavior change communication strategies
- Education on:
 - Harmful effects of smokeless and smoked tobacco
 - Link between tobacco and oral cancer/precancerous lesions
- Identification of at-risk individuals and habitual users
- Motivation through:



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Brief intervention techniques (Ask–Advise–Assist model)
- Personalized counselling and encouragement
- Referral guidance provided for individuals requiring de-addiction support services
- Distribution of awareness messages reinforcing tobacco-free living

4. Self-Oral Health Care Pledge

- Participants took a structured oral health pledge reinforcing daily healthy habits
- Key pledge components included:
 - Brushing twice daily with fluoride toothpaste
 - Maintaining healthy diet and limiting sugar intake
 - Avoiding tobacco in all forms
 - Seeking regular dental check-ups
- The pledge acted as a behavioural commitment tool, promoting:
 - Ownership of personal oral health
 - Community-level dissemination of knowledge
- Encouraged participants to act as “Oral Health Ambassadors” within their families and neighbourhoods

Conclusion

The Oral Health Awareness and Screening Camp conducted in Ghatkopar successfully demonstrated the impact of bringing healthcare services closer to the community.

Through a comprehensive approach combining screening, education, and behaviour change, the initiative reinforces the commitment to equitable healthcare



EVENT

GDCH, MUMBAI: A HAPPY MOUTH IS A HAPPY LIFE—ACHIEVED THROUGH AWARENESS, EARLY DETECTION, AND COMMUNITY ACTION

Date: 10/04/2026

Venue: Urban Slum Areas, Ghatkopar, Mumbai

Total no of Participants:



ORAL HEALTH SCREENING, AWARENESS AND TREATMENT CAMP



EVENT

**GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL
HEALTH SCREENING, EDUCATION & PREVENTION CAMP**

Date: 13/04/2026

Venue: Urban Slum Areas, Ekta Nagar, Mankhurd, Mumbai



ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 13/04/2026

Venue: Urban Slum Areas, Ekta Nagar, Mankhurd, Mumbai

Total no of Participants: 104

Rationale

Urban slum communities experience a disproportionate burden of oral diseases due to limited access to healthcare, inadequate awareness, and poor oral hygiene practices. Preventive and educational interventions at the community level are essential to promote sustainable health behaviours and reduce the burden of oral diseases.

The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, has organized an Oral Health Screening, Education, and Prevention Camp on 13 April 2026 in the urban slum areas of Ekta Nagar, Mankhurd. The initiative aimed to strengthen preventive oral healthcare and empower communities through awareness and behaviour change strategies.

Objectives

- To improve access to oral health screening services
- To promote preventive oral healthcare practices
- To enhance awareness regarding oral hygiene and healthy habits
- To encourage self-care and behavioural change through pledge-based engagement
- To facilitate early detection of oral diseases

Target Population

- Children and adolescents
- General population residing in urban slum areas
- High-risk individuals with poor oral hygiene practices



Core Activities Conducted

1. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment of dental caries, periodontal conditions, and oral hygiene status
- Identification and referral of individuals requiring further care

2. Oral Health Education and Awareness

- Interactive sessions conducted using community-friendly methods
- Focus on:
 - Importance of oral hygiene
 - Preventive care practices
 - Role of diet in oral health

3. Tooth Brushing Demonstration

- Live demonstration of correct brushing techniques
- Emphasis on proper method, duration, and frequency
- Encouraged adoption of effective daily oral hygiene practices

4. “Tell–Show–Do” Activity

- Stepwise behavioural learning approach used, especially for children
- Participants were:
 - Told about oral health practices
 - Shown correct techniques using models
 - Encouraged to Do the activity themselves
- Enhanced understanding through active participation

5. Oral Health Self-Care Pledge

- Participants actively took a pledge to:
 - Brush twice daily
 - Maintain good oral hygiene
 - Avoid harmful habits
 - Seek timely dental care
- Reinforced commitment towards long-term behavioural change



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The Oral Health Screening, Education, and Prevention Camp at Ekta Nagar, Mankhurd successfully highlighted the importance of community-based preventive oral healthcare and interactive education models. By empowering individuals with knowledge, skills, and commitment, the initiative, “A Happy Mouth is a Happy Life—Building Healthier Communities Through Awareness, Action, and Prevention.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 13/04/2026

Venue: Urban Slum Areas, Ekta Nagar, Mankhurd, Mumbai

Total no of Participants: 104



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: STRENGTHENING TOBACCO CONTROL THROUGH MPOWER – ADVANCING PUBLIC HEALTH ACTION

Event: 14th National Workshop to Strengthen WHO MPOWER Policies in India

Date: 14th – 17th April 2026

Venue: Mumbai



WHO MPOWER WORKSHOP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, Mumbai: Strengthening Tobacco Control through MPOWER – Advancing Public Health Action

Event: 14th National Workshop to Strengthen WHO MPOWER Policies in India

Date: 14th – 17th April 2026

Venue: Mumbai

Rationale

Tobacco use remains a major public health challenge, contributing significantly to the burden of oral cancer and other non-communicable diseases. In alignment with global and national priorities, the 14th National Workshop on WHO MPOWER policies aimed to strengthen tobacco control strategies and empower healthcare professionals to effectively implement evidence-based interventions.

The staff members of the Department of Public Health Dentistry participated in the event and attended the training programs, were invited in Chairing of the sessions and many other activities.

Objectives

- To enhance understanding of the WHO MPOWER framework for tobacco control
- To build capacity among healthcare professionals for tobacco cessation counselling and advocacy
- To promote intersectoral collaboration for effective policy implementation
- To strengthen the role of oral health professionals in tobacco control initiatives

Target Participants

Healthcare professionals, dental faculty, public health experts, and stakeholders involved in tobacco control and community health promotion.

Key Activities & Interventions

- Expert-led sessions on the WHO MPOWER package (Monitor, Protect, Offer help, Warn, Enforce, Raise taxes)
- Training on evidence-based tobacco cessation strategies and counselling techniques



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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- Discussions on policy implementation, enforcement, and challenges in the Indian context
- Interactive workshops focusing on capacity building and skill enhancement
- Sharing of best practices and collaborative action planning

Innovation

The workshop integrated policy-level understanding with practical clinical approaches, enabling participants to bridge the gap between public health policy and on-ground implementation, especially in oral health settings.

Impact

The workshop significantly enhanced participants' ability to advocate, implement, and sustain tobacco control measures, strengthening their role as agents of change in reducing tobacco-related disease burden. The knowledge and skills gained will support long-term integration of tobacco cessation services into routine healthcare delivery, promoting sustained community impact and healthier lifestyles.

Conclusion

This national-level initiative marked a crucial step in reinforcing India's commitment to tobacco control, aligning with the broader vision of oral cancer prevention and health promotion.

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EVENT

GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH PREVENTION – ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE

Date: 13/04/2026

Venue: Panchratna Society, Jungle Mangal Road, Drakshabaug, Madhu Hospital, Bhandup West, Mumbai



ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH PREVENTION – ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE

Date: 13/04/2026

Venue: Panchratna Society, Jungle Mangal Road, Drakshabaug, Madhu Hospital, Bhandup
West, Mumbai

Total no of Participants: 130

Rationale

Oral diseases remain highly prevalent in community settings, particularly in areas with limited awareness and access to preventive care. Promoting self-care practices and strengthening awareness at the grassroots level are essential to reduce the burden of oral health problems.

The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, has organized an Oral Health Screening, Education, and Prevention Camp on 13 April 2026 at Panchratna Society, Bhandup West. The initiative aimed to empower individuals with knowledge and encourage adoption of preventive oral health behaviours.

Objectives

- To improve access to oral health screening services
- To promote oral health awareness and preventive practices
- To encourage self-oral healthcare through behavioural commitment
- To facilitate early detection of dental and oral conditions
- To strengthen community participation in oral health promotion

Target Population

- Residents of Panchratna Society and surrounding areas
- Children and adolescents
- General adult population

Core Activities Conducted

1. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment of dental caries, periodontal conditions, and oral hygiene status



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Identification and referral of individuals requiring further treatment

2. Oral Health Education and Awareness

- Interactive sessions conducted focusing on:
 - Importance of maintaining oral hygiene
 - Preventive care practices
 - Role of diet in oral health
- Emphasis on simple, practical daily oral hygiene measures

3. Oral Health Self-Care Pledge Activity

- Participants actively engaged in a self-care pledge activity
- Commitment included:
 - Brushing teeth twice daily
 - Maintaining proper oral hygiene
 - Adopting healthy lifestyle habits
 - Seeking timely dental care

This activity reinforced personal responsibility and long-term behaviour change.

Conclusion

The Oral Health Screening, Education, and Prevention Camp at Bhandup West successfully demonstrated the importance of community-based preventive interventions and self-care empowerment.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



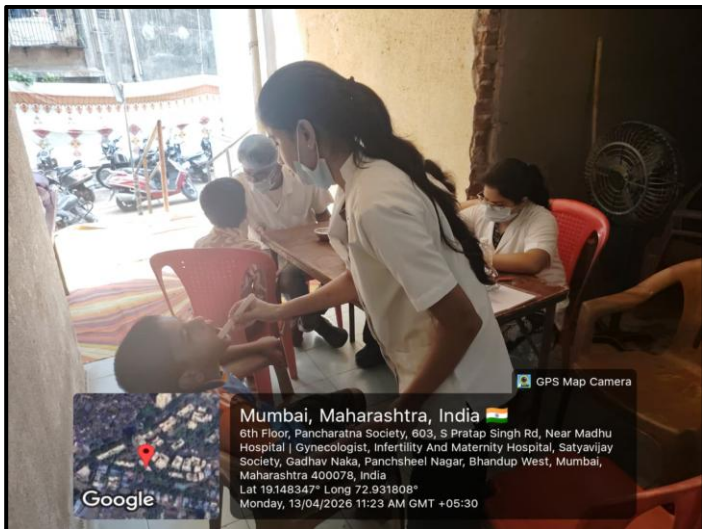
EVENT

**GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH PREVENTION –
ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE**

Date: 13/04/2026

Venue: Panchratna Society, Jungle Mangal Road, Drakshabaug, Madhu Hospital, Bhandup West, Mumbai

Total no of Participants: 130



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: PROMOTING HEALTH EQUITY THROUGH AWARENESS & SCREENING – DR. BABASAHEB AMBEDKAR JAYANTI INITIATIVE

Event: Dr. Babasaheb Ambedkar Jayanti Public Health Event

Date: 13/04/2026- 14/04/2026

Venue: GDCH, Mumbai



DR. BABASAHEB AMBEDKAR JAYANTI INITIATIVE



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



E V E N T

GDCH, MUMBAI: PROMOTING HEALTH EQUITY THROUGH AWARENESS & SCREENING – DR. BABASAHEB AMBEDKAR JAYANTI INITIATIVE

Event: Dr. Babasaheb Ambedkar Jayanti Public Health Event

Date: 13/04/2026- 14/04/2026

Venue: GDCH, Mumbai

Target Population: General Population

Total Beneficiaries: 177 (Male: 110 | Female: 67)

Background & Rationale

Dr. Babasaheb Ambedkar Jayanti marks a significant occasion to reinforce the values of equality, social justice, and accessible healthcare for all. In alignment with these principles, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a public health outreach initiative focusing on awareness and preventive healthcare services for the community.

Objectives

- To promote public awareness regarding oral and general health
- To facilitate early detection of health conditions through screening
- To improve access to preventive services for the general population
- To uphold the vision of equitable healthcare for all sections of society

Activities Conducted

- **Public Awareness Sessions:**
Educational interactions highlighting the importance of oral hygiene, preventive dental care, and overall health
- **Eye Check-up Camp:**
Screening for visual impairments and early identification of eye-related conditions, with appropriate referrals



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



The initiative adopted an integrated health promotion approach, combining oral health awareness with general health screening, thereby addressing multiple health needs within a single community platform.

Such integrated outreach programs contribute to long-term community health improvement, encouraging routine check-ups and fostering preventive healthcare practices.

Conclusion

This initiative exemplifies GDCH, Mumbai's commitment to inclusive and community-oriented healthcare, honoring the legacy of Dr. Babasaheb Ambedkar by advancing the goal of health equity and empowerment.



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL HEALTH EDUCATION & PREVENTION CAMP

Date: 16/04/2026

Venue: Maharashtra H Nagar, Mumbai



ORAL HEALTH EDUCATION & PREVENTION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL HEALTH EDUCATION & PREVENTION CAMP

Date: 16/04/2026

Venue: Maharashtra H Nagar, Mumbai

Total no of Participants: 110

Rationale

Urban slum populations often face significant challenges in maintaining oral health due to limited access to care, lack of awareness, and high exposure to risk factors such as tobacco use. Preventive education and community-based interventions are essential to address these disparities and promote sustainable health behaviours. **The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Education and Prevention Camp** on 16 April 2026 at Maharashtra H Nagar, targeting underserved sections of the community. Aligned with the global theme “**A Happy Mouth is a Happy Life**”, the initiative focused on awareness, prevention, and behavioural change.

Objectives

- To enhance **oral health awareness** among underserved populations
- To promote **preventive oral hygiene practices**
- To demonstrate **correct toothbrushing techniques**
- To provide **tobacco cessation counselling**
- To encourage **healthy lifestyle and self-care behaviours**

Target Population

- Residents of urban slum communities
- Adults, children, and elderly individuals
- Underserved and high-risk population groups

Core Activities Conducted

1. Oral Health Education Sessions

- Interactive awareness sessions conducted for community members
- Focus on:
 - Importance of oral hygiene



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Prevention of dental diseases
- Role of diet in maintaining oral health

2. Mass and Individual Toothbrushing Demonstration

- Demonstration of correct brushing techniques at both group and individual levels
- Emphasis on proper method, duration, and frequency
- Reinforced practical learning through participation

3. Tobacco Cessation Counselling

- Awareness on harmful effects of tobacco use
- Identification of high-risk individuals
- Personalized counselling to encourage cessation and behavioural change

Conclusion

The Oral Health Education and Prevention Camp at Maharashtra H Nagar successfully emphasized the importance of **preventive oral healthcare and community engagement**.

Through focused education, skill-based demonstrations, and behavioural counselling, the initiative reinforces the vision of , **“A Happy Mouth is a Happy Life—Empowering Communities Through Prevention and Awareness.”**



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES – ORAL HEALTH EDUCATION & PREVENTION CAMP

Date: 16/04/2026

Venue: Maharashtra H Nagar, Mumbai

Total no of Participants: 110



Mumbai, Maharashtra, India
Mankhurd 400088, Cheeta Camp Rd, Maharashtra Nagar, Mankhurd, Mumbai, Maharashtra, India, 400088
Lat 19.0459267 Long 72.9423267
Plus Code: 7JFJ2WWR+9W
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Mumbai, Maharashtra, India
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Mumbai, Maharashtra, India
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Plus Code: 7JFJ2WWR+9W
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Mumbai, Maharashtra, India
Mankhurd 400088, Cheeta Camp Rd, Maharashtra Nagar, Mankhurd, Mumbai, Maharashtra, India, 400088
Lat 19.0459267 Long 72.9423267
Plus Code: 7JFJ2WWR+9W
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Mumbai, Maharashtra, India
Mankhurd 400088, Cheeta Camp Rd, Maharashtra Nagar, Mankhurd, Mumbai, Maharashtra, India, 400088
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ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

GDCH, MUMBAI: PROMOTING PREVENTIVE CARE – ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE

Date: 16/04/2026

Venue: Safed Pul, Kurla, Mumbai



ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: PROMOTING PREVENTIVE CARE – ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE

Date: 16/04/2026

Venue: Safed Pul, Kurla, Mumbai

Total no of Participants: 87

Rationale

Urban communities with limited access to oral healthcare services often experience a high burden of preventable dental diseases. Strengthening awareness, promoting preventive practices, and encouraging self-care behaviours are essential strategies for improving oral health outcomes. The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, has organized an Oral Health Screening, Education, and Prevention Camp on 16 April 2026 at Safed Pul, Kurla. In alignment with the global theme “A Happy Mouth is a Happy Life”, the initiative aimed to empower individuals with knowledge and practical skills for maintaining good oral health.

Objectives

- To improve access to oral health screening services
- To promote preventive oral healthcare practices
- To enhance awareness regarding oral hygiene and healthy habits
- To encourage self-care through pledge-based engagement
- To facilitate early detection of oral diseases

Target Population

- Residents of Safed Pul and surrounding areas
- Children and adolescents
- General adult population

Core Activities Conducted

1. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment of dental caries, periodontal conditions, and oral hygiene status
- Identification and referral of individuals requiring further care



2. Oral Health Education and Awareness

- Interactive sessions conducted focusing on:
 - Importance of oral hygiene
 - Preventive oral health practices
 - Role of diet in maintaining oral health

3. Tooth Brushing Demonstration

- Live demonstration of correct brushing techniques
- Emphasis on proper method, duration, and frequency
- Encouraged participants to adopt effective daily oral hygiene practices

4. Oral Health Self-Care Pledge Activity

- Participants actively engaged in a pledge activity committing to:
 - Brushing twice daily
 - Maintaining oral hygiene
 - Avoiding harmful habits
 - Seeking timely dental care

This component reinforced behavioural commitment and long-term habit formation.

Conclusion

The Oral Health Screening, Education, and Prevention Camp at Safed Pul, Kurla successfully highlighted the importance of preventive care, awareness, and self-care practices in improving oral health outcomes. The initiative reinforces: “A Happy Mouth is a Happy Life - Driven by Prevention, Sustained by Self-Care.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: PROMOTING PREVENTIVE CARE – ORAL HEALTH SCREENING, EDUCATION & SELF-CARE INITIATIVE

Date: 16/04/2026

Venue: Safed Pul, Kurla, Mumbai

Total no of Participants: 87



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: LITTLE SMILES TODAY, HEALTHIER FUTURES TOMORROW - ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 17/04/2026

Venue: Ashray, near Bandra Post Office, Bandra West, Mumbai



ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: LITTLE SMILES TODAY, HEALTHIER FUTURES TOMORROW - ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 17/04/2026

Venue: Ashray, near Bandra Post Office, Bandra West, Mumbai

Total no of Participants: 40

Rationale

Children residing in institutional settings such as residential schools and orphanages often have limited access to structured oral healthcare and preventive education. Early intervention through targeted awareness and preventive practices is crucial to ensure healthy oral development and long-term well-being. **The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Screening, Education, and Prevention Camp on 17 April 2026 at Ashray, Bandra West.**

Objectives

- To promote **oral health awareness among children**
- To encourage **adoption of correct oral hygiene practices**
- To provide **oral health screening for early detection of dental problems**
- To instill **self-care habits through interactive learning and pledge activities**
- To create a **supportive environment for preventive oral healthcare**

Target Population

- Children residing in the residential school/orphanage
- Caregivers and support staff (indirect beneficiaries)

Core Activities Conducted

1. Oral Health Education Sessions

- Child-friendly interactive sessions conducted
- Focus on:
 - Importance of oral hygiene
 - Healthy dietary habits
 - Prevention of common dental problems



2. Mass and Individual Toothbrushing Demonstration

- Demonstration of correct brushing techniques using models
- Both group and one-on-one guidance provided
- Emphasis on proper method, duration, and frequency
- Encouraged hands-on participation

3. Oral Health Screening

- Comprehensive oral examinations conducted for children
- Assessment of dental caries, oral hygiene status, and gum health
- Identification and referral of children requiring further treatment

4. Oral Self-Care Pledge

- Children actively participated in a self-care pledge
- Commitment included:
 - Brushing twice daily
 - Maintaining oral hygiene
 - Adopting healthy eating habits
- Reinforced behavioural learning and responsibility

Conclusion

The Oral Health Screening, Education, and Prevention Camp at Ashray, Bandra West, successfully created a **child-centric, engaging, and preventive oral health environment**. Through awareness, skill-building, and behavioural reinforcement, the initiative aligns with the vision of the FDI World Dental Federation: **“A Happy Mouth is a Happy Life—Nurturing Healthy Smiles from an Early Age.”**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

**GDCH, MUMBAI: LITTLE SMILES TODAY, HEALTHIER FUTURES
TOMORROW - ORAL HEALTH SCREENING, EDUCATION & PREVENTION
CAMP**

Date: 17/04/2026

Venue: Ashray, near Bandra Post Office, Bandra West, Mumbai

Total no of Participants: 40



ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

GDCH, MUMBAI: BUILDING BRIGHT SMILES – SCHOOL ORAL HEALTH SCREENING & PREVENTION INITIATIVE

Date: 17/04/2026

Venue: New Blossam School, Churchgate, Mumbai



SCHOOL ORAL HEALTH SCREENING & PREVENTION INITIATIVE



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: BUILDING BRIGHT SMILES – SCHOOL ORAL HEALTH SCREENING & PREVENTION INITIATIVE

Date: 17/04/2026

Venue: New Blossam School, Churchgate, Mumbai

Total no of Participants: 147

Program Overview

Instilling healthy oral habits during school years is one of the most effective strategies for ensuring lifelong oral health. Schools serve as ideal platforms for promoting preventive healthcare through structured learning and behavioural reinforcement. On 17 April 2026, the Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Screening, Education, and Prevention Camp was conducted at New Blossam School, Churchgate. The initiative focused on equipping children with essential knowledge, practical skills, and motivation to adopt healthy oral hygiene practices.

Program Approach

The activity was designed using a **participatory and child-friendly learning model**, ensuring engagement, understanding, and retention.

Key Interventions

Oral Health Education Sessions

- Interactive sessions conducted using simple and relatable communication and PowerPoint presentations
- Focused on:
 - Importance of oral hygiene
 - Healthy dietary choices
 - Prevention of common dental problems
 - Importance of healthy dietary habits
 - Golden rules for maintaining oral hygiene

Mass and Individual Toothbrushing Demonstration

- Demonstrations conducted using models and live participation
- Children were guided on:
 - Correct brushing technique



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- Duration and frequency of brushing
- Individual corrections provided to reinforce proper practice

Oral Health Screening

- Systematic screening of students conducted
- Assessment included:
 - Dental caries
 - Oral hygiene status
 - Gum health
- Children requiring further care were identified and guided for follow-up

Oral Self-Care Pledge

- Students actively participated in a pledge activity
- Committed to:
 - Brushing twice daily
 - Maintaining oral hygiene
 - Adopting healthy eating habits
- Reinforced behavioural change and personal responsibility

Conclusion

The Oral Health Screening and Prevention Initiative at New Blossam School successfully created a **child-friendly platform for learning, practice, and behavioural transformation**. By empowering children with knowledge and skills, the program advances the vision “**A Happy Mouth is a Happy Life—Nurtured Through Early Education and Everyday Habits.**”



EVENT

GDCH, MUMBAI: BUILDING BRIGHT SMILES – SCHOOL ORAL HEALTH SCREENING & PREVENTION INITIATIVE

Date: 17/04/2026

Venue: New Blossam School, Churchgate, Mumbai

Total no of Participants: 147



Mumbai, Maharashtra, India
Shri Sunderbai Hall, 35, Vitthaladas Thackersey Marg, New Marine Lines, Marine Lines, Mumbai, Maharashtra 400020, India
Lat 18.938343° Long 72.828068°
Friday, 17/04/2026 10:49 AM GMT +05:30



Mumbai, Maharashtra, India
Shri Sunderbai Hall, 35, Vitthaladas Thackersey Marg, New Marine Lines, Marine Lines, Mumbai, Maharashtra 400020, India
Lat 18.93835° Long 72.828101°
Friday, 17/04/2026 10:48 AM GMT +05:30



Mumbai, Maharashtra, India
Wrqh+87m, Nathibai Thackersey Rd, Opposite To Patkar Hall, Behind Income Tax Office (marine Lines), New Marine Lines, Marine Lines, Mumbai, Maharashtra 400020, India
Lat 18.938376° Long 72.828226°
Friday, 17/04/2026 09:43 AM GMT +05:30



Mumbai, Maharashtra, India
Shri Sunderbai Hall, 1, Nathibai Thackersey Rd, New Marine Lines, Churchgate, Mumbai, Maharashtra 400020, India
Lat 18.938362° Long 72.828257°
Friday, 17/04/2026 09:23 AM GMT +05:30



Mumbai, Maharashtra, India
Shri Sunderbai Hall, 1, Nathibai Thackersey Rd, New Marine Lines, Churchgate, Mumbai, Maharashtra 400020, India
Lat 18.938362° Long 72.828254°
Friday, 17/04/2026 09:32 AM GMT +05:30



Mumbai, Maharashtra, India
Wrqh+87m, Nathibai Thackersey Rd, Opposite To Patkar Hall, Behind Income Tax Office (marine Lines), New Marine Lines, Marine Lines, Mumbai, Maharashtra 400020, India
Lat 18.93836° Long 72.828215°
Friday, 17/04/2026 09:52:15 AM GMT +05:30

ORAL HEALTH SCREENING AND AWARENESS CAMP



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: PEDALING FOR PREVENTION – CYCLOTHON FOR PUBLIC HEALTH AWARENESS

Event: Cyclothon for Public Awareness (Bombay Bylanes Initiative)

Date: 18th April 2026

Location: Mumbai (Colaba, Marine Drive, Girgaon Chowpatty, Kala Ghoda, Haji Ali & key landmarks)



BOMBAY BYLANES INITIATIVE



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: PEDALING FOR PREVENTION – CYCLOTHON FOR PUBLIC HEALTH AWARENESS

Event: Cyclothon for Public Awareness (Bombay Bylanes Initiative)

Date: 18th April 2026

Location: Mumbai (Colaba, Marine Drive, Girgaon Chowpatty, Kala Ghoda, Haji Ali & key landmarks)

Rationale

Innovative community engagement strategies are essential to promote preventive health. The cyclothon was organized to integrate physical activity with oral health awareness, encouraging youth participation while reinforcing the importance of a healthy lifestyle and preventive care.

Objectives

- To promote oral and general health awareness through public engagement
- To encourage healthy lifestyles and physical fitness
- To foster team spirit and youth involvement in health initiatives
- To utilize city spaces for community-based health promotion

Activities Conducted

- The event “*Bombay Bylanes*” commenced with the assembly of enthusiastic participants at the hostel, where snacks and safety instructions were provided to ensure adherence to road safety protocols.
- Led by Rtr. Shoaib Malik and Secretary Aaditya Gangishetty, participants pedaled from Colaba through iconic routes including Marine Drive, Girgaon Chowpatty, Kala Ghoda, and Haji Ali, exploring the city’s historic and cultural landmarks.
- Awareness messages on oral hygiene, preventive care, and tobacco cessation were shared during halts and interactions.
- The ride incorporated team-based games and interactive activities, enhancing engagement and camaraderie among participants.
- Photographs and videos were captured, documenting the initiative and amplifying outreach through digital platforms.



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This initiative uniquely combined fitness, heritage exploration, and health education, transforming a recreational activity into a powerful medium for public health advocacy.

Conclusion

The cyclothon successfully demonstrated GDCH, Mumbai's commitment to creative and impactful public health promotion, reaching communities beyond conventional settings and inspiring healthier, more active lifestyles.



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EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Siddharth Colony, Kurla/Chembur, Mumbai



– ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Siddharth Colony, Kurla/Chembur, Mumbai

Total no of Participants: 84

Rationale

Children living in urban slum environments are often exposed to conditions that increase their risk of oral diseases, including limited access to healthcare services, inadequate awareness, and poor oral hygiene practices. Addressing these disparities requires targeted, compassionate, and community-based interventions. **The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Screening, Education, and Prevention Camp** on 18 April 2026 at Siddharth Colony, Kurla/Chembur.

Objectives

- To provide **oral health screening services for children in underserved communities**
- To promote **preventive oral hygiene practices through education and demonstration**
- To encourage **early adoption of healthy oral habits**
- To facilitate **early detection of dental conditions**
- To deliver care through a **compassion-driven, community-oriented approach**

Target Population

- Children residing in urban slum areas
- Underserved and high-risk paediatric population

Core Activities Conducted

1. Oral Health Education Sessions

- Interactive and child-friendly sessions conducted
- Focus on:
 - Importance of oral hygiene
 - Prevention of dental diseases
 - Healthy dietary practices



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2. Mass and Individual Toothbrushing Demonstration

- Demonstration of correct brushing techniques using models
- Group demonstrations followed by individual guidance
- Emphasis on proper technique, frequency, and duration
- Encouraged active participation by children

3. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment of:
 - Dental caries
 - Oral hygiene status
 - Gum health
- Identification and referral of children requiring further care

Conclusion

The Oral Health Screening, Education, and Prevention Camp at Siddhart Colony successfully demonstrated the power of **care-driven outreach combined with preventive education**. Through meaningful engagement and early intervention, the initiative aligns with the vision, **“A Happy Mouth is a Happy Life—Nurtured with Care, Guided by Compassion, Sustained by Prevention.”**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Siddharth Colony, Kurla/Chembur, Mumbai

Total no of Participants: 84



Mumbai, Maharashtra, India
8, Kn Gaikwad Marg, Siddharth Colony, Postal Colony, Chembur, Mumbai, Maharashtra 400071, India
Lat 19.05832° Long 72.892245°
Saturday, 18/04/2026 11:31 AM GMT +05:30



Mumbai, Maharashtra, India
74, Siddharth Colony, Postal Colony, Kurla, Mumbai, Maharashtra 400071, India
Lat 19.058105° Long 72.892158°
Saturday, 18/04/2026 11:36 AM GMT +05:30



Mumbai, Maharashtra, India
8, Kn Gaikwad Marg, Siddharth Colony, Postal Colony, Chembur, Mumbai, Maharashtra 400071, India
Lat 19.058184° Long 72.892257°
Saturday, 18/04/2026 11:36 AM GMT +05:30



Mumbai, Maharashtra, India
3v5r+9r5, Siddharth Colony, Postal Colony, Chembur, Mumbai, Maharashtra 400071, India
Lat 19.058169° Long 72.892183°
Saturday, 18/04/2026 12:40 PM GMT +05:30

ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Swami Vittaldas Road, Dharavi, Mumbai



ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Swami Vittaladas Road, Dharavi, Mumbai

Total no of Participants: 80

Rationale

Children living in densely populated urban slum areas such as Dharavi are at an increased risk of oral diseases due to limited access to preventive care, poor awareness, and socio-environmental challenges. Early intervention through education, screening, and behaviour reinforcement is essential to improve long-term oral health outcomes. **The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Screening, Education, and Prevention Camp** on 18 April 2026 at Swami Vittaladas Road, Dharavi.

Objectives

- To provide **accessible oral health screening for underserved children**
- To promote **preventive oral hygiene practices through demonstration and education**
- To encourage **behavioural change through interactive learning methods**
- To instill **self-care responsibility through pledge-based activities**
- To support **early detection and timely referral of dental conditions**

Target Population

- Children residing in urban slum areas of Dharavi
- Underserved paediatric population with limited access to dental care

Core Activities Conducted

1. Oral Health Education Sessions

- Interactive and age-appropriate sessions conducted
- Key focus areas included:
 - Importance of maintaining oral hygiene
 - Prevention of dental diseases



- Healthy dietary habits

2. Mass and Individual Toothbrushing Demonstration

- Demonstration of correct brushing techniques using models
- Conducted at both group and individual levels
- Hands-on participation encouraged for better learning
- Reinforced correct method, frequency, and duration

3. Oral Health Screening

- Comprehensive oral examinations carried out
- Assessment included:
 - Dental caries
 - Oral hygiene status
 - Gum health
- Identification and referral of children requiring further care

4. Oral Self-Care Pledge

- Children participated in a self-care pledge activity
- Committed to:
 - Brushing twice daily
 - Maintaining oral hygiene
 - Adopting healthy habits
- Strengthened behavioural commitment and responsibility

Conclusion

The Oral Health Screening, Education, and Prevention Camp at Dharavi successfully delivered **accessible, engaging, and preventive oral healthcare services** to children in underserved settings.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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EVENT

GDCH, MUMBAI: CARE, COMPASSION, AND HEALTHY SMILES – ORAL HEALTH SCREENING, EDUCATION & PREVENTION CAMP

Date: 18/04/2026

Venue: Swami Vittaldas Road, Dharavi, Mumbai

Total no of Participants: 80



ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

**GDCH, MUMBAI: SMILES FOR MINDS – ORAL HEALTH PROMOTION
INITIATIVE AT A MENTAL HEALTH FACILITY**

Date: 20/04/2026

Venue: Regional Mental Hospital, Thane



ORAL HEALTH PROMOTION INITIATIVE AT A MENTAL HEALTH FACILITY



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EVENT

GDCH, MUMBAI: SMILES FOR MINDS – ORAL HEALTH PROMOTION INITIATIVE AT A MENTAL HEALTH FACILITY

Date: 20/04/2026

Venue: Regional Mental Hospital, Thane

Total no of Participants: 82

Rationale

Individuals receiving care in mental health institutions often face unique challenges in maintaining oral hygiene due to physical, cognitive, and behavioural limitations. Oral health is frequently overlooked in such settings, despite its significant impact on overall health, quality of life, and systemic well-being. **The Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai, conducted an Oral Health Screening, Education, and Prevention Camp** on 20 April 2026 at the Regional Mental Hospital, Thane.

Objectives

- To provide **oral health screening and basic care for special care individuals**
- To promote **oral hygiene practices tailored to institutional settings**
- To facilitate **early detection and management of oral conditions**
- To build **capacity among healthcare providers for sustained oral care delivery**
- To advocate for **integration of oral health within mental healthcare systems**

Target Population

- Patients receiving care at the mental health facility
- Nursing staff and caregivers (as primary facilitators of daily care)

Core Activities Conducted

1. Oral Health Education Sessions

- Customized education sessions for patients and caregivers
- Focus on:
 - Basic oral hygiene practices
 - Simplified and assisted oral care techniques
 - Importance of oral health in overall well-being



2. Oral Health Screening

- Comprehensive oral examinations conducted
- Assessment included:
 - Dental caries
 - Periodontal conditions
 - Oral hygiene status
- Identification and referral of cases requiring advanced care

3. Basic Preventive and Curative Treatment

- Delivery of essential preventive care
- Management of minor dental complaints
- Immediate relief-oriented interventions provided where feasible

4. Advocacy and Capacity Building

A key highlight of the initiative was **advocacy and institutional engagement**:

- Interaction with the **Medical Superintendent and Nursing Superintendent**
- Capacity-building discussions with nursing staff on:
 - Incorporating oral care into daily patient management
 - Recognizing early signs of oral diseases
 - Establishing referral pathways for dental care
- Emphasis on **integrating oral health into routine mental healthcare protocols**

Conclusion

The Oral Health Promotion Initiative at Regional Mental Hospital, Thane successfully demonstrated the value of **integrating oral health within mental healthcare systems**. Through compassionate care, provider engagement, and system-level advocacy, the initiative aligns with the vision, **“A Happy Mouth is a Happy Life - Inclusive Care for Every Mind, Every Smile.”**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: SMILES FOR MINDS – ORAL HEALTH PROMOTION

INITIATIVE AT A MENTAL HEALTH FACILITY

Date: 20/04/2026

Venue: Regional Mental Hospital, Thane

Total no of Participants: 82



ORAL HEALTH PROMOTION INITIATIVE AT A MENTAL HEALTH FACILITY



Video

20.04.2026.mp4



EVENT

**GDCH, MUMBAI – EXTENDING CARE BEYOND BOUNDARIES THROUGH
 SATELLITE DENTAL CLINICS**

Date: 01/04/2026- 20/04/2026

Venue: Satellite Dental Clinics – BADLAPUR



SATELLITE DENTAL CLINICS



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI – EXTENDING CARE BEYOND BOUNDARIES THROUGH SATELLITE DENTAL CLINICS

Date: 01/04/2026- 20/04/2026

Venue: Satellite Dental Clinics – BADLAPUR

Total no of Participants: 260

Rationale

Ensuring equitable access to oral healthcare remains a critical public health priority, particularly for populations residing in peripheral and semi-urban areas. Satellite dental clinics serve as vital extensions of institutional healthcare systems, bridging the gap between outreach activities and continuous care delivery. In alignment with the global vision of the FDI World Dental Federation and its message “A Happy Mouth is a Happy Life”, this program was designed to provide integrated oral healthcare services at the community level, emphasizing prevention, early detection, and continuity of care.

Objectives

- To improve access to comprehensive oral healthcare services in community settings
- To provide integrated services including screening, education, and basic treatment
- To promote preventive oral health practices and healthy lifestyle behaviours
- To facilitate early diagnosis, timely intervention, and appropriate referrals
- To strengthen the role of satellite clinics in continuous oral healthcare delivery

Target Population

- General patients attending satellite dental clinics
- Residents of surrounding semi-urban and peri-urban communities
- Individuals with limited access to routine dental care

Program Components

1. Oral Health Screening

- Systematic oral examinations conducted for all beneficiaries
- Assessment of dental caries, periodontal status, and oral hygiene
- Identification of conditions requiring further care



2. Oral Health Education

- Individual and group education sessions on:
 - Proper oral hygiene practices
 - Correct tooth brushing techniques
 - Role of diet in maintaining oral health
 - Importance of regular dental visits
- Emphasis on prevention and self-care practices

3. Basic Dental Treatment Services

- Provision of essential dental care at the satellite clinics
- Management of common oral conditions
- Support for pain relief and basic restorative care
- Referral linkage for advanced and specialized treatment

4. Oral Health Pledge for Self-Care

Participants actively took an Oral Health Pledge, committing to:

- Brushing twice daily
- Maintaining good oral hygiene practices
- Adopting preventive approaches to oral health

The program demonstrates the effectiveness of satellite dental clinics as sustainable models for community-based oral healthcare delivery. By integrating screening, education, and treatment under one platform

Conclusion

The Oral Health Screening, Education, and Treatment Program conducted at Satellite Dental Clinics, Badlapur, successfully reinforced the importance of accessible, affordable, and continuous oral healthcare services. By extending institutional care into community settings, the initiative contributes to long-term improvements in oral health outcomes and aligns with the global vision of the FDI World Dental Federation. “Extending Care Beyond Boundaries- Ensuring Every Individual Has Access to a Healthy Smile.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

**GDCH, MUMBAI – EXTENDING CARE BEYOND BOUNDARIES THROUGH
SATELLITE DENTAL CLINICS**

Date: 01/04/2026- 20/04/2026

Venue: Satellite Dental Clinics – BADLAPUR

Total no of Participants: 260



**ORAL HEALTH SCREENING AND AWARENESS PROGRAM AT
SATELLITE DENTAL CLINICS**



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TEAM EFFORT... HAPPY TEAM... HAPPY SMILES!

TOGETHER WE MAKE A DIFFERENCE

GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



TEAMWORK
Working together for a common goal



DEDICATION
Committed to serve and care



PASSION
Driven by the passion to make a difference



IMPACT
Creating lasting impact on community health



TOGETHER WE SHINE
Stronger together for a healthier tomorrow

Thank You!

to all our participants, faculty, volunteers and supporters for making this initiative a grand success.

Together, we spread awareness, build healthier communities and inspire brighter smiles!



HEALTHY SMILES... STRONGER COMMUNITIES... A BETTER TOMORROW!

